

**CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS)**  
**CENTRE FOR WOMEN'S STUDIESS ACTIVITY 2023-2024**

<b>SL.NO</b>	<b>DATE</b>	<b>TIME</b>	<b>TOPIC</b>	<b>RESOURCE PERSON</b>	<b>NUMBER OF BENEFICERIES</b>
1.	18.08.2023	9.30 AM	Gender Sensitization and health awareness and life skill education.	Dr. Victoria Jhonsent., Dr.N.Manimekalai	900
2.	<b>11/09/2023</b>	10.30 AM	An Awareness on Menstrual Hygiene	Ms.Abirami Sridhar.Director	50
3.	08/08/2024	10.30 am to 4.30 pm	National conference on Count Her In : Invest in women ; accelerate progress	Dr.N.Manimekalai., Dr.Sangeetha Desai. Mrs. U.N.Nirmala Rani	350

## **CENTRE FOR WOMEN'S STUDIES**

**Title of the Programme :GENDER SENSITIZATION AND HEALTH AWARENESS AND LIFE SKILL EDUCATION**

**Collaborators:** Centre for Women's Studies

<b>DATE</b>	<b>18/08/2023</b>
<b>VENUE</b>	<b>Auditorium -Cauvery college for women</b>
<b>NO. OF STAFF</b>	<b>7</b>
<b>NO OF STUDENTS</b>	<b>73</b>
<b>NO OF BENRFICIARIES</b>	<b>900</b>

### **Report:**

Centre for Women'S studies -Cauvery College For Women, Trichy in collaboration with Gender Champion Club & Her voice Foundation,Trichirapalli and Indian Association of Life Skill Education has organized a Gender Sensitization And Heath care and Life skill education program on 18/08/2023.The program was organized for I Year undergraduate students of Cauvery Collee For Women. DR. V.Sujatha - Principal of Cauvery College for women gave the presidential address. The First session of the program was taken over by c .M.D.Former Secretary, Trichy Obstetrics' and Gynecological society.(TRIOGS). Janet Nursing home – Trichy gave a clear awareness on Nutritional facts and emphasized the importance of being Healthy . The next session was handled by Dr.N.Manimekalai. Director (Research) Her Voice Foundation, Trichy. She has sensitized the students on what is gender equality and how women are been exploited. And also gave awareness on women's rights.

**Invitation :**



***Gender Sensitization and Health Awareness and  
Life Skills Education***

**Centre for Women's Studies, Cauvery College for Women, Trichy  
Her Voice Foundation, Tiruchirapalli  
Indian Association of Life Skills Education (IALSE)**

*jointly organize a One-Day  
Gender Sensitization and Health Awareness and Life Skills Education*

**On 18.08.2023 Friday 9.30 am  
at Cauvery College for Women, Tiruchirappalli**

Presidential Address

**Dr. V. Sujatha**

Principal, Cauvery College for Women, Tiruchirappalli

***Resource Persons***

**Dr. Victoria Johnston M.D,**

Former Secretary, Trichy Obstetrics & Gynecological Society (TRIOGS) Janet  
Nursing Home, Tiruchirappalli – Health and Nutritional Awareness

**Dr. S. Suba**

Associate Professor, Department of Women's Studies,  
Bharathidasan University, Tiruchirappalli- **Gender Sensitization**

**Prof. N.Manimekalai**

Director (Research) Her Voice Foundation, Tiruchirappalli Vice-President IALSE  
**Life Skills**

**All are cordially invited**

**Photo:**



Caption:Dr.N.Manimekalai ,Professor & Head ,Dept. of Women’s Studies addressing on “Gender Sensitization ,Health Care & Life Skills Education” on 18.08.2023 ,O.P.Ramaeswari Ramasamy Reddiyar ,CCW,Trichy.

**CAUVERY COLLEGE FOR WOMEN(AUTONOMOUS)**

**PG & RESEARCH DEPARTMENT OF SOCIAL WORK**

**IN COLLABORATION WITH**

**CENTER FOR WOMEN'S STUDIES**

**MENSTRUAL HYGIENE**

<b>DATE</b>	<b>11/09/2023</b>
<b>VENUE</b>	<b>SEVAI - AAMOOR</b>
<b>NO. OF STAFF</b>	<b>2</b>
<b>NO OF STUDENTS</b>	<b>37</b>
<b>NO OF BENEFICIARIES</b>	<b>50</b>

**PROGRAMME REPORT**

The PG & Research Department of social work – Cauvery College For Women In collaboration with center for women's studies , has organized a programme on menstrual hygiene on 11/09/2023. Mrs. Abirami Sridhar from Nature trust – Thaneerpalli gave a complete awareness on menstrual hygiene and also sensitized the ill effects of using scented pads and importance of using organic napkins at time of menstruation .Nearly twenty women from Amoor village had participated and benefitted out of this programme .The was successfully organized by the student of I MSW and II BSW under guidance of Dr. Anitha & Ms. Meenakshi.P Assistant Professors Department of Social Work Cauvery college for women -Trichy

Invitation:



**CAUVERY COLLEGE FOR WOMEN(AUTONOMOUS)  
NATIONALLY ACCREDITED (III CYCLE) WITH 'A' GRADE BY  
NACC**

ISO 9001: 2015 CERTIFIED

ANNAMALAI NAGAR, TRICHY-620018

PG AND RESEARCH DEPARTMENT OF SOCIAL WORK IN  
COLLABORATION WITH

CENTRE FOR WOMEN'S STUDIES

CORDIALLY INVITES FOR A

**AWARENESS ON MENSTRUAL HYGIENE PROGRAMME**

DATE : 11/09/2023

TIME : 9.00 am to 3.00.pm

VENUE : SEVAI- Amoor

ALL ARE CORDIALLY INVITED

**Mrs. Abirami Sridhar gives awareness on Menstrual hygiene to students and villegers**



**PG and Research Department of Social Work in collaboration with center for women's studies organized One day national conference (hybrid mode)**

**COUNT HER IN : INVEST IN WOMEN ; ACCELERATE PROGRESS**

**REPORT ON NATIONAL CONFERENCE (08/03/2024)**

**COUNT HER IN : INVEST IN WOMEN ; ACCELERATE PROGRESS**

<b>DATE</b>	<b>08/03/2024</b>
<b>VENUE</b>	<b>Dr.Rameswari Nallusamy Hall</b>
<b>NO. OF STAFF</b>	<b>8</b>
<b>NO OF STUDENTS</b>	<b>73</b>
<b>NO OF BENRFICIARIES</b>	<b>350</b>

A One day national conference Count her in: invest in her; accelerate progress. As a part of celebration of international women's day on march 8<sup>th</sup> 2024.

The conference was organized and held by PG & Research Dept of social work in collaboration with centre for women's studies Cauvery college for women. The Inaugural session started by 9.30 -45 am with a prayer song followed by lighting of e kuthuvilakku by the dignitaries on the Dias .

Dr.V.Sujatha principal ,Cauvery College for Women welcomed the gathering after which Dr.G.Mettilda Bhuvanewari .Head Department of Social Work gave a brief insight about the conference . Our Honorable secretary college governing council Mr.sri Thiru neelakandan gave the presidential address followed by releasing of abstract book of the conference.

The Inaugural address was given by Dr.N.Manimekalai. Director centre for women's development studies, New Delhi. The paper presentation session was carried out by online as well as offline mode.



Invitation:



**CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS)**  
Annamalai Nagar, Tiruchirapalli-18  
Nationally Accredited (III cycle ) with "A" grade by NAAC  
ISO 9001:2015 Certified

**PG & Research Department of Social Work  
&  
Centre for Women's Studies**

Organise  
**One Day National Conference (Hybrid Mode)**  
***"Count her In :Invest in Women ;Accelerate Progress"***

**DATE & TIME: 08.03.2024 & 10.00 AM**  
**VENUE: Dr.RAMESWARI NALLUSAMY HALL**

**INAUGURATION**

**Dr.N.MANIMEKALAI**  
Director-Centre for Women's Development Studies, New Delhi  
*Delivers the Inaugural address*

**Mr.K.THIRUNEELAKANDAN**  
Secretary, College Governing Council  
*Offers Presidential Address*

**Dr.V.SUJATHA**  
Director- Center for Women's Studies  
Principal, Cauvery College for Women(Autonomous),Trichy  
*Delivers Welcome address*

**Dr.G.METTILDA BUVANESWARI**  
Head & Associate Professor  
*Delivers Insight of the Conference*

**Dr.G.KANAGA**  
Professor & Dean of Alumnae Relations  
*Proposes Vote of thanks*

**PLENARY SESSION I-11.30 AM TO 12.30 PM**

**Negotiating Boundaries: Women's Workforce  
Participation Vs Women's Educational Aspirations**



**RESOURCE PERSON**

**Dr.SANGEETA DESAI**

Visiting Faculty,  
Sophia Centre for Women's studies and  
Development,  
Mumbai, Founder Inclusive Horizon,  
Tedx Speaker

**PLENARY SESSION II - 12.30 PM - 01.30 PM**

**Women's Rights are Human Rights**



**RESOURCE PERSON**

**Mrs.U.NIRMALA RANI**

Advocate/ President,  
The Legal Aid Centre for Women, Tamilnadu

**PAPER PRESENTATION (2.30 PM -4.00 PM)**

**Chair Persons**

**“Challenges & Women Folk”**

**Dr.A.Savarimuthu,**  
Former Dean of St.Joseph Institute of  
Management, Vice Chancellor-St.Eugene  
University,Lusaka,Zambia

**“Women Empowerment”**

**Dr.J.Florence Shalini ,**  
Assistant Professor,  
Department of Social Work.,  
Bishop Heber College(A),  
Trichy

**VALEDICTION**



## Brochure :

**Guidelines for Paper Submission**

- Authors are required to submit the abstract and manuscript in MS Word with 1.5 line space and in Time New Roman with Font size 12.
- The cover page should contain the title of the paper, name of the author(s), name of the institution, complete postal address with email ID and mobile phone number.
- All the Papers will be reviewed by the team of experts and selected papers will be published in a book with ISBN number.
- The abstract and full paper in English are limited to 2000-2500 words.
- The paper should be presented either by author or co-author(s).
- Registration fee includes Kit, Working Lunch and certificate.
- No accommodation will be provided.
- Spot registration will be allowed with prior intimation.
- Soft copy of the papers should be sent to mail id-sw@cauverycollege.ac.in

**Contact Persons**

Dr.G.Metilda Buvanewari  
Head & Associate Professor

Ms.Hema- Assistant Professor  
PG & Research Department of Social Work  
Cauvery College for Women (Autonomous)  
Trichy-18.Mob.No-9894435468 . 9952294140

**Registration Fee**

Academicians & Practitioners - Rs.300  
Research Scholars - Rs.200  
Students - Rs.100

Click here the Link for Registration:  
<https://forms.gle/Y7afmKaRogTga2TA>

**Important Dates**

Last date for Registration - 05.03.2024  
Last date for Abstract Submission -03.03.2024  
Last date for Full Paper & PPT Submission on 06.03.2024

**Account Details**

Account Name : Anity Club  
Bank Name & Branch : UCO Bank, Subi Road, Trichy  
Account Number : 13930110001721  
IFSC Code : UCBA0001593

**Organising Committee**

**CHAIR PERSON**  
Dr.V.Sujatha,  
Director- Centre for Women's Studies  
Principal  
Cauvery College for Women (Autonomous)  
Ammal Nagar, Trichy-18

**CONVENER**  
Dr.G.Metilda Buvanewari  
Head & Associate Professor  
PG & Research Department of Social Work  
Cauvery College for Women (Autonomous)  
Trichy-18

**ORGANISING COMMITTEE MEMBERS**  
Dr.G.Kanaga-Professor & Dean of Alumnae Relations  
Ms.P.L.Rani- Assistant Professor, Social Work  
Dr.O.Aisha Manju-Assistant Professor, Social Work  
Ms.S.Hema-Assistant Professor, Social Work  
Dr.R.Anitha-Assistant Professor, Social Work  
Ms.P.Meenakshi-Assistant Professor, Social Work



CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS)  
TRICHIRAPPALLI, TAMIL NADU, INDIA  
Nationally Accredited (III Cycle) with 'A' Grade by NAAC  
ISO 9001 : 2015 Certified

*One Day National Conference (Hybrid Mode)*  
on  
**"Count her In - Invest in Women .  
Accelerate Progress"**

PG & RESEARCH DEPARTMENT OF SOCIAL WORK  
&  
CENTRE FOR WOMEN'S STUDIES  
Commemorating



International Women's Day  
March 8, 2024

Friday  
10.00 AM

Dr.Rameswari Nallusamy Hall  
Cauvery College for Women  
(Autonomous)  
Trichirappalli,  
Tamil Nadu, India.

**ABOUT CAUVERY COLLEGE FOR WOMEN**  
Cauvery College for Women (Autonomous) Trichirappalli started in October 1984 endeavors to provide the necessary environment and opportunities for the development of an integrated personality of girls to help them grow in faith and love with due emphasis on traditional values and progressive ideals. With 16 UG, 10 PG & 9 Research programmes, the College has been recognized with 'AA' rank in the top 100 Local Chapters in SWAYAM-NPTEL. Secured 82nd rank at the National level amongst the top Colleges in India.

**ABOUT SOCIAL WORK DEPARTMENT**  
The Department of Social Work was started with BSW in 1985 with a vision to train young minds with the right aptitude to serve humanity. A pioneering institute offering BSW in Tamil Nadu. MSW in 1995 with 4 specializations- MAP, FCW, CD and HRM to produce skillful, effective professional social workers. The Department upgraded into a Research department offering M.Phil in 2005 & PhD from 2011 onwards. Collaborated with more than 30 organizations for Field Work, Summer and block Placement, the Department is known for inculcating the ethical and principles of Social Work to students. MOUs with industries, professional bodies, colleges at national level and NGOs serve as a platform for practice and learning.

**ABOUT CENTRE FOR WOMEN'S STUDIES**  
The Centre for Women's Studies was established under the XI Five-Year Plan in 2009. Since its inception, the center has actively organized both International and National level Symposia/Conferences, as well as training of trainers (ToT) programmes and Gender Sensitization initiatives regularly. The outreach efforts of the center have spanned various segments of society, ranging from rural women at the grassroots level to women in Higher educational institutions. Special attention has been given to Self Help Group(SHG) women and Women Prisoners, engaging them through vocational training programmes, SHG-fair-cum-sale events and computer literacy programmes for women prisoners. Celebration of International Women's Day is a Noteworthy

tradition at the center , involving the invitation of prominent personalities and women achievers to inspire and engage with college students. The center has also undertaken a Mobile awareness campaign on March 8th each year, targeting rural women and providing education on legal rights and pertinent issues.

Additionally, the center focuses on a wide array of areas, including personality development programmes, Anti dowry, skill training in various crafts, pre-marital counseling, menstrual hygiene, health issues affecting youth, awareness on sexual harassment at workplaces, the mental health of adolescents, reproductive health, women leadership, free legal counseling, Importance of breastfeeding, motivational programs, diabetes awareness, family welfare, cancer screening, rape and sexual violence, stress management, parenting, and women empowerment. Taking its commitment to the next level, the center has introduced a certificate course titled "Counseling Course for Women in Distress." This new initiative reflects the center's dedication to advancing its offerings and services in support of women's well-being and empowerment.

**ABOUT THE CONFERENCE**  
International Women's Day has been observed e year on March 8th. It is to take stock of the areas of progress and the achievements realized by women and girls; signifies the 50 years of the "Towards Equality Report on Status of Women in India 1974" which was placed to Government, the first of its kind to inform the grave issues t by women and girls in society like unfavorable female sex r low wage, poverty, violence, dowry, child marriage etc.

**THEME**  
**"Count her In - Invest in women. Accelerate Progress"**  
Research Papers can be submitted on the following sub-themes

**Sub-Themes**

- Gender Discrimination and its various forms in India
- Women's Education for Social Change
- Women's leadership in Grass root levels to Corporates,
- Women's wage and self-employment in the gig Economy
- Women's Health, menstrual and menopause and assisted reproductive technologies and reproductive health Nutrition
- Increasing Women in Higher Education and declining participation in employment
- Women's Economic and Political Participation in India: Issues and Challenges
- Informality, Rural, Agriculture, Scheme work and women's vulnerabilities.
- Technology, digital technology and women's exclusion
- Women's Legislations in Safeguarding Women's Rights
- Women's Participation in Entrepreneurship
- Issues of Adolescent girls and young women in the Social media context
- Gender-based Violence- issues and safeguards
- Women in STEM- barriers and opportunities.
- Environment, climate change impact on women
- Women in conflict areas and vulnerability.
- Customary laws and cultural imposition on women
- Honor crimes and vulnerability of women
- Caste, Class and Gender Intersectionality
- Issues of the marginalized, rural, Adivi Dravidar, Adivasi, disabled, transgender, deserted and destitute women.
- Central and State Government's Affirmative Action on Women, Girls, disabled, transgender, and other marginalized communities.
- Women's migration: prospects and vulnerabilities.
- Achieving Sustainable Development Goals: Challenges in the gender inequality context
- Women's Movements and their role in the current context





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(Affiliated to Bharathidasan University)  
TIRUCHIRAPPALLI - 620 018, TAMIL NADU

## NATIONAL CONFERENCE

*(Hybrid Mode)*

On

**"Count her In : Invest in Women  
Accelerate Progress"**

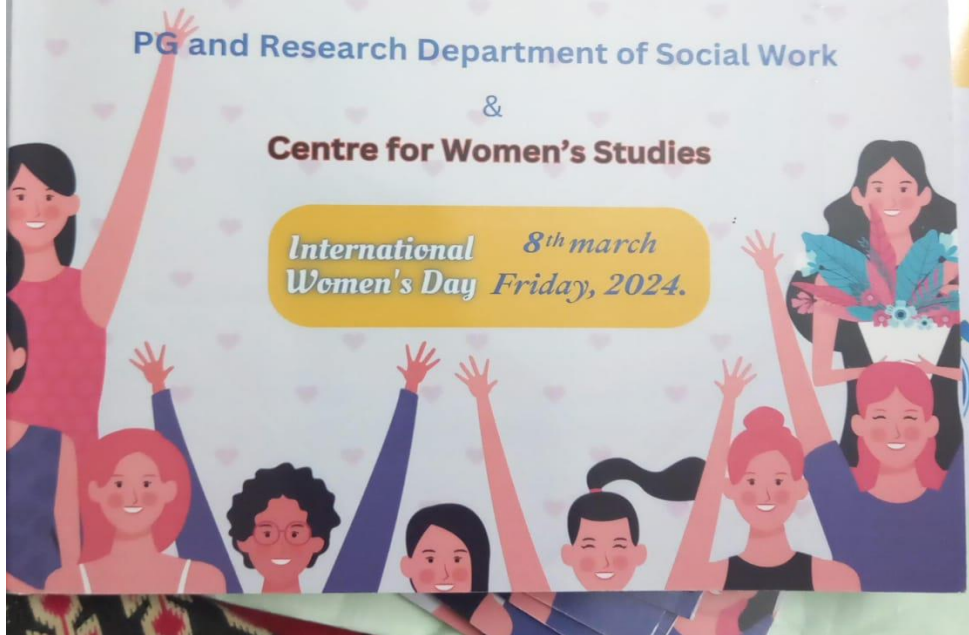
Organized by

PG and Research Department of Social Work

&

**Centre for Women's Studies**

*International 8<sup>th</sup> march  
Women's Day Friday, 2024.*



Madam principal addressing the gathering.



DEGNITORIES RELEASING THE CONFERENCE SOUVENIR





## Paper Presentation



