

DEPARTMENT OF FOOD SERVICE MANAGEMENT AND DIETETICS

DIET COUNSELLING CELL ACTIVITY 2023-2024

S.NO	DATE	ACTIVITY	RESOURCE PERSON
1.	11.08.2023	Faculty Development Programme on “Diabetes Screening Camp for Teaching and Non-Teaching Faculty”	<p>Staff In charge: Mr.P.Senthilkumar, Biochemistry Technician & Ms.A. Nashrath Thara, Dietitian, Dr.Mohan's Diabetes Centre, Trichy. Students, Department of Food Service Management and Dietetics Cauvery College for Women (Autonomous), Trichy -18</p> <p>Beneficiaries: 106-Teaching and Non-Teaching Faculty, Cauvery College for Women, (Autonomous), Trichy-18</p>
2.	14.08.2023	Capacity Building Programme on “Clean and Safe Ventures: Empowering Entrepreneurs Through Hygiene and Sanitation”	<p>Staff In charge: Ms. T.R. Revathi, Assistant Professor, Department of Food Service Management and Dietetics, Cauvery College for Women, (Autonomous), Trichy-18.</p> <p>Beneficiaries: 40 – students Dept of Commerce, IT and Social work</p>
3.	05.09.2023	Nutritional Awareness Programme on “Dietary Choices to reduce risk for School going Children” To commemorate National Nutrition Week (September 1-7, 2023)	<p>Staff In charge: Ms.C.Nivetha, Assistant Professor, Department of Food Service Management and Dietetics, Cauvery College for Women, (Autonomous), Trichy.</p> <p>Beneficiaries: 60 –School Students Panchayat Union Middle School, Musiri</p>

4.	25.11.2023	Diet Counselling on Diabetes mellitus To Commemorate World Diabetes Day (November 14)	Staff In charge: Ms. N.Ganga Devi, Assistant Professor, Department of Food Service Management and Dietetics, Cauvery College for Women, (Autonomous), Trichy . Beneficiaries: 15 -Individuals Suffering from Diabetes Mellitus.
5.	26.02.2024	Awareness Programme On “ Nutrition Education For School Going Children”, Panchayat Union Primary School, Ayyampalayam	Staff In charge: Ms.C.Nivetha, Assistant Professor, Department of Food Service Management and Dietetics, Cauvery College for Women, (Autonomous), Trichy. Beneficiaries: 30 students, Panchayat Union Primary School, Ayyampalayam
6.	31.10.2023	Awareness Programme on “Importance of Breakfast during menstruation” Government Higher Secondary School, Melagram, Tenkasi	B.Charumathi II MSc., FSM&D Student Beneficiaries: 40 students, Government Higher Secondary School, Melagram,Tenkasi
7.	01.12.2023	Awareness Programme on “Nutritional care for Hypothyroidism	Gayathiri.G II MSc., FSM&D Student Beneficiaries: 50-Patients, Sivasakthi Nursing Home, Thillai Nagar Trichy
8	17.01.2024	Awareness Programme on “Exclusive Breast –For brightest tomorrow, choose exclusive breast feeding today” Lactating Mothers Mannambadi, Cuddalore(Dt) Tamil Nadu	T. Dhivya II MSc., FSM&D Student Beneficiaries: 50-Patients, Sivasakthi Nursing Home, Thillai Nagar Trichy

ANNEXURE

ACTIVITY - 1

Diabetes Screening Camp for Teaching and Non-Teaching Faculty organized by IQAC & Department of Food Service Management and Dietetics –Diet Counselling Cell, Cauvery College for Women (Autonomous), Trichy -18 and Dr. Mohan's Diabetes Centre, Trichy.

INVITATION

CAUVERY COLLEGE FOR WOMEN
(AUTONOMOUS)
ANNAMALAINAGAR,
TIRUCHIRAPALLI-620018
NATIONALLY ACCREDITED (III CYCLE) WITH "A" GRADE BY NAAC
ISO 9001:2015 CERTIFIED

INTERNAL QUALITY ASSURANCE CELL (IQAC),
DEPARTMENT
OF
FOOD SERVICE MANAGEMENT AND DIETETICS
&
Diet Counselling Cell
In association with
Dr. Mohan's
Diabetes Specialities Centre
Jointly organizes
Faculty Development Programme
on
DIABETES SCREENING CAMP
For Teaching and Non Teaching Faculty

Avail the following health benefits
Random Blood Sugar
Blood Pressure
Diet Counselling

Date : 11.08.2023
Time : 10.00am to 1.00pm
Venue: Auditorium Backside
All are cordially invited

DATE:- 11.08.2023

ACTIVITY:- I - Faculty Development Programme

TOPIC:- Diabetes Screening Camp (For teaching and non teaching faculty)

Time:- 10am - 1pm

VENUE:- Auditorium

ORGANISED BY:- IQAC (CCW)
Diet Counselling Cell
in association with
Dr. Mohan's Diabetes Specialities Centre

BENEFICIARIES:- Teaching Staffs - 58
Non-Teaching staffs - 48
Total. - 106

SIGNATURE OF STAFF INCHARGE:-

Revathi
Ms. T. R. REVATHI
ASST. Prof
Dept. of F&M&D
CCW (A) Trichy.

SIGNATURE:-

A. Nashrath Thara
A. NASHRATH THARA
P. Senthil Kumar
P. SENTHIL KUMAR

IQAC COORDINATOR

Dr. V. Senthil Janita
DR. V. SINTHU JANITA



PHOTO





Tiruchirappalli, Tamil Nadu, India
cauvery College for Women Autonomous Trichy-18
Lat 10.831574°
Long 78.68082°
11/08/23 12:22 PM GMT +05:30

Lat 10.831574°
Long 78.68082°
11/08/23 11:41 AM GMT +05:30

GPS Map Camera



Tiruchirappalli, Tamil Nadu, India
cauvery College for Women Autonomous Trichy-18
Lat 10.831574°
Long 78.68082°
11/08/23 12:11 PM GMT +05:30

GPS Map Camera



REPORT

**CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS), TRICHY
DEPARTMENT OF FOOD SERVICE MANAGEMENT AND DIETETICS
DIET COUNSELLING CELL ACTIVITY REPORT**

Name of the Activity	: Faculty Development Program – Diabetes screening camp.
Collaboration	: Internal Quality Assurance Cell (IQAC) and Department of Food Service Management and Dietetics and Diet Counselling Cell Dr. Mohan, Diabetes Specialties Centre, Trichy-18
Date & Time	: 11 August 2023, 10:00 AM to 01:00 PM
No. of Participants	: 106 Teaching and Non Teaching faculty
Venue	: Auditorium backside
The outcome of the Event	:

Internal Quality Assurance Cell (IQAC), Department of Food Service Management and Dietetics - Diet Counselling Cell in association with Dr. Mohan, Diabetes Specialties Centre conducted a faculty development program on Diabetic Screening Camp at the backside of the auditorium from 10:00 am to 01:00 pm.

The Free Diabetes Screening and Awareness Session, organized by our department aimed to educate and support our staff members. Around 106 Participants, received complimentary diabetes screenings and valuable insights into the disease's risks. Expert presentations covered prevention strategies and personalized diabetes diet counselling. The event fostered a sense of health awareness and encouraged proactive well-being practices.

[Signature]
HEAD
DEPARTMENT OF FOOD SERVICE
MANAGEMENT AND DIETETICS
CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS)
TRICHY - 620 018



[Signature]
Principal
Cauvery College For Women
(Autonomous)
Annamalai Nagar,
Tiruchirappalli - 620 018.
Tamilnadu.

Faculty Development Programme on Diabetes Screening Camp for Teaching and Non-Teaching Faculty which was organized by IQAC & Department of Food Service Management and Dietetics –Diet Counselling Cell, Cauvery College for Women (Autonomous), Trichy -18 and Dr. Mohan's Diabetes Centre, Trichy 11.08.2023. Around 106, Teaching and Non-Teaching Faculties have been benefited by screening the random screening blood test and Diet counselling was given by MSc., FSM&D students, aimed to achieve the do's and don'ts of dietary choices to live a healthy life style without any life threatening disease and disorders.

ACTIVITY - 2

Institution's Innovation Council and Ideation Club and Department of Food Service Management and Dietetics –Diet Counselling Cell Organized A Capacity Building Programme On “Clean and Safe Ventures: Empowering Entrepreneurs Through Hygiene and Sanitation”.

INVITATION

**Cauvery College For Women
(Autonomous)**
Nationally Accredited With 'A' Grade by NAAC
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Annamalai nagar, Tiruchirapalli-18

**INSTITUTION'S INNOVATION COUNCIL
And IDEATION CLUB**

Jointly with

**FOOD SERVICE MANAGEMENT AND DIETETICS
DIET COUNSELLING CELL**

Organizes

**Capacity Building Program
On
Clean And Safe Ventures:
Empowering Entrepreneurs
Through Hygiene And
Sanitation**

Resource person :
Ms.T.R.REVATHI
Assistant Professor ,
Department Of Food Service Management
And Dietetics
Cauvery College For Women (Autonomous)
Annamalai nagar, Trichy-18

 14-08-2023
 10.00Am - 12.00Pm
 Boot Strap Cauvery

 cauvery_iic  iic_for

PHOTOS



REPORT

A Capacity Building Programme On “Clean and Safe Ventures: Empowering Entrepreneurs Through Hygiene And Sanitation” has been organized by Institution Innovation Council and Ideation Club jointly with Department of Food Service Management and Dietetics –Diet Counselling cell. The young budding entrepreneur gained knowledge on hygiene and sanitation which has to be followed by them during their product development and other food related entrepreneurial activity, to avoid the food borne illness and to develop as a better business women.

ACTIVITY -3

Nutritional Awareness Programme on “Dietary Choices to reduce risk of malnutrition for School going Children” to celebrate National Nutrition Week - 2023

INVITATION



CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS)

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ISO 9001:2015 Certified

Annamalai Nagar, Trichy

**DEPARTMENT OF FOOD
SERVICE MANAGEMENT
AND DIETETICS
&
DIET COUNSELING CELL**



Nutritional Awareness Programme

on "Dietary choices to reduce risk of malnutrition for School going children" To Celebrate
National Nutrition Week-2023
(Sep 1st - 7th) week

RESOURCE PERSON:

MS.C.Nivetha,
Assistant Professor,
Department of Food Service Management and Dietetics,
Cauvery College for Women (Autonomous), Trichy -18

Date: 5.9.2023

Time: 10.00 AM - 1.00 PM

Venue: Panchayat Union Middle School, Musiri

Beneficiaries: School Going Children

DATE : 05.09.2023

ACTIVITY : III - To commemorate National Nutrition week - 2023

TOPIC : Dietary choices to reduce risk of malnutrition for school going children.

TIME : 10.00 AM to 12.00 PM

VENUE : Panchayat Union Middle School, Musiri

ORGANISED BY :

BENEFICIARIES : School Going children

NO OF BENEFICIARIES 60.

RESOURCE PERSON : C. NIVETHA
Assistant Professor,
Department of FSN&D,
Cauvery College for women (Autonomous),
Tirichy.

SIGNATURE

: C. Nivetha
05/09/2023.

23
5/9/2023
சென்னை மாநகராட்சி
மாண்புமிகு உணவு மற்றும்
பொருள் நுகர்வுத் துறை
440-021 21

PHOTOS



REPORT

**CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS) - TRICHY
DEPARTMENT OF FOOD SERVICE MANAGEMENT AND DIETETICS
DIET COUNSELING CELL ACTIVITY REPORT**

Name of the activity : Dietary Choices to reduce the risk of malnutrition among school going children to Celebrate National Nutrition Week (September 1st -7th 2023)

Date & Time : 05.09.2023 & 10.00 am to 12.00 pm

No. of participants : 60 School going Students

Venue : Panchayat Union Middle school, Musiri

Resource Person :Ms. C. Nivetha.,M.Sc.,
Assistant Professor,
Department of FSMD,
Cauvery College for Women,
Trichy – 18.

Outcome of the Event:

Department of Food Service Management and Dietetics organized an Diet Counselling Cell activity to commemorate National Nutrition Week (Sep 1 to 7), Nutrition Awareness Programme on Dietary Choices to reduce the risk of malnutrition among school going children. In this event, Awareness given about malnutrition, complications, it's prevention and also about common nutritional problems of school going children. All the students were participated with fully enthusiasm, interested and all interacted about nutrition.

Handwritten signature and date: 05/09/2023

HEAD
DEPARTMENT OF FOOD SERVICE
MANAGEMENT AND DIETETICS
CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS)
TRICHY - 620 018

To prevent malnutrition among school goers, Nutrition Awareness Program was organized on 05.09.2023 by Department of Food Service Management and Dietetics & Diet Counselling Cell to commemorate National Nutrition Week celebration. There were 60 school going children enthusiastically participated. They were given an in depth knowledge on nutrition and its importance to overcome the malnutrition.

ACTIVITY - 4

DIET COUNSELING ON DIABETES MELLITUS TO COMMEMORATE WORLD DIABETES DAY (NOVEMBER 14) ANANDALAKSHMI DIABETES CENTER, ANNA NAGAR INVITATION



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TIRUCHIRAPPALLI- 620018

**DEPARTMENT OF FOOD SERVICE
MANAGEMENT AND DIETETICS**

&

DIET COUNSELLING CELL

organizes

DIET COUNSELLING ON

Diabetes mellitus

"Small diet changes, big
diabetes results."

RESOURCE PERSON

Ms. N. Ganga Devi

Assistant professor,
Department of Food Service
Management and Dietetics,
Cauvery College for Women (Autonomous),
Tiruchirappalli,
Tamil Nadu, India.



25/11/2023

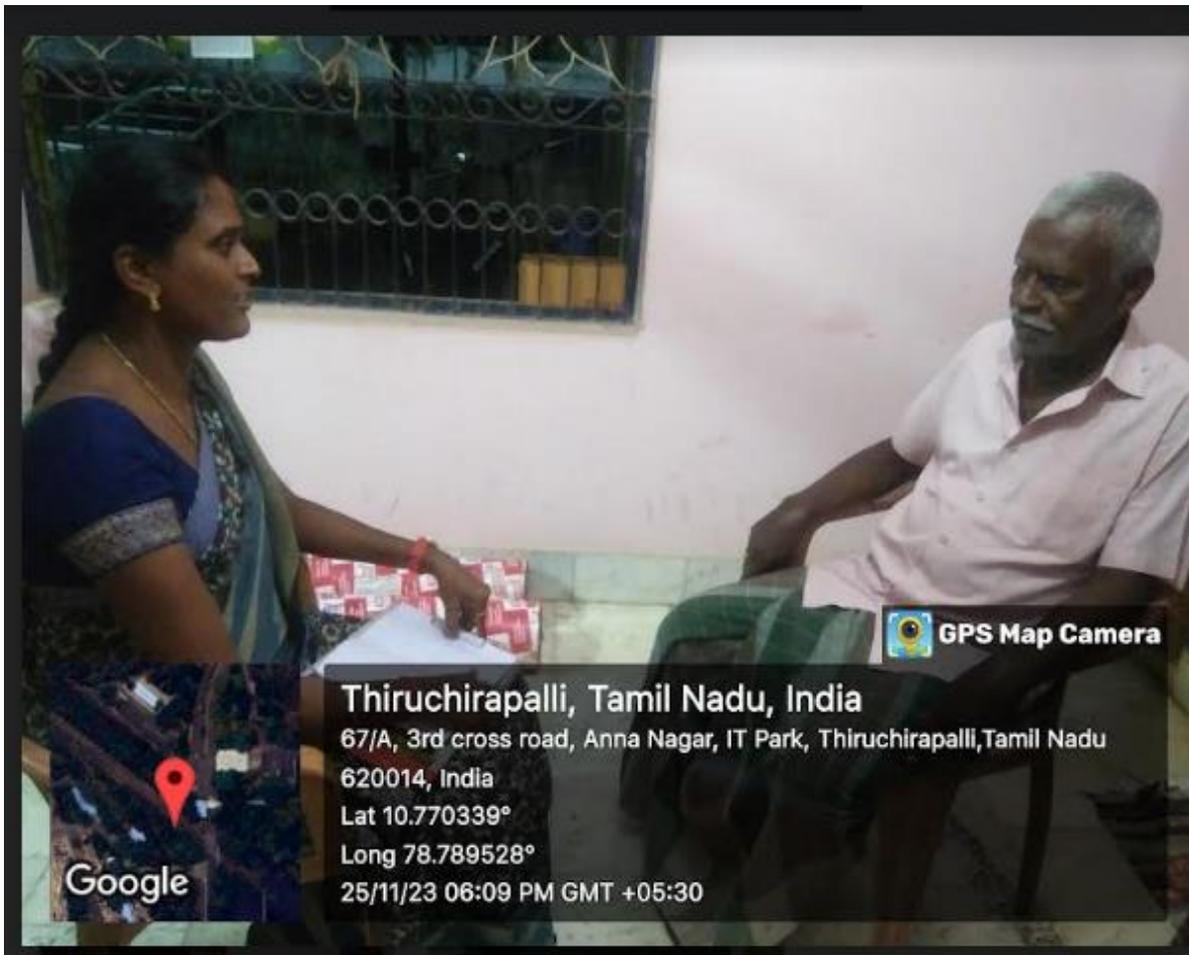
Anandalakshmi Diabetes
center, Anna Nagar, Trichy.



Time

4:00 - 6:00pm

PHOTOS



REPORT

CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS) - TRICHY
DEPARTMENT OF FOOD SERVICE MANAGEMENT AND DIETETICS

DIET COUNSELLING CELL REPORT

Name of the Activity: Diet Counselling on Diabetes Mellitus
Topic: "Smart Diet Changes, Big Diabetes Results" to Commemorate World Diabetes Day"

Date & Time: 25.11.2023

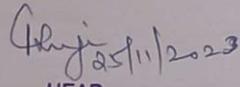
Venue: Anandalakshmi Diabetes Centre, Anna Nagar, Trichy.

No. of Beneficiaries: 15 Participants

Outcome of the Event:

The Department of Food Service Management and Dietetics and Diet Counselling Cell organized Diet Counseling on Diabetes Mellitus titled "Smart Diet Changes, Big Diabetes Results" to commemorate World Diabetes Day (14th November, 2023) on 25.11.2023 at Anandalakshmi Diabetes Centre, Anna Nagar Trichy.

The focus of the session was on the impact of minor dietary adjustments on managing diabetes. The collaboration with Anandalakshmi Diabetes Centre ensured a wealth of expertise and resources for the participants. The program included informative sessions on the importance of dietary choices in diabetes management, practical tips for making small yet impactful changes to daily meals, and interactive discussions to address individual concerns and queries. Attendees gained valuable insights into crafting a diabetes-friendly diet that aligns with their preferences and lifestyle.


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CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS)
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(Autonomous)
Annamalāi Nagar,
Tiruchirappallī - 620 018.
Tamilnadu.

The Diet Counselling Cell of the Department of Food Service Management and Dietetics, had organized Diet counseling on Diabetes mellitus to commemorate world diabetes day (november 14),at Anandalakshmi Diabetes Center, Anna Nagar, the interactive and informative diet counselling was given to 15 patients, they also ensured to follow the dietary guidelines to overcome the diabetes with diabetes friendly diets.

ACTIVITY – 5

Awareness Programme on “ Nutrition Education for School Going Children, Panchayat Union
Primary School, Ayyampalayam

INVITATION



CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS), TRICHY - 18
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DEPARTMENT OF FOOD SERVICE MANAGEMENT AND
DIETETICS
&
DIET COUNSELLING CELL

ORGANISES

AWARENESS PROGRAMME
ON

NUTRITION EDUCATION FOR SCHOOL GOING CHILDREN

DATE: 26.02.2024

VENUE:

**Panchayat Union
Elementary
School,
Ayyampalayam**

RESOURCE PERSON

**Ms. C. Nivetha,
Asst. Prof,
Dept of FSM&D**

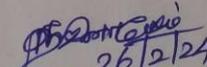
DATE : 26.02.2024

ACTIVITY :

TITLE : Nutrition Education for
BENEFICIARIES : School going children.

VENUE : Panchayat Union Primary School,
Ayyampalayam.

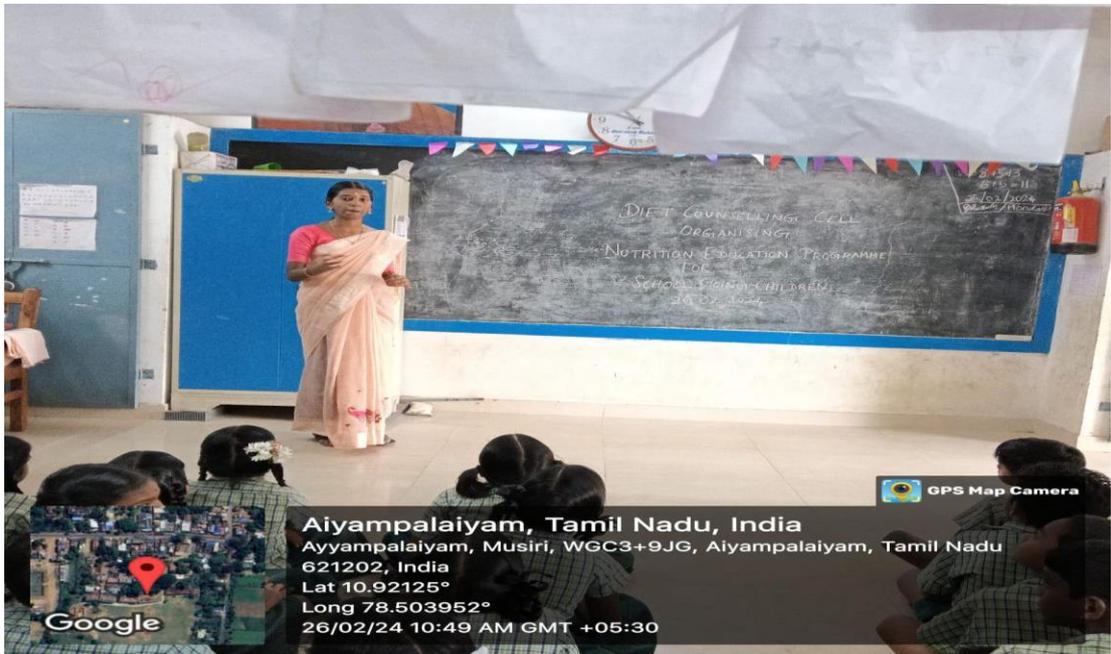
SIGNATURE :


26/2/24.
தலைமை ஆசிரியர்
ஊ.ஒ.தொ.பள்ளி
அய்யம்பாளையம்-621202
முசிறி (Tk), திருச்சி (Dt)

ந. ரஜ்ஜா மேலம்.

ஊராட்சி ஒன்றியத் தலைமைகள்
அய்யம்பாளையம் - 621202
முசிறி (Tk), திருச்சி (Dt)

PHOTOS



Google

Aiyampalaiyam, Tamil Nadu, India
Aiyampalaiyam, Musiri, WGC3+9JG, Aiyampalaiyam, Tamil Nadu
621202, India
Lat 10.92125°
Long 78.503952°
26/02/24 10:49 AM GMT +05:30

GPS Map Camera

REPORT

CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS) - TRICHY
DEPARTMENT OF FOOD SERVICE MANAGEMENT AND DIETETICS
DIET COUNSELLING CELL ACTIVITY REPORT

Name of the activity : Awareness Programme on "Nutrition Education for School Going Children"
Date & Time : 26.02.2024
No. of participants : 30 School Going Children
Venue : Panchayat Union Primary School, Ayyampalayam.
Resource Person : Ms. C. Nivetha,
Assistant Professor,
Department of Food Service Management and Dietetics

Outcome of the Event:

The "Nutrition Education for School-Going Children" awareness program was designed to educate students about the importance of nutrition for their overall health and well-being. The program included sessions on the food pyramid, understanding food labels, and the importance of fruits, vegetables, and whole grains in a balanced diet. It also highlighted the adverse effects of malnutrition and the benefits of consuming nutrient-rich foods. Overall, the "Nutrition Education for School-Going Children" program successfully raised awareness about nutrition among students, empowering them to make healthier food choices and adopt a balanced diet for better health and well-being.

Chyji
26/02/2024

HEAD
DEPARTMENT OF FOOD SERVICE
MANAGEMENT AND DIETETICS
CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS)
TRICHY - 620 018

V. Vijayar
Principal
Cauvery College For Women
(Autonomous)
Annamalai Nagar,
Tiruchirappalli - 620 018.
Tamilnadu.



Awareness programme on Nutrition education for school going children on 26.02.2024, was organized by the Department of Food Service Management and Dietetics and Diet Counselling Cell, at Panchayat Union School, Ayyampalayam. the intention of programme was to give insight knowledge of nutrition and its importance in growing school going children health and well being.this program was benefitted by 30 students who empowered with the healthy food choices.

ACTIVITY - 6

AWARENESS programme on Importance of Breakfast During Menstrual Cycle Among Adolescent Girls (10-19 Years)

INVITATION



CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS)

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TIRUCHIRAPALLI-620018

DEPARTMENT OF FOOD SERVICE MANAGEMENT AND DIETETICS

&

DIET COUNSELLING CELL

AWARENESS PROGRAM

IMPORTANCE OF BREAKFAST DURING MENSTRUAL CYCLE AMONG ADOLESCENT GIRLS (10-19 YEARS)

"Great things are done by a series of small things brought together"

RESOURCE PERSON

B. CHARUMATHI

II - M.Sc Food Service Management and Dietetics
Cauvery College for Women(Autonomous)
Tiruchirappalli - 18
Tamil Nadu, India

UNDER THE GUIDANCE OF

T.R. REVATHI M.Sc., NET

Assistant Professor,
Department of Food Service Management and Dietetics
Cauvery College for Women(Autonomous)
Tiruchirappalli - 18
Tamil Nadu , India



31/10/2023

Venue : Government Higher Secondary School,
Melagam, Tenkasi(District)



Time
2 : 00 PM - 4 : 00 PM

PHOTOS





REPORT

CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS), TRICHY
DEPARTMENT OF FOOD SERVICE MANAGEMENT AND DIETETICS
AWARENESS PROGRAM REPORT

Name of the Activity : Awareness Program
Topic: Importance of Breakfast During Menstrual Cycle Among Adolescent Girls (10-19 Years)

Date & Time : 31 October 2023, 02:00 PM to 04:00 PM

No. of Participants : 40

Venue : Government Higher Secondary School, Melagarm, Tenkasi(District)

Resource Person : B. CHARUMATHI
II YEAR M.Sc.,
Department of Food Service Management and Dietetics
Cauvery College for Women(Autonomous)
Tiruchirappalli - 18

Outcome of the event :

B. Charumathi, the student of II M.Sc Food Service Management and Dietetics conducted an awareness program titled "Importance of Breakfast during Menstrual Cycle among Adolescent Girls (10-19 Years)" on 31 October 2023, at Government Higher Secondary School, Melagarm, Tenkasi (District).

The student addressed the audience for the program on the [Impact of the skipping breakfast during the menstrual cycle among adolescent girls (10-19 years)].

This gathering proved to be informative and enlightening, providing attendees with a deeper understanding of the implications associated with skipping breakfast during the menstrual cycle among adolescent girls. The event's success was evident in the active engagement and discussions among participants, aligning with the broader objective of fostering health awareness and well-being within the community.

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As a part of students extension activity, Awareness programme on Importance of Breakfast has been implemented with Adolescent girls during their mensuration cycle.

ACTIVITY – 7

**AWARENESS PROGRAMME ON NUTRITIONAL CARE FOR
HYPOTHYROIDISM**

INVITATION



**CAUVERY COLLEGE FOR WOMEN
(AUTONOMOUS)**

NATIONALLY ACCREDITED (III CYCLE) WITH "A" GRADE BY NAAC
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DEPARTMENT OF FOOD SERVICE MANAGEMENT AND DIETETICS
&
DIET COUNSELING CELL

AWARENESS PROGRAMME

**"NUTRITIONAL CARE
FOR HYPOTHYROIDISM "**

**"Eating well living well: Learn
about the right foods to support
women's health and manage
hypothyroidism effectively"**

By:
G.Gayathiri
II- M.sc Food Service Management &
Dietetics
Cauvery College for Women (Autonomous)
Tiruchirappalli
Trichy -18

Under the Guidance of :
Ms.S.Fathima ,M .Sc.,NET
Assistant Professor
Cauvery College for Women
(Autonomous)
Trichy-18

01 DEC. 2023

Sivasakthi nursing home
Thillainagar

3.00 PM

PHOTOS

Nutrition education through power point presentation & pamphlet



ACTIVITY - 8

TO BRIGHTEST TOMORROW CHOOSE BREASTFEEDING TODAY INVITATION



CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS)

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TIRUCHIRAPALLI- 620018

DEPARTMENT OF FOOD SERVICE MANAGEMENT AND DIETETICS
&
DIET COUNSELLING CELL



EXCLUSIVE BREASTFEEDING

**'For brightest tomorrow, choose
exclusive breastfeeding today'**

By
T. Dhivya
B. M.Sc Food Service Management and
Dietetics
Cauvery College For Women(Autonomous)
Tiruchirappalli
Tamil Nadu, India

Under the guidance of
Ms.R. Arthy, M.Sc
Assistant Professor
Department of Food Service Management and
Dietetics



17/01/2024



Mannambadi, Cuddalore (DC)
Tamil Nadu 606302



3 pm- 5 pm

PHOTOS



CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS), TRICHY DEPARTMENT OF FOOD SERVICE MANAGEMENT AND DIETETICS HOSPITALITY CLUB ACTIVITY REPORT

Name of the Activity : Awareness program
Topic: Exclusive Breastfeeding "For brightest tomorrow choose exclusive breastfeeding today"

Date & Time : 17/01/2024, 03:00 PM to 05:00 PM

No. of Participants : 50

Venue : Mannambadi, Cuddalore Dt, Tamil Nadu

Done By : T. Dhivya
II- M. Sc Food Service Management and Dietetics
Cauvery College for Women (Autonomous)
Trichy – 18

Outcome of the event :

The featured speaker for the event was T. Dhivya II-M. Sc student from the Department of Food Service Management and Dietetics at Cauvery College for Women (Autonomous). I assessed weight and height of the samples in their own places. I prepared the interview schedule. That include. Anthropometric assessment, Knowledge and Dietary assessment. I collected the data from breastfeeding women, analyzed their nutritional status, and provided awareness creation on exclusive breastfeeding through PowerPoint presentations among lactation women

T. Dhivya

[Signature]

V. [Signature]