CAUVERY COLLEGE FOR WOMEN(AUTONOMOUS) PG & RESEARCH DEPARTMENT OF SOCIAL WORK COMMUNITY OUTREACH PROGRAMME (2022-2023)

S. No	Date Title Resource Person		Resource Person	Venue	Benefici aries	
1.	06.09.2022	Celebrating World Girl Child Day	Sr. Dhana Mary, MSc, B.Ed. Head Mistress, St. Therasa Girls High School, Viralimala	St Therasa Girls High School, Viralimalai	40	
2.	13.09.2022	Health &Hygienic Foods	Mrs.K.Akila Clinical Dietician Prabhu Diabetes Speciality Centre, Trichy.	Seva Sangam Girls Higher Secondary School,Trichy	39	
3.	18.09.2022	Child Protection & Child Rights	Mr.A.Kannan, BA,BL., Advocate, Hindu Charities Administrative Officer	Vidivelli Rural Development Society, Mathikonpatti	19	
4.	20.09.2022	Prevention of Breast Cancer	Mrs. C. K. Thilagavathy, Medical Camp Officer Mr. Siva Arunachalam - Harshamithra Oncology Hospital Pvt, Ltd, Nagamangalam, Trichy	St. Joseph Higher Secondary School, Nagamangalam, Trichy	40	
5.	20.09.2022	Care of Antenatal Mothers	Dr.Victoria Johnston, MD (O&G), Obstetrician, Gynaecologist and Infertologist, Trichy.	Janet Nursing Home	33	
6.	20.09.2022	Hygiene for Sanitary Workers	Padmashri M.Subburaman Director SCOPE,Trichy	Kattuputhur Town Panchayat	-	
7.	20.09.2023	Cancer & its consequences	Dr. S .M.Kalamani Senior Consultant Gynaecologist Muthumarriamma nTemple,Kuppan		30	

			Aiyshwariya Hospital, Trichy.	gulam, Marakadai,Trichy	
8.	22.09.2022	Tackling of Teenage Crisis	Ms. S. Vannamathi Team Member District Child Line, Trichy.	K A P Vishwanatham Higher Secondary School,Trichy	40
9.	22.09.2022	Legal Awareness among Children	Mrs. P.Sheela Advocate Family Court, Trichy.	Seva Sangam Girls Higer Secondary School, Trichy	33
10.	23.09.2022	Awareness on Breast Cancer	Dr. P.Sasipriya Govindaraj Radiation Oncologist Harshamitra Hospital Nagamangalam.	Government Adi- Dravidar Welfare Girls Hr. Sec. School,Pappakuri chi,Tiruchirapalli	28
11.	03.02.2023	Puthri Career choice Assessment	Ms.Devi Anindya Outreach Team Manager Project Puthri Avatar Human Capital Trust	Government Hr.sec.school Thuvakkudi,Trich y	35
12.	28 01.2023	Impact of Mobile Addiction Among School Students	Sr. Jenifer, Co-ordinator, Power Trust, Viralimalai	Kulavaipatti Village, Viralimalai,	23
13	01.02.2023	Peer Pressure Among School Students	Ms. Manjumitha Psychologist, Athma Hospital, Trichy	Bishop Heber Higher Secondary School, Trichy	83
14	02/02/2023	How to Overcome Exam Fear	Mr. Manoj, Psychiatric Social Worker ,Aram Psychiatry Hospital, Trichy	Sesha Iyengar Memorial Higher Secondary School, Trichy,	49
15.	02.02.2023	Beti Bachao Beti Padhao	Ms. T. Rosy District Social Welfare Department	Ambedkar Nagar, Pudukottai main road, Airport, Trichy	25
16	09.02.2023	Stress Management.	Ms. Manjumitha , Psychologist, Athma Hospital, Tiruchirappalli	Government Adi- Dravidar Welfare Girls Higher Secondary School, Pappakurichi,	86
17	10.02.2023	Menstrual Hygiene	Dr.M. Kavimani, Assistant Professor, Department Of Physics, Cauvery College For Women Trichy	Sri Muthumariyamma n Temple Kupaangulam, Marakadai Trichy	34

	13.02.2023	Good Touch and Bad	Sr.Diana	Vidivelli Special	
18.	13.02.2023	Touch for Girls	Principal	School	35
10.			Vidivelli Special	Sensor	
			School, Trichy		
19	28.02.2023	Prevention of Mobile	Ms.S.Elakkiya	Town hall Hr.Sec	
		Addiction	Assistant Professor	School,	55
			Department of Computer	Trichy	
			Applications, Cauvery College		
			for Women, Trichy		
			Sr.Arockiya Mary	Sri Parameshwari	40
20	14.02.2023	Stop Child Marriage	Children Project Coordinator-	School,RamjiNag	
			Asisst, Manikandam, Trichy	ar,Trichy	
			Ms.J.Lowra Mary	St.Antony's	100
21	21.02.2023	Benefits of	CEO –Helping Hearts	Nursery &	
		Disciplined Life	Counselling and Career, Trichy.	Primary	
				School, Trichy	
22			Ms.Sheila Chellaiah		
	21.02.2023	"Sculpt your mind,	Counsellor & Freelancer	Government	
		Shape your life"	Founder of Enough to	Hr.sec.school,	28
			Excellence(Centre for Skill	Ayilapettai, Trichy	
			Development), Trichy		
23	22.02.2022		Ms.Flora Kalaimathi		
	23.02.2023	Significance of	Family Counsellor	Fathima Hr.Sec	55
		Education	Khajamalai Ladies	School,	
2.4			Association, Trichy-23	Puthur, Trichy	
24	22.02.2022	Awareness on	Sr.Jayaseeli Priya	RC Middle	20
	23.02.2023	Alcohol Addiction	Counsellor,SOCSEAD,	School	30
25	20.02.2022	T (CT '1	Trichy	Woraiyur, Trichy	
25	28.02.2023	Importance of Family	Mrs.S.Yosodai	Nearby Palace	60
		Bonding	Family Counsellor-SOCSEAD,	Theatre Jail	60
			Trichy	Street,	
26	28.02.2023	Prevention of Mobile	Mr. Gunasakaran Dayahalaziat	Marakadai, Trichy Government	ΕO
∠0	20.02.2023	Addiction of Mobile	Mr Gunasekaran, Psychologist, Sigaram Drug Awareness &	Government Middle School,	50
		Addiction	Counselling ,Rescuing	Devi Street,	
			Counselling , Rescuing Centre, Trichy	Srirangam, Trichy	
27	02.03.2023	Legal Rights of	Sr.Jayaseeli Priya	Palpannai,	25
21	02.03.2023	Transgender people	Counsellor	Pongalayamman	43
		Transgender people	SOC SEAD-IRCA, Trichy	Street, Trichy	
28.	09.03.2023	Awareness programme	Mrs Joyce Vennila, Special	Maravanur	65
20.	07.03.2023	on Cerebral Palsy	Educator, The Spastics Society	iviai a v aiiui	0.5
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PROGRAMME REPORT

PROGRAMME – 1:

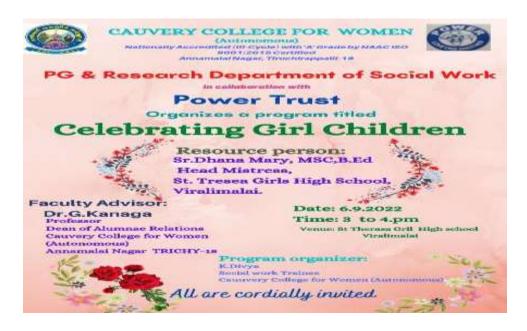
Programme title: Celebrating World Girl Child Day

Collaborators: Department of Social Work & Power Trust

Date	06.09.2022
Venue	St Therasa Girls High School, Viralimalai
No. of. Staff	1
No. of. Students	1
Beneficiaries	40

Programme Summary:

The Social Work trainee – Ms K Divya conducted an awareness programme to commemorate World Girl Child Day on 6.09.2022 by 03.00p.m. in St. Therasa Girls High School, Viralimalai, Trichy under the guidance of Dr. G. Kanaga Professor, Dean of Alumnae Relations, Department of Social Work. The session was oriented by Sr. Dhana Mary, MSc, B.Ed. Head Mistress, St. Therasa Girls High School. The main aim of the programme was making them to realize the importance of Education in every Girl child life. About 40 school students benefited by this programme.



Invite of the Programme

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Attendance of the Programme



Ms Divya, student trainee seen in the programme

PROGRAMME – 2:

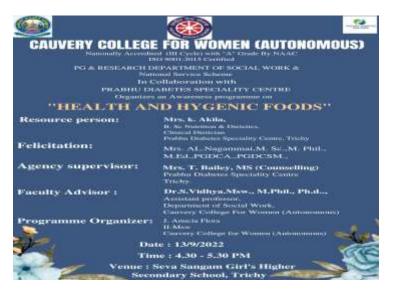
Programme title: Health & Hygienic Foods

Collaborators: Department of Social Work and Prabhu Diabetes Speciality Centre

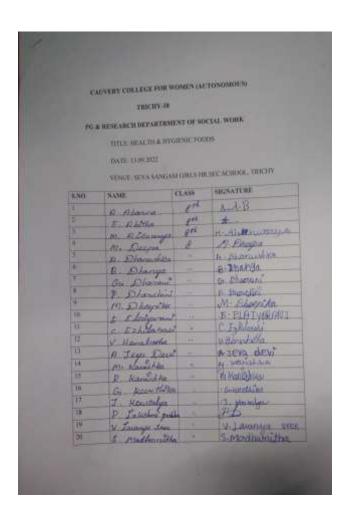
Date	13/9/22
Venue	Seva Sangam Girls Higher Secondary School, Trichy
No. of. Staff	1
No. of. Students	1
Beneficiaries	39

Programme Summary:

The Social Work trainee organized a Community Outreach Programme on the topic Health and Hygienic Foods in Seva Sangam Girls Higher Secondary school on 13/9/2022 for school students. The Chief Guest of the programme was Mrs. K. Akila, Clinical Dietician, Prabhu Diabetes Speciality Centre, Trichy who interacted with students about the importance of Health and consuming hygienic foods. She shared the impact of fast foods and how it could be prevented. About 39 students benefited out of the session.



Invite of the programme



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Attendance of the programme





PROGRAMME – 3:

Programme title: Child Protection & Child Rights

Collaborators: Department of Social Work and Vidiveli Rural Development Society

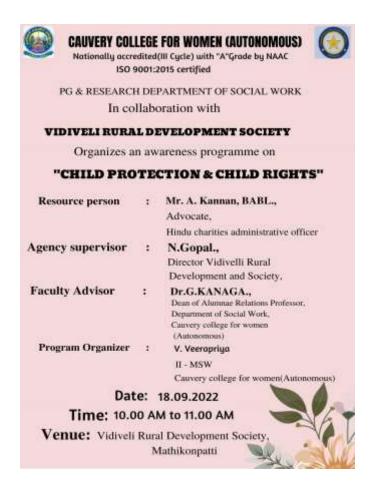
Date	18.09.2022
Venue	Vidiveli Rural Development Society,
	Mathikonpatti
No of staff	1
No of student trainee	1
Beneficiaries	19

Programme Summary:

The social work trainee – Ms Veerapriya organized the community outreach programme in collaboration with the Vidiveli Rural development society on the topic Child Protection and Child Rights on 18.09.2022 at 10 a.m. to 11a.m. The chief guest of the programme was Mr. A. Kannan, BA, BL.,(Advocate) Hindu Charities Administrative Officer, Manapparai gave an orientation on the importance in protecting a child and how to sustain their rights. The role of teachers & parents were also discussed. Dr. G. Kanaga, Dean of Alumnae Relations, Professor, Department of Social Work, Cauvery College for Women participated in the programme in which 19 people benefited out of it.



Caption: Mr.A.Kannan, BABL.,(Advocate) Hindu charities Administrative Officer, Manapparai addressing children on 18.09.2022



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Invite of the programme

Attendance of the programme

PROGRAMME – 4:

Programme Title: Prevention of Breast Cancer

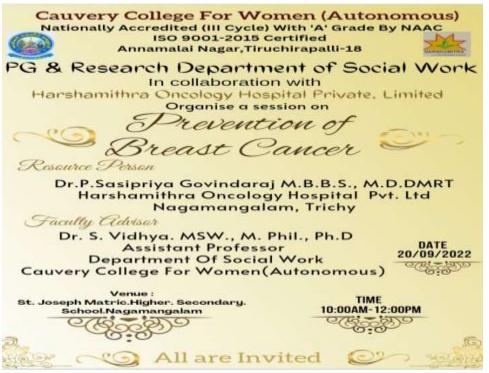
Collaborators: Department of Social Work and Harshamithra Oncology Hospital Pvt, Ltd,

Nagamangalam, Trichy

Date	20.09.2022
Venue	St. Joseph Higher. Secondary School
No .of .Staff.	1
No .of. Student Trainee	1
Beneficiaries	40

Programme Summary:

The social work trainee – Ms Saranya conducted an awareness programme on the prevention of Breast Cancer at 10:45am to 12:15pm in St. Joseph. Higher. Secondary. School, Nagamangalam, Trichy, under the guidance of Dr. S. Vidhya, Assistant Professor. Department of Social Work. The session was oriented by the Medical camp Officer Mrs. C. K. Thilagavathy and Marketing Manager Mr. Siva Arunachalam of Harshamithra Oncology Hospital Private. Limited, Nagamangalam, Trichy. The main aim of the programme was to create awareness in preventing breast cancer and to inculcate the knowledge about the harmful effects of cancer. The resource person also provided information about the causes, symptoms, risk factors, treatment, self-examination of breast cancer and also the stages of cancer. About 40 school students benefited by this programme.



Invite of the Programme

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Attendance of the beneficiaries



Ms Saranya student trainee during the programme





திருக்கி காவேரி மகளிர் கண்ணரி மற்றும் ஒரிக்கிற்கு எனுறிமோல் மருத்துகாலகளை இசையைந்து மார்பக புற்றுறோம் ஒருப்பு என்று அமைப்பில் எழிப்புமார்வு நிலந்க்கி செயின்ற , சேருவப் வேறிகைப்படுக்கிற நடந்தியது , நிலந்கிறில் வர்வி தனையை ஆகிரியர் ஆடுத்தனர், ஒரிக்கிறை மருத்துவமகளை முனம் அறுவரை நிலகையும், பேரால்கைய உறுப்பினர் சின்ற அருணாசவம் சிறப்பு விருந்தினர்களை கலந்து கொண்டு செயினர் இவற்கி ஏற்பத்திகளை மோலிரியர் விஞ்பா, மணவரி எண்மர ஆகிகோர் செய்திருந்தனர்.

அக்கரி புராணமா. மதவர் மனமித்தமர் அதில் புராணம் கூற்றுகளின்படி. அதர்ம் மான மக்ஷாகரணம் அழிக்க காசி முன்னர்கில் தூர்க்கை, மகாவட்கம், சரல்வதி என முன்றிக் முதல், தி. நினர்க்க, சன் மக்கர்க்கும், சன் மக்கர்கள் நினர்கள், சன் மக்கர்கள் என முன்றிக் முதல், தி.



PROGRAMME 5:

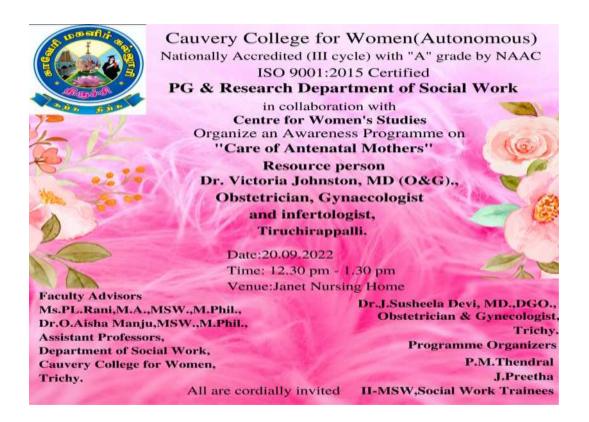
Programme Title: Care of Antenatal Mothers

Collaborators: Department of Social Work and Centre for Women's studies

Date	20.09.2022
Venue	Janet Nursing Home
No of Staff.	1
No of Student Trainee	1
Beneficiaries	33 Antenatal Mothers

Programme Summary:

The Social Work trainee – Ms Thendral, II MSW conducted a community outreach programme on Care of Antenatal Mothers on 20.09.2022 at Janet Nursing Home from 12.30 pm to 1.30 pm. The Resource person of the session was Dr. Victoria Johnston, MD (O&G), Obstetrician, Gynaecologist and Infertologist, Trichy. She oriented.. The main aim of the programme was to provide awareness to antenatal mothers about self-care during pregnancy. The resource person also provided information on the diet plan during pregnancy, bodily changes, reason for sleepless night, foods to be avoided during pregnancy time and how to keep one's mental health strong. The antenatal mothers felt the session to be interesting and informative. The programme was guided by Ms. PL. Rani, M.A., MSW, M.Phil., Assistant Professor, Department of Social Work.



Invite of the programme



Ms Thendral welcoming the gathering seen along with the Resource Person and with Faculty In charge Ms PL Rani.



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Attendance of the programme

PROGRAMME 6:

Programme title: Hygiene for Sanitary Workers

Collaboration: PG & Research Department of Social Work and SCOPE (Society for Community

Organization and People's Education).

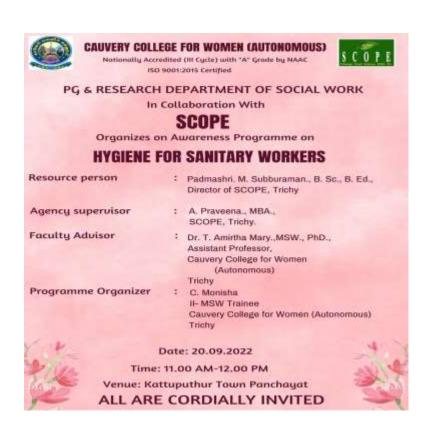
Date	20.09.2022
Venue	Kattuputhur Town Panchayat
No of. staff	1
No of students	1
No of beneficiaries	40

Programme Summary:

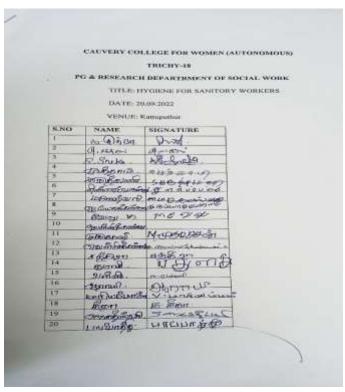
The Social Work trainee – Ms Monisha conducted an awareness Programme on the "Hygiene for Sanitary Workers" at Kattuputhur Town Panchayat by 11.00 a.m. under the guidance of Dr. T. Amirtha Mary, Assistant Professor, Department of Social Work. The session was oriented by Padmasri Subburaman, Director of SCOPE, Trichy. The main aim of the programme was to create awareness among Sanitary Workers in taking care of their hygiene.



The Resource person during the programme



Invite of the programme





Attendance of the programme

PROGRAMME 7:

Programme Title: Cancer and its Consequences

Collaborators: Department of Social Work and People Development Initiatives

Date	20.09.2022
Venue	Sri Muthu Mariyamman temple – Trichy.
No of Staff	1
No of Student Trainee	1
Beneficiaries	30 Community people

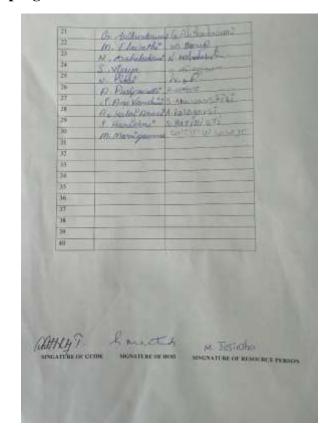
Programme Summary:

The Social Work trainee- Ms Vijayalakshmi, II MSW conducted an awareness programme on the topic Cancer and its consequences on 20.9.2022 at Sri Muthu Mariyamman temple, Palakarai., Trichy by 4p.m. under the guidance of Dr. G. Kanaga, Dean of Alumnae Relations & Professor, Department of Social Work. The resource person - Dr.S.M.Kalamani.,MD,DGO(Gyn).,Senior Consultant Gynaecologist, Aiyshwariya Hospital, Trichy spoke on the causes and symptoms of Breast Cancer, Cervix Cancer and also the treatment methods that is available for Cervix Cancer and Breast Cancer. About 27 urban informal settlement people benefited by the programme.



Invite of the programme

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Attendance of the programme



The resource person addressing the audience

PROGRAMME – 8

Programme title: Tackling of Teenage Crisis

Collaborators: Department of Social Work and District Sevai Child line

Date	22.09.2022
Venue	K A P Vishwanatham Higher Secondary
	School, Trichy
No of Staff	1
No of Student trainee	1
Beneficiaries	40

Programme Summary:

The Social Work trainee organized a community outreach programme on the "Tackling Teenage Crisis" on 21.09.2022 at 11.00 am to 12.00 pm. at K A P Vishwanathan Higher Secondary School, Trichy. The session was oriented by Ms S Vannamathi, Team member, District Child Line, Trichy. The main aim of the programme is to learn and gain knowledge on safety and security measures to teenage school students. The resource person provided information about importance of education in teenage, effective influences of teenage relationship in school life, make knowledge about good touch and bad touch and take pledge regarding "No Child will marriage in the age below 21 years". The trainee conducted the programme under the guidance of Dr.O.Aisha Manju., MSW., M.Phil., Ph.D., Assistant Professor, Department of Social Work. More than 40 participants got benefited. The arrangements of the programme were made by II-MSW trainee - A.Yamuna.





ISO 9001:2015 Certified

PG & RESEARCH DEPARTMENT OF SOCIAL WORK In Collaboration With

Sevai Child Line

Organises an awareness programme on

TACKLING OF TEENAGE CRISIS

Resource person : S. Vannamathi,

Team Member,

District Child Line, Trichy.

Agency supervisor : P. Suburamaniyan

Project Co-ordinator

District Child Line, Trichy

Faculty Advisor : Dr. O. Aisha Manju., MSW., M Phil., Ph.D.,

Assistant Professor,

Department of Social Work,

Cauvery College for Women (Autonomous).

Trichy.

Programme Organizer

A. Yamuna

II- MSW Trainee
Cauvery College for Women (Autonomous)

Trichy

Date: 21.09.2022

Time: 11.00 AM- 12.00 PM

Venue: K A P Viswanathan Higher Sec School

Trichy

All are cordially invited

Invite of the programme

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Attendance of the Programme



Ms Yamuna seen during the programme

PROGRAMME - 9

Programme title: Legal Awareness among Children

Collaborators: Department of Social Work and District Legal Services Authority

Date	22.09.2022
Venue	Seva Sangam Girls Higher
	Secondary School, Trichy
No of Staff	1
No of Student trainees	2
Beneficiaries	30

Programme Summary: The Social Work Trainees- M.S.Nithyashree and S.Pavithra, II MSW conducted a Community Outreach Programme on "Legal Awareness Among Children" on 22.09.2022 at Seva Sangam Girls Higher Secondary School between 04:30 p.m. to 5:30 p.m. The session was oriented by Mrs.P. Sheela B.A., B.L., Advocate, Family Court, Tiruchirappalli herein she shared about the evils of social media and made the students to be aware of the Child Helpline Number 1098. The trainees organized the programme under the guidance of Dr.G.Mettilda Bhuvaneswari, Associate Professor & Head, Department of Social Work. More than 30 students benefited out of this programme.



Invite of the programme

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Attendance of the programme



Media coverage

PROGRAMME – 10

Programme title: Awareness on Breast Cancer

Collaborators: Department of Social Work and Harshamithra Oncology Hospital Private Limited

Date	23.09.2022
Venue	Government Adi-Dravidar Welfare Girls
	Higher Secondary School, Pappakuruchi,
	Trichy
No of Staff	1
No of Student trainee	1
Beneficiaries	28

Programme Summary

The social work trainee – Ms Blessy conducted an awareness program on the topic "Breast Cancer" in Government Adi-Dravidar Welfare Girls Higher Secondary School, Pappakuruchi, Trichy between 11.00 AM to 12.00 p.m. on 23.9.2022 under the guidance of Mrs. PL Rani, Assistant professor, Department of Social Work. This session was oriented by the Medical Camp Officer Mrs. C.K Thilagavathy, Harshamithra Oncology Hospital Private Limited, Nagamangalam, Trichy. The main objective of the program was to create awareness about breast cancer among teachers. The resource person provided information on the causes, symptoms, treatment, selfexamination to check breast cancer and various tests available for screening breast cancer. About 28 school teachers participated and got benefited.



Invite of the programme

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Attendance of the programme



Ms Blessy seen along with other dignitaries

PROGRAMME – 11

Programme Title: PUTHRI Career Choice Assessment

Collaborators: Department of Social Work and Avatar Human Capital Trust

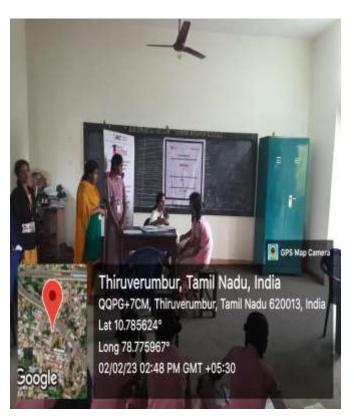
Date	2/02/2023
Venue	Mukkulathore Higher Secondary School, Thiruverambur
No of Staff.	1
No of Student Trainee	2
Beneficiaries	15

Programme Summary:

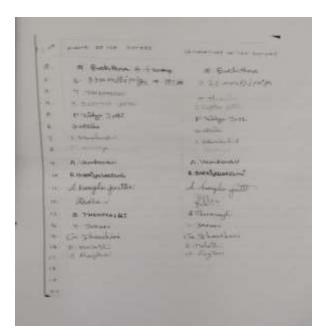
The Social Work trainees – Ms Divya & Ms Vijayalakshmi conducted on awareness programme on the Puthri Career Choice Assessment on 2.2.2023 from 1:00 p.m to 3:00 p.m in Mukkulathore Higher Secondary School, Thiruverumbur, Trichy under the guidance of Dr. T Amirtha Mary, Assistant Professor, Department of Social Work. The session was oriented by Ms. Devi Anindya, Community Development Outreach Team Manager, Project Puthri, Avatar Human Capital Trust. The main aim of the programme was to create awareness about Puthri Career Choice Assessment (PCCA) wherein the resource person provided information that PCCA is a one-of-a-kind self-assessment tool developed indigenously to fit the students in India. PCCA helps Puthri Scholars primarily to understand her personality better in order to make informed career choices and to get insights into her strengths, passions and interests, which will enable her to study her choice of subjects and pursue her dream career. About 15 school students benefited by the programme.



Invite of the programme



The resource person during the session



Attendance of the programme

Programme No.12

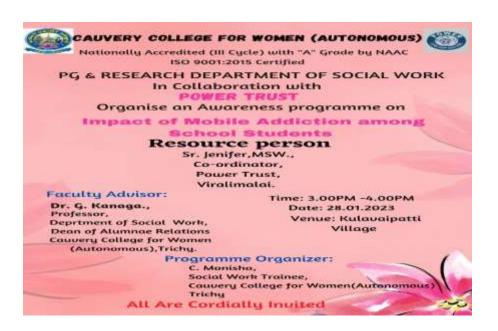
Programme Title: Impact of Mobile Addiction Among School Students

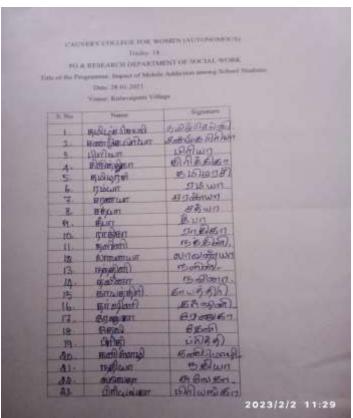
Collaborators: Department of Social Work & POWER Trust

Date	28. 01.2023
Venue	Kulavaipatti Village , Viralimalai, Trichy
No. of Staff	1
No. Of Students	1
No. Of Beneficiaries	23

Programme Summary:

The Social Work Trainee conducted on awareness programme on Impact of Mobile Addiction among School Students at 03.00 p.m to 04.00 p.m. in Kulavaipatti Village, Viralimalai, under the guidance of Dr. G. Kanaga, Professor & Dean of Alumnae Relations, Department of Social Work. The session was oriented by Sr. Jenifer, Co-ordinator, Power Trust, Viralimalai. The main aim of the programme was to create awareness on mobile addiction among school students. The resource person also provided information about advantages and disadvantages of mobile. About 23 school students benefited by this programme.







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PROGRAMME – 13

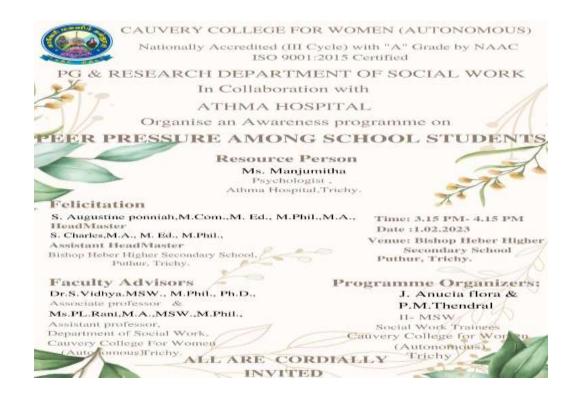
Title of the Programme: Peer Pressure Among School Students

Collaboration: Athma Hospital

Date	01.02.2023
Venue	Bishop Heber Higher Secondary School, Trichy
No. of Staffs	2
No of Students	2
No of Beneficiaries	83

Programme Summary:

The Social Work trainee conducted an awareness programme on Peer Pressure among school students at 3.15p.m to 4.15 p.m in Bishop Heber Higher Secondary School, Trichy under the guidance of Ms. PL. Rani, Assistant Professor, Department of Social Work. The session was oriented by Ms. Manjumitha Psychologist, Athma Hospital, Trichy. The Chief Guest interacted with students about the situations in which peer pressure happens. She also shared about importance of education, tips to overcome peer pressure, anxiety. In this community outreach programme 83 students got benefited.

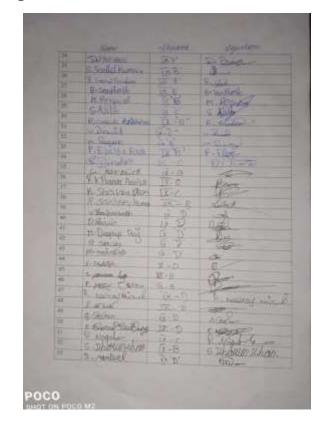


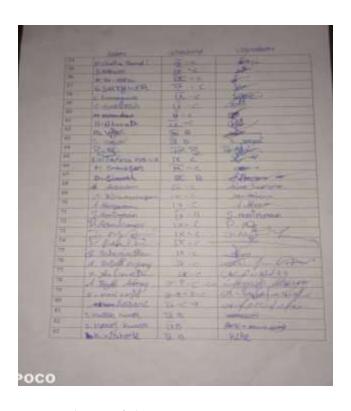
Invite of the programme



Resource Person addressing the audience

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Attendance of the programme

PROGRAMME – 14

Programme title: How to Overcome Exam Fear

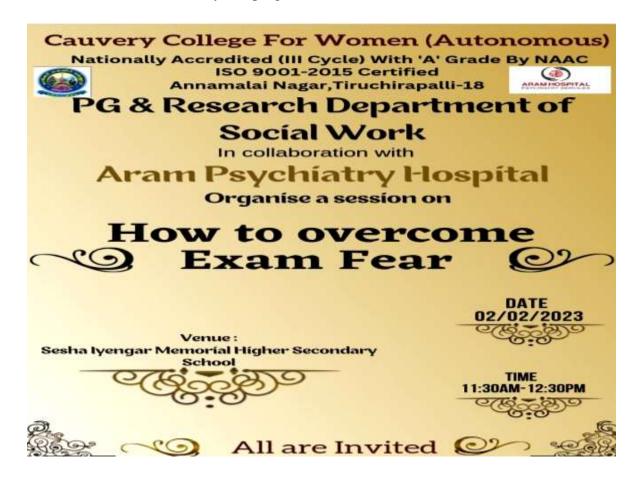
Collaborators: Department of Social Work and Sesha Iyengar Memorial Higher Secondary School, Trichy

Date	02/02/2023
Venue	Sesha Iyengar Memorial Higher Secondary School,
	Trichy
No of Staff	1
No of Students	1
Beneficiaries	49

Programme Summary:

The Social Work Trainee conducted an awareness programme on How to overcome exam fear at 11:45am to 12:25 pm in Sesha Iyengar Memorial Higher Secondary School, Trichy, under the guidance of Ms. PL. Rani, Assistant Professor, Department of Social Work. The session was oriented by Psychiatric Social Worker Mr. Manoj, Aram Psychiatry Hospital, Trichy. The

main aim of the programme was to create awareness on how to overcome exam fear. The resource person also provided information to prepare for the exam and tips to manage stress. About 49 school students benefited by this programme.



Programme Invite



Mr. Manoj addressing the students on how to overcome exam fear.

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Attendance of the programme



Media Coverage

PROGRAMME – 15

Programme Title: Beti Bachao Beti Padhao

Collaborators: Department of Social Work and District Social Welfare Department

Date	02.02.2023
Venue	Ambedkar Nagar, Kolarangam Opposite, Puddukottai main road,
	Airport, Trichy
No .of .Staff.	1
No .of. Students	2
Beneficiaries	25 School Students

Programme Summary:

The Social Work Trainees – Ms J Preetha and Ms A Yamuna, II-MSW trainees conducted a Community Outreach Programme on Beti Bachao Beti Padhao at Ambedkar Nagar, Kolarangam opposite, Puddukottai main road, Airport, Trichy between 4p.m to 5p.m. on 2.2.2023. The session was oriented by Ms. T. Rosy District Social Welfare Department. The main aim of the programme was to create awareness about Beti Bachao Beti padhao among community people. The resource person shared the schemes related to children and its provisions. The trainees organized the programme under the guidance of Dr.G.Mettilda Bhuvneshwari, Head, Department of Social Work. More than 25 students benefited through this programme.

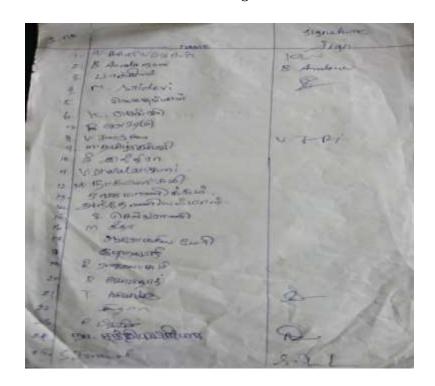


Programme Invite



Ms Rosy addressing the audience

Programme Attendance



PROGRAMME 16

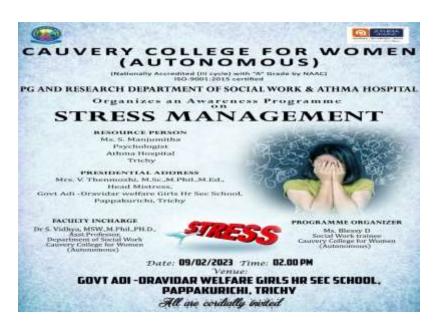
Programme title: Stress Management

Collaboration: PG & Research Department of Social Work and Athma Hospital

Date	9.2.2023
Venue	Government Adi-Dravidar Welfare Girls Higher Secondary
	School,
	Pappakuruchi, Trichy.
No of. Staff	1
No of students	1
No of beneficiaries	30

Programme Summary:

The social work trainee Ms. Blessy conducted an awareness programme on Stress Management. At Government Adi-Dravidar Welfare Girls Higher Secondary School, Pappakurichi, Tiruchirappalli. The session was oriented by Ms. Manjumitha, Psychologist, Athma Hospital, Tiruchirappalli. The trainee's aim was to create an awareness among school teachers on stress management among students and to gain knowledge on stress, its effects and causes among students. The social work trainee was guided by Dr.S.Vidhya MSW., M.Phil, PhD., Assistant Professor, Department of Social work, Cauvery college for women, Tiruchirappalli. About 86 students participated and got benefited.





Resource person seen along with thetrainee and others

Attendance of the programme

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PROGRAMME 17

Programme title: Menstrual Hygiene

Collaboration: PG & Research Department of Social Work and People's Development Initiatives

Date	10.02.2023
Venue	Sri Muthumariyamman Temple Kupaangulam, Marakadai Trichy
No of. Staff	1
No of students	2
No of beneficiaries	34

Programme Summary

The Social Work Trainees Ms Veerapriya & Ms Sivaranjani organized Community Outreach Programme 10/02/2023 Sri Muthumariyamman Temple Kupaangulam on at Marakadai, Trichy. Dr.M. Kavimani, Assistant Professor, Department Of Physics, Cauvery College For Women Trichy addressed the audience on the topic Mensural Hygiene. She shared the importance girl children education, and gave awareness about Menstruation and how to take care of oneself during Menstruation. In this Community Outreach Programme about 34 Children & Women took part.

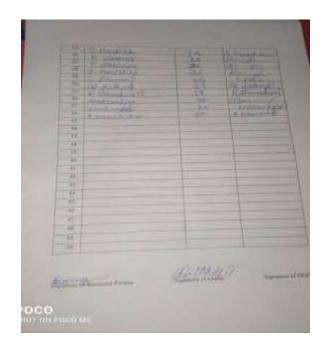




Resource Person during the programme

Attendance of the programme

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PROGRAMME – 18

Programme title: Good Touch and Bad Touch for Girls

Collaborators: Department of Social Work and Vidivelli Special School Trichy

Date	13.2.2023
Venue	Vidivelli Special School Trichy
No of Staff	1
No of Student	2
trainees	
Beneficiaries	25

Programme Summary:

The Social Work Trainees – Ms M.S.Nithyashree and Ms S.Pavithra conducted a Community Outreach Programme on "Good Touch and Bad Touch for Girls" on 13.02.2023 at Vidivelli Special School Trichy between 11:00am to 12:00pm. The Session was oriented by Sr.Diana Headmistress of Vidivelli Special School Trichy. The main aim of the programme was to create awareness about good touch and bad touch among girl Children. The resource Person shared about the types of touching and how to be aware of touching by others. The trainees organized the programme under the guidance of Dr.O.Aisha Manju Assistant Professor, Department of Social Work. More than 25 students were benefited through this programme.



Invite of the programme

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Attendance of the Programme



Resource person during the programme

PROGRAMME – 19

Programme title: Prevention of Mobile Addiction

Collaboration: PG & Research Department of Social Work and Project Puthri

Date	28.02.2023
Venue	Town Hall School
No of. Staff	1
No of students	3

Programme Summary:

The Social Work trainees- Ms. Pradeepa, Ms Ragavi Sri, Ms Parimala. conducted an awareness programme on the title – Prevention of Mobile Addiction on 28.02.2023 by 3.00p.m at Town Hall school under the guidance of Dr. G Mettilda Buvaneswari, Head & Assistant professor, Department of Social Work. The session was oriented by Ms. Elakkiaya, Assistant Professor, Department of CA, Cauvery College for Women, Trichy. The main aim of the programme was to help the children realize the causes and effects of Mobile Addiction. About 36 students were benefited by this programme.





Caption: Mrs Ellakiya, Assistant Professor of Computer Application addressing School Students on 28.02.2023

Programme no.20

Name of the Programme: Stop Child Marriages

Collaborators: Department of Social Work and SEVAI-Child Line

Date	14/2/2023
Venue	Umaparameshwari Middle School, Ramji Nagar,
	Trichy
No. of. Staff	1
No. of. Students	2
Beneficiaries	40

Programme Summary:

The Social Work trainees S.K. Vishali & K.Jeeva Jothika of I MSW organized a community outreach programme on the topic STOP CHILD MARRIAGES in Umaparameshwari Middle school, Trichy on 14/02/2023 for school students. The chief guest of the programme was Sr. Arockiya Mary, Children Project Co-ordinator, ASSIST Trust, Manikandam, Trichy. The main aim of the programme was to help them realize the importance of education and how the child line

works for the children. More than 30 students benefited by this programme. The programme was guided by Dr. S. Vidhya, Associate Professor, Department of Social Work.



Invite of the programme



Caption: Sr. Arockiya Mary, Children Project Co-ordinator, ASSIST Trust, Manikandam, Trichy addressing the school students on 14.02,2023

Programme no.21

Name of the Activity: Title: Benefits of Disciplined Life

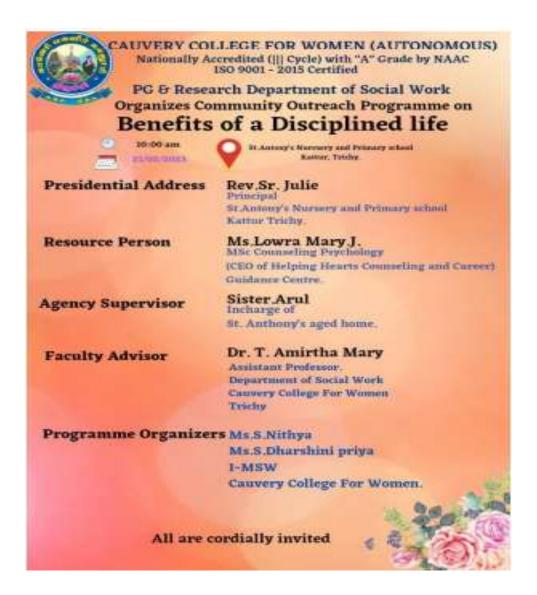
Collaborators: Department of Social Work and St Antony's Home for the Aged

Date	21/2/2023
Venue	St Antony's Nursery Primary School, Kattur
	Trichy
No .of .Staff.	1
No .of. Student Trainee	2
Beneficiaries	100

Programme Summary:

The Social Work trainees Ms. S Dharshini Priya and Ms. S Nithya of I MSW conducted an orientation session on Benefits of a Disciplined Life to school students on 21.02.2023 by 10.00a.m. in St Antony's Nursery & Primary School, Kattur, Trichy under the guidance of Dr T Amirtha

Mary, Assistant Professor, Department of Social Work. The resource person for the session was by Ms Lowra Mary, CEO of Helping Hearts Counselling and Career Guidance Centre. The main aim of the programme was to help the students realize the importance of a disciplined and how it will impact them in their future. About 100 school students took part in this programme.



Invite of the Programme



Caption: Ms Lowra Mary, CEO of Helping Hearts Counselling and Career Guidance Centre Addressing School Students on 21.02.2023

Name of the Activity: Sculpt your Mind – Shape your life Collaborators: Department of Social Work and Puthri

Date	21.02.2023		
Venue	Government	Higher	Secondary
	School, Ayilap	pettai, Tric	hy
No of staff		1	
No of student trainees		2	
Beneficiaries		26	

Programme Summary:

The Social Work trainee Ms.R.Banumathi and Ms.L.Susintha Mary conducted an "Sculpt Your Mind, Shape Your Life" programme to school students on 21.02.2023 by 1.00p.m. in Government Higher Secondary School, Ayilapettai, Trichy. Under the guidance of Ms.S.Hema, Assistant Professor, Department of Social Work. The session was oriented by Mrs.Sheila Chellaiah, Counsellor and Freelancer, Founder of Enough to Excellence. The main aim of the programme

was making them to realize the importance of routine activities of every girl child. About 26 school students benefited by this programme.



Invite of the programme



Caption: Ms Sheila Chellaiah addressing the audience at Government Hr.Sec.School on 21.02.2023

PROGRAMME NO:23

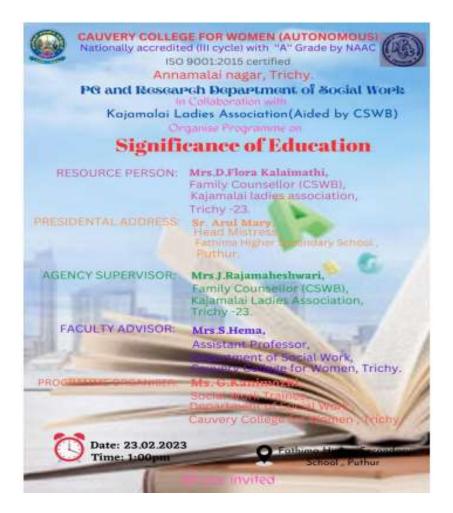
Name of the Programme : Significance of Education

Collaborators: Department of Social Work and Khajamalai Ladies Association

Date	23/02/23
Venue	Fathima Higher Secondary School, Tennur,
	Trichy
No of Staff.	1
No of Student Trainee	1
Beneficiaries	28

Programme Summary:

The social work trainee Ms. G. Kanimozhi an awareness on Significance of education on 23.02.2023 by 12.00 noon in Fathima Higher Secondary School, Tennur, Trichy under the guidance of Ms. S. Hema, Assistant Professor, Department of Social Work. The resource person was oriented by Mrs. Flora Kalaimathi, Family Counsellor, Khajamalai Ladies Association, Trichy. The main aim of the programme was to make them aware on the significance of education and about 28 students benefited by the programme.



Invite of the programme



Caption: Ms D.Flora Kalamathi, Family Cousellor, Khajamalai Ladies Association addressing school Students on 23.02.2023

Name Of the Programme: Awareness on Alcohol Addiction

Collaboration: PG & Research Department of Social Work and SOC SEAD

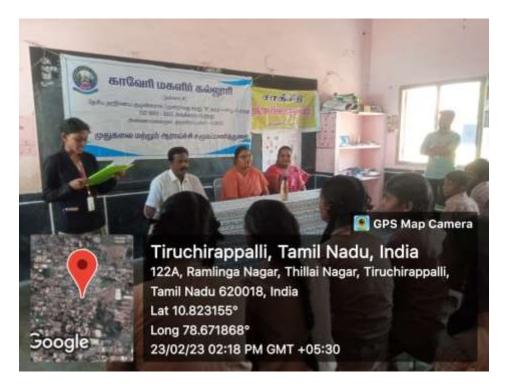
Date	23.2.2022
Venue	Government Middle School,
	Kallanaicken
	Street, Trichy
No of. Staff	1
No of students	1
No of beneficiaries	30

Programme Summary:

The social work trainee Ms. Gayatri conducted an awareness programme on the prevention of Alcohol Addiction on 23.02.2023 from 2p.m. to 3p.m at Kalanaicken Street, Trichy under the guidance of Ms. PL Rani, Assistant Professor, Department of Social Work. The resource person-Sr Jayaseeli Priya, Counsellor, SOC SEAD, Trichy oriented the ill effects of Alcohol and offered techniques of how to stay away from it. About 30 school students benefited by the programme.



Invite of the programme



Caption: Sr. Jayasheeli Priya, Counsellor, SOCSEAD IRCA addressing the school students of R C Middle School on 23.02.2023

Name of the Programme Importance of Family Bonding

Collaborators: Department of Social Work and SOCSEAD

Date	28.02.2023
Venue	Jail Street, Marakadai
No of Staff	1
No of Student trainee	1
Beneficiaries	22

Programme Summary:

The Social Work trainees- Ms. Ruth. conducted an awareness programme on the title – Importance of Family Bonding on 28.02.2023 by 9.30 a.m. at Jail Street, Marakadai under the guidance of Dr. S Vidhya, Assistant Professor, Department of Social Work. The session was oriented by Ms. Yasodhai, Family Counsellor, SOC SEAD. The main aim of this programme was to make

the beneficiaries realize the significance of family relationships and its need for sustainability. About 22 married women benefited by this programme.

PROGRAMME NO:26

Name of the Programme: Prevention of Mobile Addiction

Collaboration: PG & Research Department of Social Work and SOC SEAD

Programme Summary:

The social work trainee Ms. Kowshika & Ms Subhashini conducted an awareness programme on the prevention of Mobile Addiction on 28.02.2023 from 3p.m at Government Middle School, Devi Street, Srirangam, Trichy under the guidance of Dr O Aisha Manju, Assistant Professor, Department of Social Work. The resource person - Mr Gunasekaran, Psychologist, Sigaram Drug Awareness & Counselling Rescuing, Trichy oriented on the ill effects of Mobile addiction and offered techniques of how to stay away from it. About 50 school students benefited by the programme.

Date	28.2.2023
Venue	Government Middle School, Devi Street, Srirangam, Trichy
No of. Staff	1
No of students	2
No of beneficiaries	50



Invite of the programme



Caption: Mr Gunasekaran, Psychologist, Sigaram Drug Awareness & Counselling Rescuing, Trichy addressing school students on 28.02.2023

Name of the Programme: Legal Rights of Transgender People

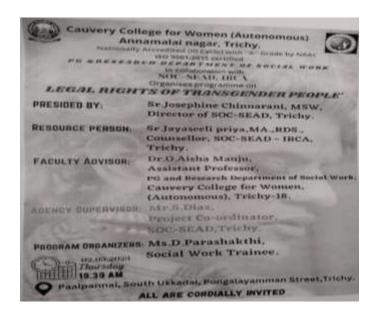
Collaborators: Department of Social Work and SOC SEAD, IRCA, Trichy

Date	2.03.2023
Venue	Pal Pannai Sothukadai,
	Pongalayamman Street, Trichy
No of Staff	1
No of Student trainee	1

Programme Summary:

The Social Work trainees- Ms.Parasakthi conducted an awareness programme on the title – Legal rights of Transgender people on 02.03.2023 by 10.30 a.m at Pal Pannai Sothukadai, Pongalayamman Street, Trichy under the guidance of Dr.O.Aisha Manju, Assistant professor, Department of Social Work. The session was oriented by Sr Jayaseeli Priya, Counsellor, SOC SEAD-IRCA, Trichy. About 27 transgender people benefited by this programme.

Invite of the programme





Caption: Sr. Jayasheeli Priya, Counsellor, SOC SEAD along with participants & Social Work Trainee on 28.02.2023

Name of the Programme: Awareness programme on Cerebral Palsy

Collaborators: Department of Social Work and Spastics Society of Tiruchirappalli

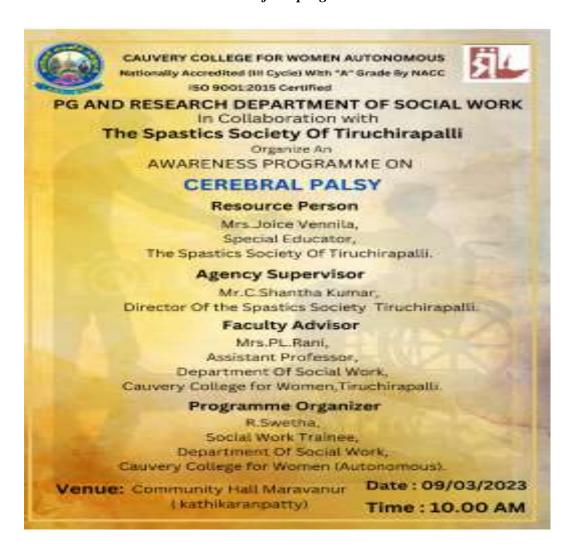
Date	9/3/2023
Venue	Maravanur
No of Staff	1
No of Student trainee	1
Beneficiaries	65

Programme Summary

The Social Work trainee Ms. Swetha conducted an awareness on Cerebral palsy programme among Maravanur community people on 09/03/2023 by 10.30 am under the guidance of Mrs .PL.Rani, Assistant Professor, Department of Social Work. The session was oriented by Mrs Joyce

Vennila, Special Educator, The Spastics Society of Trichy. The main aim of the programme was to help them know about Cerebral Palsy. About 65 Community people took part in the programme.

Invite of the programme





Caption :Ms Joyice Vennila ,Special Educator from the Spastic Society of Thiruchirappalli addressing the audience on 09.03.2023