

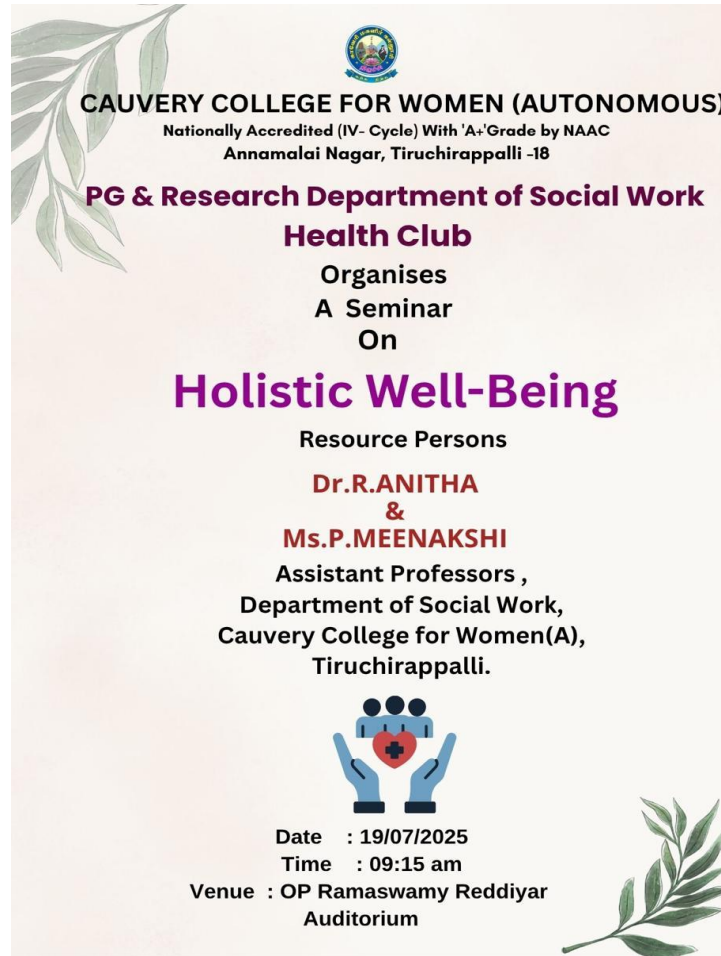
HEALTH CLUB (2025-2026)

S.No	Date	Topic	Resource Person	Venue	Beneficiaries
1	19.07.2025	Holistic Wellbeing	Dr.R.Anitha, Ms.P.Meenakshi Assistant Professors Department of Social Work of CCW,Trichy	O.P.Ramasamy Reddiyar Auditorium	650

I) Department of Social Work & Health Club

Report:

PG & Research Department of Social Work in collaboration with Health Club organised a seminar on the topic “ Holistic Wellbeing” on 19.07.2025 at O.P.Ramasamy Reddiyar Auditorium 9.15 am. Dr.R.Anitha ,Assistant Professor , Department of Social Work addressed all II UG students on the topic “ Adolescents Wellbeing” and Ms.P.Meenakshi , ,Assistant Professor,Department of Social Work spoke about importance of health & wellness.All II UG of both Arts & Science were benefitted from the programme.Totally 650 students benefitted out of the programme.





Dr..R. Anitha,Asst.Professor,Dept.of Social Work addressing the students on 19.07.2025 “Adolescent Wellbeing” at O.P Ramasamy Reddiyar Auditorium.



Ms.P.Meenakshi,Asst.Professor,Dept.of Social Work addressing the students on 19.07.2025 “ Health and Wellness” at O.P Ramasamy Reddiyar Auditorium.