

NATIONAL SERVICE SCHEME

2022 – 2023

ANNUAL REPORT

S. No	Title of the Programme	Date	Venue	Resource Person	No. of Beneficiaries
1.	National Integration Camp	18.05.2022-24.05.2022.	Bharathidasan University, Trichy	Dr.C.Samuel Chellaiah, NSS Regional Director, Regional Directorate of Tamilnadu, Chennai. Dr.M.Senthilkumar, State NSS Officer, Tamilnadu State NSS Cell, Chennai	NSS Programme Officer Dr. M. Neela & NSS Volunteer Ms.T.Arthi.
2.	Yoga Training Programme	17.06.2022-19.06.2022	Cauvery College For Women(Autonomous), Trichy	Ms. Durga Manikandan, Tapas Yoga Studio, Trichy	250
3.	National Water Mission Campaign - Catch The Rain	20.06.2022	Malliampathu, Nachikuruchi And Maruthandakuruchi Village	Mr.U.Vigneshwaran, Village President, Malliampathu Village.	33
4.	International Yoga Day	21.06.2022	Cauvery College for Women(Autonomous), Trichy	Ms. Durga Manikandan, Tapas Yoga Studio, Trichy	250
5.	International Yoga Day	21.06.2022	Bharathidasan University, Khajamalai Campus	Dr. M. Selvam, Vice Chancellor, Dr. L. Ganesan, Registrar, Dr. S. Srinivasa Raghavan Controller Of Examinations, Bharathidasan University.	80
6.	Dheeksharambh-Student Induction Programme	14.07.2022	Cauvery College For Women(Autonomous),Trichy	Dr.M.Neela, NSS Programme Officer,	250

				Cauvery College For Women(Autonomous), Trichy	
7.	State Level Adventure Camp	13.07.2022-16.07.2022	Don Bosco Retreat Centre, Yercaud, Salem.	-	NSS Volunteer S.Harini
8.	NSS Orientation & Inauguration Of 75 Programmes (Azadi Ka Amrit Mahotsav)	26.07.2022	Cauvery College For Women(Autonomous), Trichy	Dr.A.Lakshmi Prabha, NSS Coordinator, Bharathidasan University	250
9.	Food Safety Signing Campaign	26.07.2022	Cauvery College For Women(Autonomous), Trichy	-	50
10.	Importance of Organic Food	27.07.2022	Andhanallur Block	Block Development Officers, Andhanallur Block	15
11.	Sensitizing the Community	27.07.2022	Malliampathu Village	Mr.U.Vigneshwaran, Village President, Malliampathu Village.	15
12.	Awareness Visits-Icds Centre	28.07.2022	Malliampathu Village	Mr.U.Vigneshwaran, Village President, Malliampathu Village.	17
13.	Eat Right Walkathon	06.08.2022	Collectors Office,Trichy		31
14.	Eat Right Mela Exhibition	07.08.2022	Bishop Heber College Ground, Trichy		24
15.	Techno Enlighten	08.08.2022-18.08.2022	Primary School, Seerathoppu Village.	K.Marathanayagam, Block Educational Officer, Andhanallur Block	63
16.	Prevention of Cancer	08.08.2022	Keezhapannai Village	Dr.Thilagavathi, Oncologist,	21
17.	Skill Training For Women (Silk	09.08.2022	Pidarampatti colony, Kunnathur panchayat.	-	15

	Thread Bangle Making)				
18.	Blood Donation Camp	10.08.2022		Dr.S.Srinivasaragavan, Controller of Examination Dr.S.Sekar, Syndicate Member of Bharathidasan University, Trichy.	
19.	Flag Stitching	10.08.2022	EDC, Student Incubation Center, Cauvery College for Women (Autonomous), Trichy.	Mrs.P.Valarmathi , Trained Tailor.	25
20.	Exhibition on Life History of Mahatma Gandhi and Khadi Day Celebrations.	11.08.2022.	Cauvery College For Women(Autonomous),Trichy	Prof. G.Palanithurai, Gandhigram University.	250
21.	Nutrition Intervention for the Prevention of Anemia among Adolescents Girls	11.08.2022.	Government Model Higher Secondary School, Ayyampalayam.	-	55
22.	Competitions Related to Indian National Flag	11.08.2022 to 13.08.2022	Manickapuram Primary School,Samayapuram, Trichy.	-	15
23.	Azadi Ka Amrit Mahotsav Classroom Activities	11.08.2022-13.08.2022	Cauvery College for Women(Autonomous), Trichy	-	Whole College Students
24.	National Flag Distribution	12.08.2022	Kulumani Village	Dr.M.Neela,NSS Programme Officer	50

25.	"Bioenzyme" solid waste management	12.08.2022	Serathopu and Kulumani		20
26.	Flag Distribution to School Children	12.08.2022	Seerathoppu & Mekkudi		50
27.	Creating Awareness about Freedom Fighters among School Children	12.08.2022	Seerathoppu & Mekkudi		50
28.	Blood Grouping for School	12.08.2022	Seerathoppu – Panchayat Union Primary School	-	17
29.	Health and Hygiene	12.08.2022	Government School, Seerathoppu, Trichy		35
30.	Nutrition Games	12.08.2022	Government School, Seerathoppu, Trichy		24
31.	“Lead A Healthy Life- Nutritional Awareness Programme”	12.08.2022	Kuzhumani – Panchayat Union Primary School		17
32.	Importance of Tricolour Nutritious Foods	12.08.2022	Government School, Seerathoppu, Trichy	-	25
33.	75 th year of Indian Independence – Competition Related to Indian National Flag	13.8.2022	Rehabilitation Centre for Blind Women at Mannarpuram		25
34.	Independence Day Quiz	14.08.2022	Online Quiz	-	94
35.	Blood Donation Awareness Quiz	14.08.2022	Online Quiz	-	66

36.	Cherishing Senior Citizen at Old Age Home	16.08.2022	Dr.Sitrambalama msavalli old age home.	-	51
37.	Skill Training Programme	17.08.2022	Annai Lea Hr.Sec.School,Sevapur	-	20
38.	Drawing Competition on “Gender Equality”	18.08.2022	Seshaya Iyengar School,Woraiyur	-	14
39.	Extension Activity on Digital Literacy for Little Ones	22.08.2022 to 26.08.2022	Panchayat Primary School School, Kambarasampettai	-	50
40.	Commemoration of International Ozone Day	16.09.2022	Government Middle School, Seerathooppu, Trichy,	K.Maruthanayagam, Block Educational Officer, Andhanallur Block.	20
41.	Commemoration Of Social Justice Day	16.09.2022	Cauvery College for Women(Autonomous), Trichy	Dr.V.Sujatha, Principal, Cauvery College for Women(Autonomous), Trichy.	250
42.	Commemoration of World Ozone Day	16.09.2022	Cauvery College for Women (Autonomous), Trichy	Dr. Merlin Packiyam., Associate Professor and Head, Department of Computer Applications. Dr. M. Neela, NSS Programme Officer, Associate Professor, Department of Business Administration Cauvery College for Women.	25
43.	Swachhata Rally	17.9.2022	Town Hall to Teppakulam Ward Office	Tiruchirappalli Corporation.	50
44.	Youth Awakening Day	15.10.2022	Cauvery College for Women	N.Sathammai Priya, NSS Programme officer and Dr.M.Shanthi, Assistant Professor, Department of English	21

45.	Youth Awakening Day	15.10.2022	Cauvery College for Women	Dr.M. Sathya Kumar, Advocate, Supreme Court/ High Court, Chennai	3000
46.	Diwali Safety Awareness	20.10.2022	Joseph Eye Hospital Trichy	Ms Ambika, District Fire Officer	103
47.	Adventure Camp 2022	6.11.2022 – 15.11.2022	National Adventure Camp, Manali, Himachal Pradesh.		C Vishalini, II B.Com CA
48.	South Zone Pre-Republic Day Parade Camp 2022	9.11.2022 – 18.11.2022	Swamy Saswathikananda College, Poothotta, Ernakulam	-	Ms J Yugapriya, II BCom (Computer Applications),
49.	National Youth Parliament	25.11.2022	Cauvery Hall, Cauvery College For Women (Autonomous), Trichy.	Thiru N Nallusamy, Former Minister, Housing And Urban Development, Government Of Tamil Nadu, President Patron International Movement Of Tamil Culture, Canada Quarters; Dr. A. Lakshmi Prabha, Professor, Department Of Botany, Bharathidasan University; Captain Dr P Kavitha, Associate Ncc Officer; Associate Professor, Cauvery College For Women(Autonomous), Trichy Dr V.L. Jayapaul, Assistant Professor & Head, Pg & Research Department Of English, St. Joseph's College, Trichy.	51
50.	Commemoration of Constitution Day	26.11.2022	Cauvery Hall, Cauvery College For Women (Autonomous), Trichy.	Thiru N Nallusamy, Former Minister, Housing And Urban Development, Government Of Tamil	51

				Nadu, President Patron International Movement Of Tamil Culture, Canada Quarters; Dr. A. Lakshmi Prabha, Professor, Department Of Botany, Bharathidasan University; Captain Dr P Kavitha, Associate NCC Officer; Associate Professor, Cauvery College for Women(Autonomous), Trichy, Dr V.L. Jayapaul, Assistant Professor & Head, PG & Research Department of English, St. Joseph's College, Trichy	
51.	Commemoration of Indian Constitution Day	26.11.2022	Online Quiz	-	250
52.	NSS Volunteers and Programme Officer Interaction with Madam Meeta Rajivlochan IAS, Secretary, Department of Youth Affairs, Government of India.	02.12.2022	Devarayaneri Village, Tiruverumbur, Trichy.	Madam Meeta Rajivlochan IAS, Secretary, Department of Youth Affairs, Government of India.	16
53.	Commemoration of World AIDS Day	02.12.2022	Cauvery College for Women (Autonomous), Trichy	Mr Muthukumar, Project Manager, People's Development Initiatives	50
54.	Orientation on keep the Mind Healthy	03.12.2022	Cauvery College for Women(Autonomous), Trichy	Mr. R. Pragatheeswaran, Psychiatric Social Worker, ATHMA Hospitals ,Trichy	210
55.	Sensitization Workshop on POSH Act	03.12.2022	Cauvery College for Women(Autonomous), Trichy	Ms.Vijila Jasmin, Cluster Head, HR,TVS Industries Pvt Ltd.	25

56.	Citizen Participation Survey	05.12.2022	Cauvery College for Women(Autonomous), Trichy	-	50
57.	Interdepartmental Competitions to observe Discrimination against Women - Pakhwada	05.12.2022 to 6.12.2022	Cauvery College for Women (Autonomous), Trichy	-	50
58.	Legislations for Women	13.12.2022	Cauvery College for Women (Autonomous), Trichy	Mr Sedhurajan, Advocate, District Court addressing the audience.	210
59.	Blood Donation Camp	13.12.2022	Cauvery College for Women (Autonomous), Trichy	-	35
60.	Training on Instilling and Safety and Security for Sanitary Workers	17.12.2022	Cauvery College for Women (Autonomous), Trichy	Mr Senthilkumar, Director (South India Chapter), World Toilet College and Mr Palanivel, State Coordinator, (South India Chapter), World Toilet College.	35
61.	Assessment of Anthropometric Indices of Anganwadi Children	22.12.2022	Malliampathu Village, Trichy	-	15
62.	Smoke Free Bhogi Awareness Rally	12.01.2023	K. Abishekapuram Municipal Office to Makkal Mandram		30
63.	26 th National Youth Festival	12.01.2023 – 16.01.2023	Hubbali-Dharwad, Karnataka	-	R.Thrishadevi
64.	State Republic Day Parade Camp -2023	17.01.2023 – 26.01.2023	Chennai.	-	Ms.J.Yugapriya
65.	My Thoughts – Our Toilets Online Survey	24.1.2023	Cauvery College for Women	-	

66.	National Voters Day -Oath	25.01.2023	Cauvery College for Women	-	50
67.	74 th Republic Day Celebration	26.1.2023	Bharathidasan University, Trichy -24.	-	28
68.	National Integration Camp	03.02.2023 -09.02.2023	Mysore	-	G.Harini
69.	PFMS Training Programme to the NSS Programme Officers of Bharathidasan University	16.02.2023	Cauvery College for Women	Dr.C.Samuel Chellaiah, NSS Regional Director, Regional Directorate of Tamilnadu, Chennai Dr.A.Lakshmi Prabha, NSS Coordinator, Professor, Department of Botany, Bharathidasan University, Tiruchirappalli.	20
70.	Tree Plantation Programme	16.02.2023	Cauvery College for Women	Dr.C.Samuel Chellaiah, NSS Regional Director, Regional Directorate of Tamilnadu, Chennai Dr.A.Lakshmi Prabha, NSS Coordinator, Professor, Department of Botany, Bharathidasan University, Tiruchirappalli.	10
71.	Awareness Rally	21.02.2023	Gandhi Market to Bishop Heber Hr Sec School	Tiruchirappalli Tamil Sangam	30

72.	District Level Neighborhood Youth Parliament & Sports Materials Distribution Function	25.02.2023	Cauvery College for Women, Trichy	Smt M Nithya, District Social Welfare Officer, Trichy Dr R Arul, Assistant Professor, St Joseph's College Dr S Fathima, Assistant Professor, Cauvery College for Women Selvi S Sruthi District Youth Officer, Nehru Yuva Kendra, Trichy.	200
73.	Techno Camp – A Capacity Enrichment Programme for School Children	27.02.2023	Dr.Rajan Municipal Middle School, Srirangam, Tiruchirappalli	-	50.
74.	International Conference on the Deliberations on the Legislations towards Women & Children	6.03.2023-7.03.2023`	Cauvery Hall	Mr Victor Lazarus Mr Alex Joy Mr Murali Ms Christy Subathra Mr Gandhi Mr Senthilkumaran Ms Sylleswari	200
75.	Park Cleaning Work	7.03.2023	Woraiyur	Tiruchirappalli Corporation.	20
76.	Commemoration of International Women's Day	10.03.2023	Bharathidasan University, Trichy -24.	Dr Tamilisai Soundarajan, Governor of Telangana.	500
77.	NSS Special Camp	20.03.2023-26.03.2023	Malliampathu, Mekkudi, Nachikurichi, Kullumani and Seerathoppu	Resource Persons from Colleges and NGO's.	220
78.	Workshop on Making of Low Cost Sanitary Napkins	20.03.2023-21.03.2023	Bharathidasan University, Trichy -24.	Dr.A.K.Chitra, Associate Professor, Dhanalakshmi Srinivasan Medical College, Perambalur.	11
79.	Award Ceremony	27.03.2023	Bharathidasan University, Trichy -24.	Dr.C.Samuel Chellaiah, NSS Regional Director, Regional Directorate of Tamilnadu, Chennai. Dr.M.Senthilkumar,	15

				State NSS Officer, Tamilnadu State NSS Cell, Chennai	
80.	Math Tricks	28.03.2023	Primary School, Seerathoppu	Ms.Bakiya Lakshmi, Head Mistress, Primary School, Seerathoppu.	20

NATIONAL SERVICE SCHEME



MONTHLY REPORT

MAY-2022

CAUVERY COLLEGE FOR WOMEN, TRICHY-18

Nationally Accredited (3rd Cycle) with “A” by NAAC

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**NATIONAL INTEGRATION CAMP
AT
BHARATHIAR UNIVERSITY,
COIMBATORE**

18.05.2022 – 24.05.2022

The NSS Cell of Bharathiar University, Coimbatore in association with Ministry of Youth Affairs and Sports organized a National Integration Camp from 18/05/2022 to 24/05/2022 at Bharathiar university , Coimbatore. for the budding NSS volunteers . There were 210 NSS Volunteers and 50 Contingent Leaders from various states like Maharashtra, Madhya Pradesh, West Bengal, Jharkhand, Odisha, Karnataka, Telangana, Kerala, Puduchery and Tamilnadu India taken part in the camp.

The NSS Volunteers and the Contingent Leader from Bharathidasan University, Trichy got an opportunity to attend the National Integration Camp. The NSS Volunteers from Bharathidasan University actively taken part in the cultural activities and brought laurels to the university. NSS Volunteer M.Yoganthraj Performed Karagam , M.Yuvaraj and T.Arthi Performed Folk Dance, S.Kaviya priya taken part in Singing Event, A.Ratchana read the report of the day in the flag hoisting ceremony and NSS Volunteer K.Nithesh Kumar taken part in the Flag Hoisting Parade and participated in the Fit India game and won second prize. NSS Volunteer M.Yoganthraj received the Most Valuable Student of the Camp Award for his excellent contribution during the NIC Camp.

The Contingent Leader Dr. M. Neela have taken incharge for Tamilnadu Contingent and made all the arrangement for the day that was allotted for Tamilnadu Contingent. She has assisted the Master of Ceremony, rendered the welcome address and assigned with the duty of introduction of other state volunteers to Honorable Vice Chancellor of Bharathiar University.

Dr.C.Samuel Chelliah, Regional Director, Dr M.SenthilKumar, State NSS Officer of TamilNadu, and Dr.R.Annadurai NSS programme Co-ordinator Bharathiar University oriented the NSS Volunteers with their knowledge and Expertise.

Every day started with Flag Hoisting and Fit India Programmes such as aerobic exercise, zumba dance and ball games after that the NSS Volunteers were attended the Academic sessions and Participated in the FIT India Games.

Dr.S.Arulsamy, Former Professor, Department of Education, handled the session on the topic “Leadership Qualities” and conducted group activities. The session on “Communication skills and Interview techniques” was handled by Dr. Venkatapathy, Former Dean and Director and Retd, Professor of Management and Entrepreneur Development of Bharathiar University.

Dr. Kamalaveni Assistant Professor, Department of Women Studies, Bharathiar University handled the session on the topic “The changing world order and digital nomad”. The academic session on “Career Opportunities ” handled by Dr A.Vimala, Professor and Head, Department of Extension Career Guidance and Student Welfare. Mr.Kalaimani Merchant Navy Officer, British Petroleum , London given a spark light to the life of the participants. The session handled by Acupuncturist V.Ramalingam Founder & Director of Indian Accu Touch Medical Institute (IAMI) created awareness on health and educated the participants in healthy way of living. The session handled by Eqbal Sriviram, Chief manager ,Bank of India , Bharathiar University Branch gave a wonderful idea regarding the bank job opportunities. The resource person Mr. Sundara Vadivel delivered an effective speech on Communal Harmony and National Integration. The session on the topic “Contribution of Nature and its Impact” handled by Dr A.Manimekalan, Associate professor , Department of Environmental Science, Bharathiar University. He explained the role of NSS volunteers in environmental issues.

The Evenings were tied up with cultural programmes where the NSS Volunteers from all over the country showcased their talents. As the part of NIC Camp, The

NSS Volunteers visited the Karunya University, Isha Yoga and Maruthamalai Temple.

Sixth day of National Integration Camp at Bharathiar university was started by flag hoisting ceremony hosted by the volunteers from TamilNadu State universities like Bharathidhasan University, Manonmaniam Sundaranar University, Alagappa university, Periyar university , Madurai Kamaraj University, Karpagam University,Thiruvalluvar University and University of Madras and Bharathiar University. Dr G. Singaravelu Retried Professor and Head, Department of Education was the chief guest and explained the opportunities available for the NSS volunteers.

The National integration camp's valedictory function started with the colourful traditional wear by participants of different states at Dr.Kirthilal Metha Convention Centre in a festive manner. Dr.R.Annadurai , NSS Coordinator, Bharathiar University, Welcomed the gathering . Honorable Vice-Chancellor Col.Dr.P.Kaliraj rendered the valedictory address. Dr.K.Murugavel, Registrar i/c, Bharathiar University and Dr M.SenthilKumar, State NSS Officer of TamilNadu, were felicitated the gathering . Participation Certificates were distributed to all the participants and NSSProgramme officers. Finally Regional Director, Dr.C.Samuel Chellaiah proposed the vote of thanks. The 7 days NIC camp was organized in an efficient manner and all the participants enjoyed and enriched their knowledge and experience in the camp.



Dr.M.Neela, NSS Programme Officer received the NIC Camp participation certificate from the Vice Chancellor of Bharathiar University Dr.P.Kaliraj.





NSS Volunteer T.Arthi with NSS Regional Director and NSS State Officer



NATIONAL SERVICE SCHEME



MONTHLY REPORT

JUNE-2022

CAUVERY COLLEGE FOR WOMEN, TRICHY-18

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NATIONAL SERVICE SCHEME YOGA TRAINING PROGRAMME

17.06.2022-19.06.2022

The NSS of Cauvery College for Women (Autonomous) organized yoga training programme on 17.06.2022 – 19.06.2022. Ms. Durga Manikandan and team of faculty members from Tapas yoga studio, Trichy trained the students about Surya Namaskar. 250 Students participated the training programme and learned the basics of Surya Namaskar. Principal Dr.Mrs.V.Sujatha inaugurated the programme. NSS POs Dr.M.Neela, Dr.N.Sathammai Priya and Ms.A.Mary Girija organised the programme.



NATIONAL SERVICE SCHEME

NATIONAL WATER MISSION CAMPAIGN

20.06.2022

NSS Programme officers Dr.M.Neela and Dr.N.Sathammai Priya along with 33 NSS Volunteers visited our adopted villages Malliampathu, Nachikuruchi and Maruthandakuruchi on 20.06.2022 for identifying the water bodies conditions under the banner of #selfietosave #JalShakthi #NationalWaterMission #CatchTheRain #Vibha.



NATIONAL SERVICE SCHEME INTERNATIONAL YOGA DAY

21.06.2022

National service scheme, NCC and Thapas Yoga studio jointly organised International yoga day celebration on 21.06.2022 at Cauvery College for Women(Autonomous). 250 students participated and performed Surya namaskar. Principal- Dr.Mrs.V.Sujatha appreciated the students and distributed the certificates.





NATIONAL SERVICE SCHEME INTERNATIONAL YOGA DAY

21.06.2022

NSS PO'S Dr.M Neela and Dr.N.Sathammai Priya along with 80 NSS Volunteers participated International yoga day celebration jointly organised by NSS cell of BDU, Centre for Swami Vivekananda studies and Center for Spritual and yogic science on 21.06.2022 at Bharathidasan University, Gajamalai campus, Trichy. Honorable Vice Chancellor of University, Dr. M. Selvam presided over the inauguration Programme. Dr. L. Ganesan, Registrar, Dr. S. Srinivasa Raghavan Controller of Examinations, NSS Programme Coordinator and other Professors, Administrative Staff actively participated the programme.



NATIONAL SERVICE SCHEME



MONTHLY REPORT

JULY-2022

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DHEEKSHARAMBH- STUDENT INDUCTION PROGRAMME

14.07.2022

The NSS of Cauvery College for Women (Autonomous) organised Deeksharambh -Student Induction Programme for First Year Students. The NSS Programme Officer Dr.M.Neela oriented the First year students about NSS. NSS PO'S Dr.M.Neela, Dr.G.Metilda Bhuvaneswari, Ms.A.Sahaya Jenitha, Dr.N.Sathammai Priya and Ms.A.Mary Girija organised the programme.





NATIONAL SERVICE SCHEME STATE LEVEL ADVENTURE CAMP

13.07.2022- 16.07.2022

NSS Volunteer S.Harini attended the State Level Adventure camp on 13.07.2022- 16.07.2022 at Don Bosco Retreat Centre, Yercaud, Salem. She has actively participated the camp and involved in trucking and other activities.





NSS ORIENTATION & INAUGURATION OF 75 PROGRAMMES (AZADI KA AMRIT MAHOTSAV)

26.07.2022

The NSS of Cauvery College for Women (Autonomous) organised NSS Orientation Programme and inaugurated 75 Programmes to commemorate the 75 years of Independence "Azadi Ka Amrit Mahotsav". Dr. V. Sujatha, Principal, Cauvery College for Women (Autonomous) felicitated the programme. The NSS Coordinator of Bharathidasan University Dr. A. Lakshmi Prabha, oriented the NSS Volunteers and released the Brochure of 75 programmes. 500 NSS volunteers took part in the programme.

**CAUVERY COLLEGE FOR WOMEN
(AUTONOMOUS)**
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Annamalai Nagar, Trichy 620018

NATIONAL SERVICE SCHEME

75
Azadi Ka
Amrit Mahotsav

**Inauguration of 75 programmes to
commemorate 75 years of independence**

NSS ORIENTATION PROGRAMME


**Dr. A. Lakshmi Prabha,
NSS Coordinator,
Bharathidasan University,
Trichy**

**Date : 26.07.2022
Time : 11 am
Venue: O.P. Ramasamy Reddiyar Auditorium**

**PRESIDED BY
DR. V. SUJATHA,
PRINCIPAL,
CAUVERY COLLEGE FOR WOMEN.**

All are cordially invited





SIGNING CAMPAIGN

26.07.2022

Tamil Nadu Department of Food Security, Trichy District World Record Oath Signing event was held at Cauvery College for women (Autonomous) on 26.07.2022. National Service scheme program officers Dr.M Neela and Dr.N.Sathammai Priya, Dr.G.Metilda Bhuvaneswari, Ms.A.Sahaya Jenitha , Ms.A.Marygiriya along with Nss Volunteers participated in the event and signed.

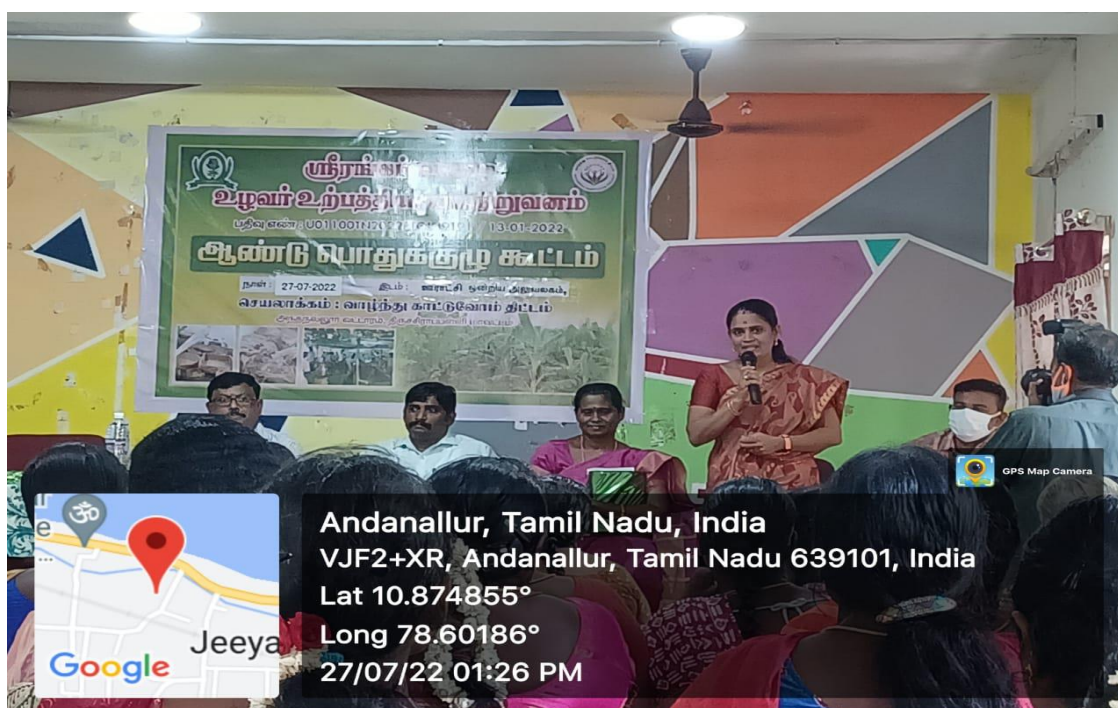
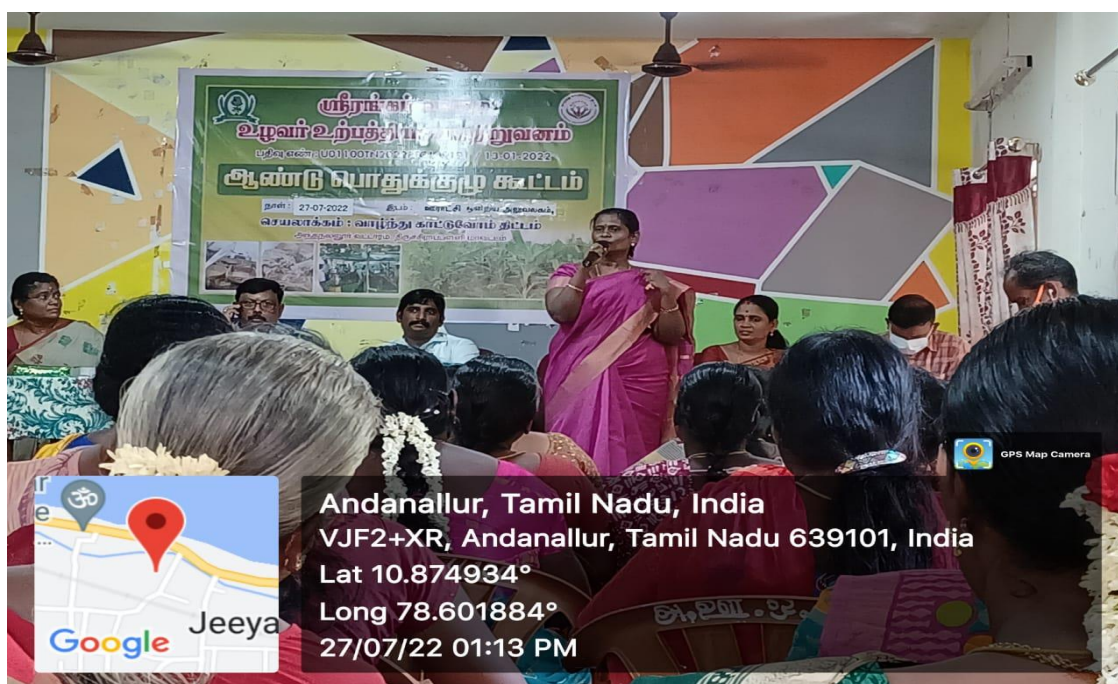




AWARENESS ON ORGANIC FOODS- ANNUAL MEETING

27.07.2022

NSS programme officers Dr.M.Neela and Dr.G.Metilda Bhuvaneshwari rendered a talk on importance of Organic Food at Block Development office, Andhanallur on 26.07.2022. 15 NSS Volunteers and 50 Self Help Group women taken part in the programme.



NATIONAL SERVICE SCHEME

AZADI KA AMRIT MAHOTSAV

27.07.2022

The NSS programme Officers Dr.M.Neela and Dr.G.Metilda Bhuvaneshwari and 15 NSS Volunteers visited the Malliampathu village and met Mr.Vigneshwaran , village president and discussed about the programmes to be conducted under "Azadi ka Amrit Mahotsav".



AWARENESS VISIT-ICDS CENTRE

28.07.2022

The NSS Programme Officers Dr.M.Neela, Dr.G.Metilda Bhuvaneswari, Dr.N.Sathammai Priya and 20 NSS Volunteers visited the Anganwadi and interacted with the children and the teacher about their health status on 28.07.2022 at Malliaimpathu village.



NATIONAL SERVICE SCHEME

AZADI KA AMRIT MAHOTSAV

28.07.2022

On the celebration of [#azardikaamritmahotsav](#) Cauvery college NSS Programme officers Dr.M.Neela, Dr.G.Metilda Bhuvaneshwari , Dr.N.Sathammai Priya along with the NSS Volunteers visited the Maillaiampathu village people and Creating awareness on raising the National Flag in their homes.





NATIONAL SERVICE SCHEME



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AUGUST-2022

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(AUTONOMOUS)**

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Annamalai Nagar, Tiruchirappalli – 620 018.

CELEBRATION OF 75 YEARS OF INDEPENDENCE



“GLIMPSES OF ACTIVITIES UNDER “AZADI KA AMRIT MAHOTSAV”

- “Har Ghar Tiranga” - Flag Hoisting in the houses of adopted villages and in neighbourhood communities.
- Flag stitching
- Flag distribution in the adopted villages and in neighbourhood communities.
- Formation of Flag colour India shape with 75 students.
- Cultural programmes for 75 minutes.
- Human chain holding national flag in the neighbourhood community.
- Elocution competition on 75 freedom fighters.
- Quiz programme on National Flag.
- Cyclothon holding national flags
- Pamphlets to be distributed to commemorate 75 years of independence.
- Pin a Flag programme
- Special lectures to be arranged .
- Special assemblies to be conducted
- Pin a Flag Virtually at <https://harghartiranga.com> along with posting a ‘selfie with Flag’ on the site.
- Exhibition on freedom fighters
- Walkathon holding national flag.
- Awareness Programme on “Azadi Ka Amrit Mahotsav” in the anganwadi and primary schools in the adopted villages.
- Old Age Home Visits
- Orphanage Home Visit
- Community Outreach Programmes
- Fit India programme with national flag

- Yoga Programmes with national flag
- Awareness Program on Menstrual disorders for College students – By Dr. Sri Lakshmi Prabha
- Blood Grouping for School students
- Assessment of Haemoglobin in blood for school students (Teenagers)
- Hygienic and Sanitation
- Lead a Healthy life - Nutritional Awareness program
- Speech Competition – “History of Indian Flag” - In NSS Adopted School.
- Fancy Dress Competition – Tricolour -In NSS Adopted School.
- Tableau – Indian Flag - In NSS Adopted School.
- Drawing Competition - Indian Flag - In NSS Adopted School)
- Slogan Writing – Indian Flag / Freedom Fighters - In NSS Adopted School Logo Making Competition - Theme 75th Independence Day
- Creating Invitation for 75th Independence Day
- Video about the History of Indian National Flag
- Seed Ball Distribution and Sapling Plantation
- Drawing and speech competitions - SMS School at Woraiyur.

NATIONAL SERVICE SCHEME

EAT RIGHT WALKATHON

06.08.2022

The NSS of Cauvery College for Women participated in the Eat Right Walkathon organized by Tamilnadu Food Safety and Drug Administration Department & Food Safety and Standards Authority of India from Collectors Office to Bishop Heber College Ground Trichy on 06.08.2022. NSS Programme Officer Dr.M.Neela and 31 NSS Volunteers participated in the Walkathon.



Caption: The NSS Programme Officer and 31 NSS students of Cauvery College for Women (Autonomous), Trichy. Participated in the Walkathon.

NATIONAL SERVICE SCHEME

EAT RIGHT MELA EXHIBITION

07.08.2022

The Eat right mela exhibition was organized by Food Safety Department, FSSAI, Trichy and represented by Department of Food Service Management and Dietetics at Bishop Heber College (Ground), Trichy on 07/08/2022. To commemorate WHO declared year Millet 2022-2023, a food stall operated by our department displayed food products of millet. The exhibition was supported with charts and models. Mainly the focus was given on the concepts such as balanced diet, no food waste, no plastic waste, how to read food labels, checking adulterants and food safety. Millet based recipes exhibited were thattuvadai, bajra bhel, bajra thothal, barnyard murukku, barnyard burfi, ragi burfi, ragi oats crackers, foxtail millet cupcake, foxtail millet nuts cup, little millet chocolate, little millet pakoda, varagu nachos and varagu chocolate bar. Public appreciated the awareness created by students about the health benefits of the millets and enjoyed the recipes in our food stall.



Caption: The NSS Programme Officer Dr.N.Sathammai Priya ,Cauvery College for Women (Autonomous), Trichy-18.participated in the Exhibition.

TECHNO ENLIGHTEN

08.08.2022 TO 18.08.2022

Panchayat Union School, Seerathoppu, Trichy PG & Research department of Computer science united with NSS, Cauvery college for women, Trichy organized an Extension activity Techno Enlighten a two weeks orientation programme for school children at Panchayat Union School, Seerathoppu, Trichy.

Invitation:



The poster is for a program called 'TECHNO ENLIGHTEN' organized by the PG and Research Department of Computer Science at Cauvery College for Women (Autonomous). The college is nationally accredited (III cycle) with 'A' Grade by NAAC and ISO 9001-2015 certified, located in Annamalai nagar, Trichy. The program is a two-week orientation for school children, held in collaboration with the National Service Scheme (NSS). It commemorates the 75th anniversary of Indian independence (Azadi Ka Amrit Mahotsav). The inauguration session is presided by Mr. K. Marudhanayagam, Block Educational Officer, Andhanallur, and Mr. S. Stanley Rajasekar, Block Educational Officer, Andhanallur. Other organizers are Mrs. K. Meena, Block Resource Centre ic Andhanallur, and Mrs. C. Bakya Lakshmi, Head Mistress, Panchayat Union Elementary School, Seerathoppu. The date is 08.08.2022 and the venue is Panchayat Union Elementary School, Seerathoppu, Trichy. The poster features logos of the college, NSS, and the 75th anniversary, along with illustrations of children and a girl with glasses.

Cauvery College for Women
(Autonomous)
Nationally Accredited (III cycle) with 'A' Grade by NAAC
ISO 9001-2015 certified
Annamalai nagar, Trichy

75 Programmes to commemorate the 75 years of Independence
"Azadi Ka Amrit Mahotsav"

PG AND RESEARCH DEPARTMENT OF COMPUTER SCIENCE
In Collaboration with
NATIONAL SERVICE SCHEME
Organizes
TECHNO ENLIGHTEN
Two weeks orientation programme for school children

Inauguration Session Presided by

Mr. K. Marudhanayagam
Block Educational Officer
Andhanallur

Mr. S. Stanley Rajasekar
Block Educational Officer
Andhanallur

Mrs. K. Meena
Block Resource Centre ic
Andhanallur

Mrs. C. Bakya Lakshmi
Head Mistress
Panchayat Union Elementary School
Seerathoppu

Date : 08.08.2022
Venue : Panchayat Union Elementary School
Seerathoppu, Trichy.



திருச்சி மாவட்டம், அந்த நல்லூர் ஒன்றியம், சீராத்தோப்பு ஊராட்சி ஒன்றியத் தொடக்கப்பள்ளி மாணவர்களுக்கு கிரண்டு வார கணினி பயிற்சி காவேரி மகளிர் கல்லூரி நாட்டு நலப்பணித் திட்ட மாணவிகள் வழங்கும் நிகழ்வின் தொடக்க விழா நடைபெற்றது. இதில் கணினி அறிவியல் துறை பேராசிரியர்கள் கலந்து கொண்டு மாணவர்களுக்கு கணினி பற்றி விளக்கி கூறி பயிற்சி அளித்தனர்.

திருச்சியின் பெருமைக்கும்
திருச்சி மக்களின் அருமைக்கும்
எம்மக்களின் திருமைக்கும்...







விரைவில்...

எந்த மூலதனமும் எந்தவன புரிந்தவர்கள்
உங்கள் மூலதன விவரங்களை...

9842470444

trichymailawds2022@gmail.com

08-08-2022     www.trichymail.com



NATIONAL SERVICE SCHEME

PREVENTION OF CANCER

08.08.2022

Cauvery College for Women (Autonomous) National Service Scheme & Centre For Women's Studies jointly organized Cancer awareness programme on the Topic "Prevention of Cancer" for 100 days Workers at Keezhapannai Village Dr.Thilagavathi, Oncologist, Harshamitra Cancer Speciality Hospital spoke about cancer, symptoms, treatment & prevention of Cancer , Post Graduate Social work students & 75 members of village people participated & clarified doubts in the Session.



Caption: Dr.Thilagavathi, Oncologist, Harshamitra Cancer Speciality Hospital addressing 100 days Workers at Keelapannai Village.

NATIONAL SERVICE SCHEME
SKILL TRAINING FOR WOMEN
(SILK THREAD BANGLE MAKING)

09.08.2022

Cauvery College for Women (Autonomous) National Service Scheme & Centre For Women's Studies conducted a skill training session on thread bangle Making .on 09.08.2022 at pidarampatti colony, Kunnathur panchayat. The Social Work Students gave training for thread bangle for girls & women of pidarampaati colony, they were so actively participated & they were given materials for making thread bangles. Totally 15 participated in this training.



Caption: Social work students conducted skill training women at Pidaramppatti colony ,Kunnathur Village

NATIONAL SERVICE SCHEME BLOOD DONATION CAMP

10.08.2022






The National Service Scheme of Cauvery College for Women(Autonomous) in association with Rotaract Club organized Blood Donation Camp on 10.08.2022 at Cauvery College for Women. Dr.V.Sujatha, Principal Cauvery College for Women presided over the Blood Donation Camp. Dr.S.Srinivasaragavan, Controller of Examination, Bharathidasan University inaugurated the Blood Donation Camp. Dr.S.Sekar, Syndicate Member of Bharathidasan University addressed the audience about the importance of donating blood. Er.G.Rajasekaran, Chairman, Indian Red Cross Society, Secretary, Indra Ganesan Institutions, Mr.Gunasekaran, District Coordinator, Youth Red Cross, Periyar EVR College(Autonomous), Dr.K.Vetrivel, YRC Zonal Coordinator of Bharathidasan University was guest honour for the Blood Donation Camp. Our College students voluntarily came forward to donate blood . The doctors were thoroughly checked whether they are eligible to donate the blood before donating. 57 volunteers donated their blood.



Caption: The Volunteer donating blood at the Blood Donation camp held on 10.08.2022


Invitation:


Rotary International District 3000




Rotaract Club of Cauvery College
PARTNER CLUB: ROTARY CLUB OF TIRUCHIRAPPALLI MID-TOWN
&
Blood Bank - Govt. Hospital Trichy
Jointly Organize

BLOOD DONATION CAMP

*In Association with*
National Service Scheme
*75 Programme to Commemorate the 75 years of Independence
- Azadi Ka Amrit Mahotsav*
&
Youth Red Cross
BHARATHIDASAN UNIVERSITY, TIRUCHIRAPPALLI - 620024



Date : 10-08-2022
Time : 9.30AM
Venue : O.P. Ramasamy Reddiar Auditorium



A
B
O
AB

Rotaract
Rotary Club Partner



Rotary
District 3000



Inagurated by:

Dr. S. SRINIVASARAGAVAN

*Controller of Examination i/c,
Bharathidasan University*



Chief Guest:

Dr. S. SEKAR

*Syndicate Member, Bharathidasan University
Principial*

Meenaakshi Ramasamy Arts & Science College



Guest of Honour:

Er.G.Rajasekaran

*Chairman, indian Red Cross Society
Secretary*

Indra Ganesan Institutions

Mr.Gunasekaran

*District Coordinatior
Youth Red Cross*

Dr.K.Vetrivel

*YRC - Zonal Coordinatior
Bharathidasan University*

Periyar EVR College(Autonomous)



Presided by:

Dr. V. SUJATHA

*Principial
Cauvery College for Women(Autonomous)*

FLAG STITCHING

10.08.2022

The NSS of Cauvery College for Women conducted a Workshop on “FLAG STITCHING”. The Chief Guest was Mrs.P.Valarmathi ,Trained Tailor. She taught simple and easy method of stitching the National flag . The students actively participated and made the Flag by their own. At the end of the session the students showed their self prepared Flag to the chief guest and received her feedback.



Caption: On 10.08.2022, conducted a Workshop on “FLAG STITCHING”

NATIONAL SERVICE SCHEME

EXHIBITION ON LIFE HISTORY OF MAHATMA GANDHI AND CELEBRATED KHADI DAY CELEBRATIONS

11.08.2022

The NSS of Cauvery College for Women(Autonomous), Trichy organized Exhibition on Life History of Mahatma Gandhi and Celebrated Khadi Day. The Management, Principal, Faculties and students wore Khadi Dress on 11.08.2022. The Retired Professor of Gandhigram University, Prof. G.Palanithurai addressed the students on the topic “ Creating a mind set for change”. 250 NSS Volunteers participated in the programme.



Caption: The Retired Professor of Gandhigram University, Prof. G.Palanithurai addressed the students on the topic “ Creating a mind set for change”.

NATIONAL SERVICE SCHEME
NUTRITION INTERVENTION FOR THE PREVENTION OF ANEMIA AMONG
ADOLESCENTS GIRLS

11.08.2022

The NSS of Cauvery College for Women(Autonomous) organized Nutrition Awareness Programme on Nutrition Intervention for the prevention of Anemia among Adolescents girls to commemorate 75 years of Independence- Azadi Ka Amrit Mahotsav. In this event 55 adolescent girls participated. In this regarding, Awareness given about Anemia and complications & its prevention and also about common eating problems of Adolescents. All the students were participated enthusiastically, interested and interacted about Nutrition.



Caption: Prevention of Anemia among Adolescent Girls on 11.08.2022

NATIONAL SERVICE SCHEME
COMPETITIONS RELATED TO INDIAN NATIONAL FLAG

11.08.2022 to 13.08.2022

Manickapuram Primary School Students enthusiastically took part in speech competition and spoke on the theme History of Indian Flag. Some of the students took part in fancy dress competition and express their talents on the theme Tricolour. They evoke patriotic feeling in the audience with their splendid performance.



Caption: National Service Scheme organized Competitions related to Indian National Flag at Manickapuram Primary School, Samayapuram from 11.08.2022 to 13.08.2022..

NATIONAL SERVICE SCHEME

NATIONAL FLAG DISTRIBUTION

12.08.2022

The NSS of Cauvery College for Women(Autonomous) distributed the National Flags in the Kulumani Village on 12.08.2022. The NSS Programme Officer Dr.M.Neela and Dr.J.Tamilselvi, Head and Associate Professor of Business Administration, distributed the National Flags to the Village people and motivated them to hoist the National Flag on the eve of 75th Independence Day Celebration-“Azadi Ka Amrit Mahotsav”



Caption: The NSS Programme Officer Dr.M.Neela and Dr.J.Tamilselvi, Head and Associate Professor of Business Administration, distributed the National Flags to the Village people.

NATIONAL SERVICE SCHEME

"BIOENZYME" SOLID WASTE MANAGEMENT

12.08.2022

National Service Scheme have created awareness and celebrated 75th independence day of our Nation in two adopted Villages namely Serathopu and Kulumani along with the Govt School students about Solid waste management by utilising the citrus fruits peel waste into cost effective most valuable "Bioenzyme" production and explained it's uses for the success of "75th Azadi Ka Amrit Mahotsav



Caption: Members in association with National Service Scheme have created awareness and celebrated 75th independence day of our Nation in two adopted Villages namely Serathopu and Kulumani along with the Govt School students.

FLAG DISTRIBUTION TO SCHOOL CHILDREN

12.08.2022

National Service Scheme of Cauvery College for Women visited Mekkudi and Seerathoppu on the celebration of the 75 years of Independence. The NSS Programme Officer and Volunteers distributed the National Flag to Primary School Children.



Caption: On the celebration of the 75 years of Independence, Visited Mekkudi and Seerathoppu Village and distributed the National flag to the Head Master and the school teachers of Primary School of Seerathoppu.

National Service Scheme of Cauvery College for Women(Autonomous) Trichy organised an awareness session on freedom fighters and conducted a Independence day quiz for the school students at Mekkudi and Seerathoppu Village.



12.08.2022

Caption: Creating Awareness about Freedom Fighters among school children on 12.08.2022

NATIONAL SERVICE SCHEME BLOOD GROUPING FOR SCHOOL STUDENTS

12.08.2022

Blood Grouping for school students is a great opportunity to meet school children and to test their blood groups. Blood groups of 28 students belong to 1st and 2nd standard were identified.



Caption: Blood Grouping for school students is a great opportunity to meet school children and to test their blood groups. Blood groups of 28 students belong to 1st and 2nd standard were identified.

NATIONAL SERVICE SCHEME

HEALTH AND HYGIENE

12-08-2022

National Service Scheme of Cauvery College for Women organized an activity to commemorate 75th Independence Day celebration on 12-08-2022. Awareness were created to school going children on “Health and Hygiene” related to personal hygiene and cleanliness of surrounding. Around 35 students participated enthusiastically in games activity and gained knowledge. Gifts were distributed among the winners and participants.



NATIONAL SERVICE SCHEME

NUTRITION GAMES

12-08-2022.

National Service Scheme of Cauvery College for Women organized an activity to commemorate 75th Independence Day celebration on 12-08-2022. The activity was conducted at, Government Primary School, Seerathoppu by the students. Through this activity games were conducted to school going children on “Nutrition Games” related to healthy and unhealthy foods. Around 35 students participated enthusiastically in games activity and gained knowledge. Gifts were distributed among the winners and participants.



Caption: National Service Scheme of Cauvery College for Women organized an activity to commemorate 75th Independence Day celebration on 12-08-2022.

NATIONAL SERVICE SCHEME

“LEAD A HEALTHY LIFE- NUTRITIONAL AWARENESS PROGRAMME”

12.08.2022

The NSS Programme Officer visited the Kulumani Village. To explore the *awareness* of the students towards *living a healthy lifestyle* and it focused on food intake. This programme gave the significance of fruits, vegetables and nuts. Primary students actively participated and interacted.



Captions: To explore the *awareness* of the students towards *living a healthy lifestyle* and it focused on food intake. This programme gave the significance of fruits, vegetables and nuts. Primary students actively participated and interacted.

NATIONAL SERVICE SCHEME
IMPORTANCE OF TRICOLOUR NUTRITIOUS FOODS

12-08-2022.

National Service Scheme of Cauvery College for Women organized an activity to commemorate 75th Independence Day celebration on 12-08-2022. Nutritional awareness was imparted to school going children bearing a topic “Importance of Tricolour Nutritious Food”. The activity was conducted in two segments as follows 1. Nutrition Education 2. Food Exhibition Students participated enthusiastically and gained knowledge. Around 35 students benefited from this activity.

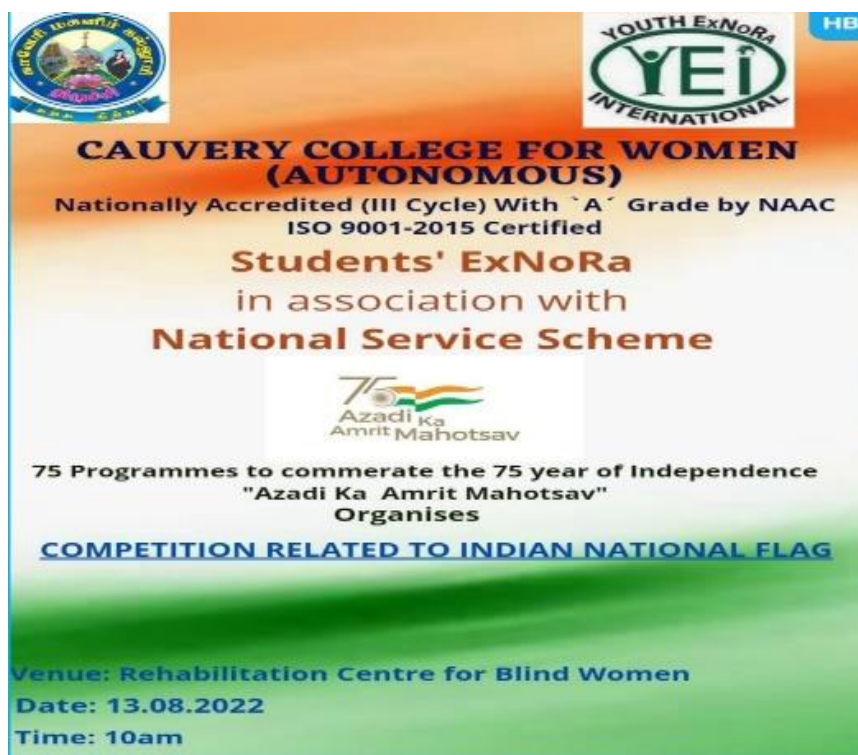


NATIONAL SERVICE SCHEME

75TH YEAR OF INDIAN INDEPENDENCE – COMPETITION RELATED TO INDIAN NATIONAL FLAG

13.8.2022

The NSS and ExNoRa Club of Cauvery College for Women (Autonomous) celebrated the 75th year of Indian Independence with the inmates of the Rehabilitation Centre for Blind Women at Mannarpuram on 13th August 2022. 25 volunteers cleared the debris by cleaning the campus and planted the saplings to create a green and clean environment in the Blind School. Students interacted with them and gave awareness on Freedom movement and celebrated Flag Day by distributing flags and thereby Visually Challenged Girls and Volunteers sang songs inculcating patriotic fervour.



CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS)
Nationally Accredited (III Cycle) With 'A' Grade by NAAC
ISO 9001-2015 Certified

Students' ExNoRa
in association with
National Service Scheme

75 Azadi Ka Amrit Mahotsav

75 Programmes to commemorate the 75 year of Independence
"Azadi Ka Amrit Mahotsav"
Organises

COMPETITION RELATED TO INDIAN NATIONAL FLAG

Venue: Rehabilitation Centre for Blind Women
Date: 13.08.2022
Time: 10am

NATIONAL SERVICE SCHEME

INDEPENDENCE DAY QUIZ

14.08.2022

For the celebration of 75th Independence Day, we conducted the interdepartmental awareness quiz to explore the knowledge patriotic nature of students. 94 students were participated.

BLOOD DONATION AWARENESS QUIZ

14.08.2022

For the celebration of 75th Independence Day, we conducted the interdepartmental quiz to raise awareness of the safe transfusion of blood and its components among the students. 66 students were participated.

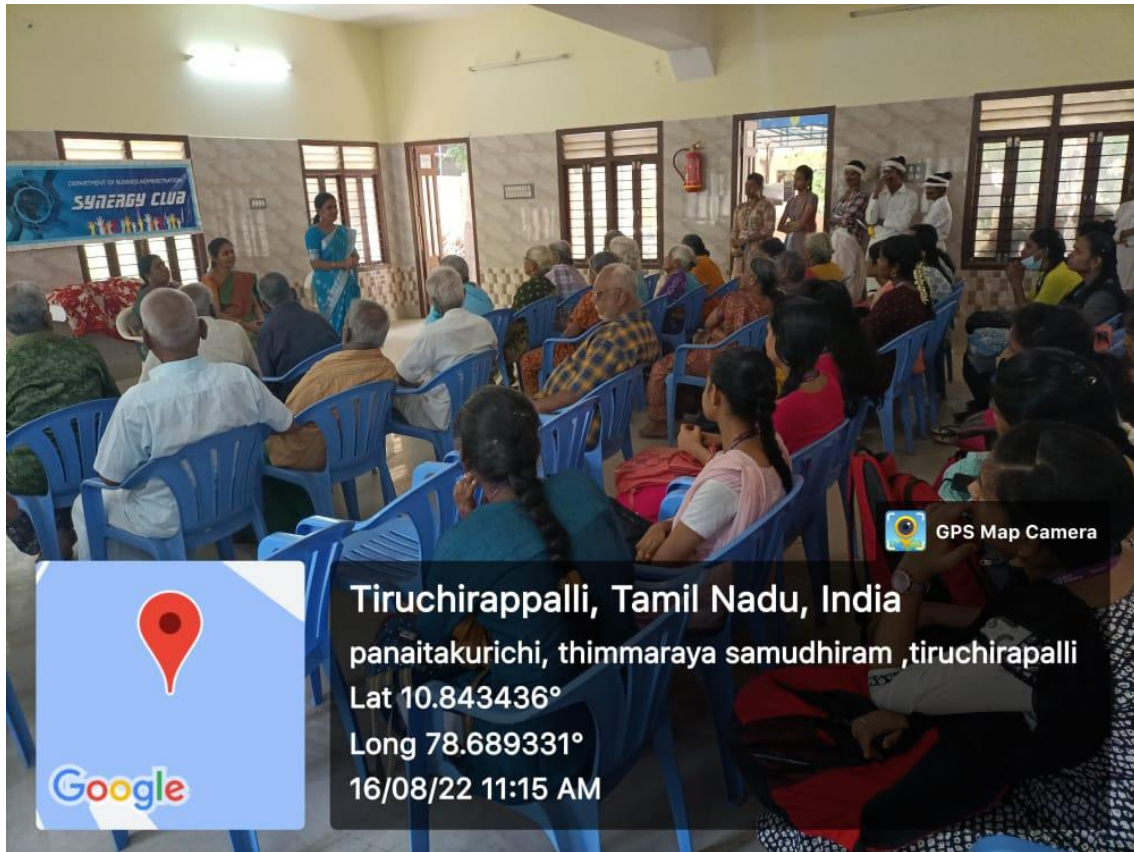
NATIONAL SERVICE SCHEME

CHERISHING SENIOR CITIZENS AT OLD AGE HOME

16.08.2022

The National Service Scheme organised a visit to Dr.Sitrambalamamsavalli old age home. The students were performed the Skit about Velu Nachiyar story and and they sang olden days song to entertain senior citizens.





Caption: Cherishing Senior Citizens at old Age Home On 16.08.2022

NATIONAL SERVICE SCHEME SKILL TRAINING PROGRAMME

17.08.2022

National Service Scheme of Cauvery College for Women (Autonomous), Trichy in association with Gender Champion Club and Legal Literacy club organised a skill training programme on 17.08.2022 at Annai Lea Higher Secondary School, Sevapur. 20 students of various classes got skill training in drawing and bangle making. The trainers for the programme were Ms. Trinita Francis (III BSW) and Ms. S. Vishali and Ms. Susindha Mary (I MSW). The school students showed more enthusiasm and interest in learning the new skills. Dr. G. Kanaga, Professor & Dean of Alumni Relations, Cauvery College for Women addressed the students during the programme.



Caption: Drawing & Thread bangle making training session for school students on 17.08.2022

**NATIONAL SERVICE SCHEME
DRAWING COMPETITION" ON THE THEME "GENDER EQUALITY".**

18 .08.2022

Gender Champion club in association organised "Drawing Competition" on the theme "Gender Equality". This competition was held at Seshaya Iyengar school 18 .08.2022 from:2.30pm to 04.30 pm and 14 students were participated in the competition.



Caption: Drawing Competition by school students on the theme "Gender Equality in my View" on 18.08.2022

EXTENSION ACTIVITY ON DIGITAL LITERACY FOR LITTLE ONES

22.08.2022 to 26.08.2022

National Service Scheme organized Extension Activity on “Digital Literacy for Little Ones” from 22.08.2022 to 26.08.2022. On 22.08.2022 Mr.R.Sukumar Ramakrishnan, Headmaster, Panchayat Primary School School, Kambarasampettai Colony rendered welcome address. Mr.K.Maruthanayagam, Block Education Officer, Anathanallur felicitated the gathering. Dr.R.Merlin Packiam, Head & Associate Professor, Department of Computer Applications, inaugurated the programme and Handled ice breaking session which helped the students to overcome their fears. She also gave a brief introduction about the programme.







Glimpses of Azadi Ka Amrit Mahotsav and Har Ghar Tiranga Activities





GPS Map Camera
cauvery college for women,Tiruchirappalli, Tamil Nadu, India
24, Cauvery College Rd, Viswanatha Puram, Tiruchirappalli,
Long 78.681821°
Lat 10.832246°
11/8/2022 01:30 PM



GPS Map Camera
Tiruchirappalli, Tamil Nadu, India
Cauvery College for women(Autonomous)
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Cauvery College fo
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NATIONAL SERVICE SCHEME



MONTHLY REPORT

SEPTEMBER -2022

CAUVERY COLLEGE FOR WOMEN, TRICHY-18

Nationally Accredited (3rd Cycle) with “A” by NAAC

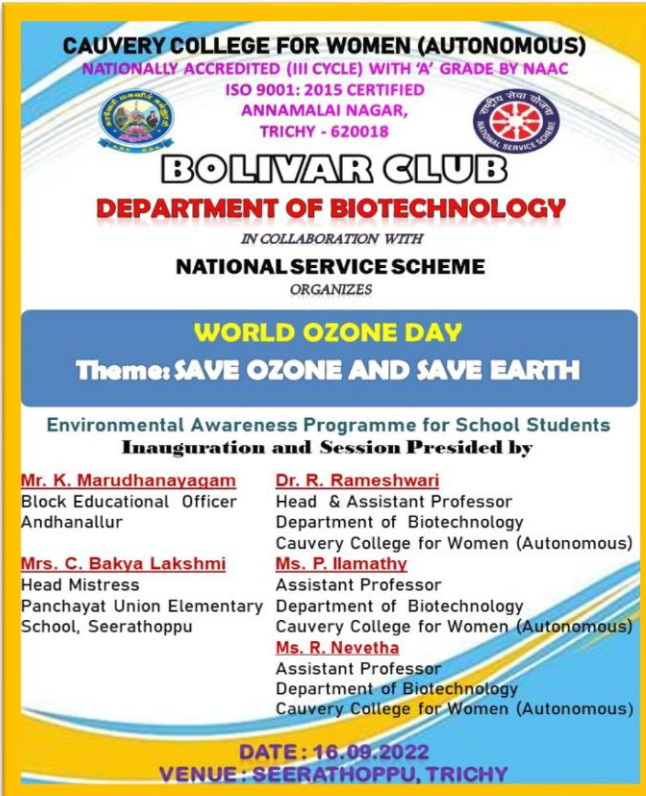
ISO 9001:2015 Certified

COMMEMORATION OF INTERNATIONAL OZONE DAY

16.9.2022

NSS Units of Cauvery College for Women in collaboration with Department of Biotechnology, Cauvery College for Women (Autonomous) commemorated International Ozone Day by organizing programme at Government Middle School, Seerathoppu, Trichy, on 16.09.2022. About 20 NSS student of III B.Sc., Biotechnology and 4 staff members highlighted about the importance of OZONE layer by videos and charts. Also, the student volunteers conducted Quiz programme for the students and distributed prizes (pencil & eraser) to the winners. The students enthusiastically and assured to protect the Ozone layer.

Programme Invite:



CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS)
NATIONALLY ACCREDITED (III CYCLE) WITH 'A' GRADE BY NAAC
ISO 9001: 2015 CERTIFIED
ANNAMALAI NAGAR,
TRICHY - 620018

BOLIVAR CLUB
DEPARTMENT OF BIOTECHNOLOGY
IN COLLABORATION WITH
NATIONAL SERVICE SCHEME
ORGANIZES

WORLD OZONE DAY
Theme: SAVE OZONE AND SAVE EARTH

Environmental Awareness Programme for School Students
Inauguration and Session Presided by

Mr. K. Marudhanayagam Block Educational Officer Andhanallur	Dr. R. Rameshwari Head & Assistant Professor Department of Biotechnology Cauvery College for Women (Autonomous)
Mrs. C. Bakya Lakshmi Head Mistress Panchayat Union Elementary School, Seerathoppu	Ms. P. Ilamathy Assistant Professor Department of Biotechnology Cauvery College for Women (Autonomous)
	Ms. R. Neetha Assistant Professor Department of Biotechnology Cauvery College for Women (Autonomous)

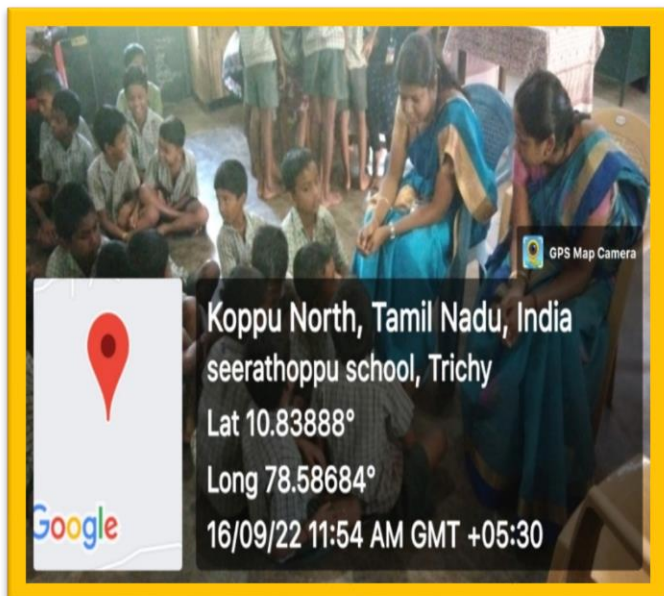
DATE : 16.09.2022
VENUE : SEERATHOPPU, TRICHY



**Dr Rameswari explaining about
Ozone layer to students**



**NSS Volunteers interacting with
the Seerathoppu students**



Teachers interacting with students

Prize distribution



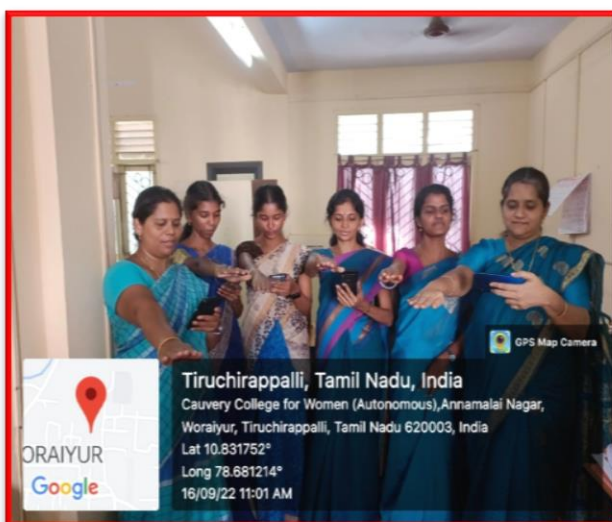
Teachers of Cauvery College, School teachers and student volunteers seen during the session



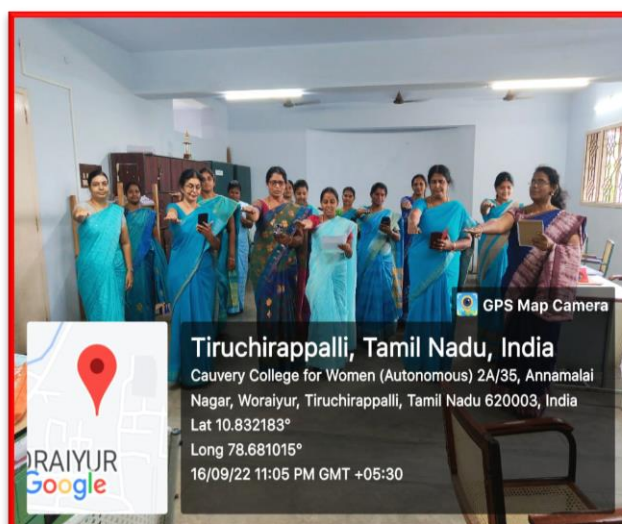
COMMEMORATION OF SOCIAL JUSTICE DAY

16.9.2022

NSS Units of Cauvery College for Women commemorated Social Justice Day on 16.9.2022 by 11 a.m. by Principal, Teachers and Students of various department taking a oath.



Glimpses of teachers and students taking oath in their respective department



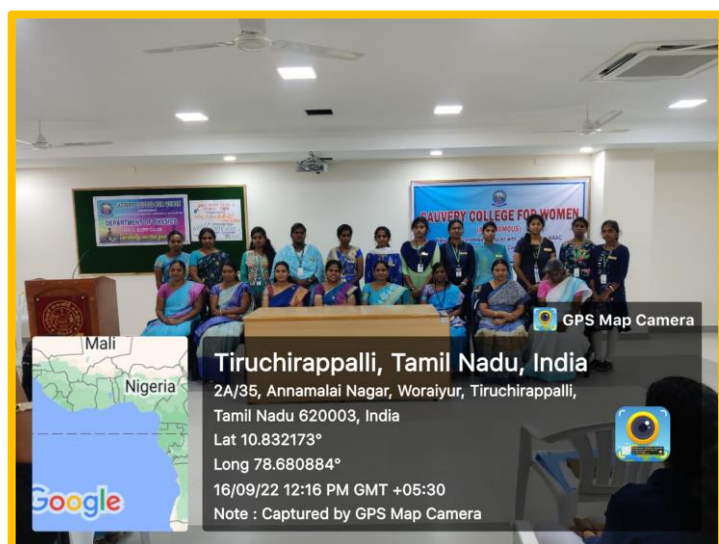
COMMEMORATION OF WORLD OZONE DAY

16.9.2022

Hale Bopp Club of PG and Research Department of Physics organized E Content Creation to commemorate “World Ozone Day” on 16th September 2022, at Dr. Rameshwari Nallusamy hall. Totally 25 students of various disciplines presented their E-Content on ‘Ozone Layer’. The judges of the event were Dr. Merlin Packiyam., Associate Professor and Head, Department of Computer Applications and Dr. M. Neela, Associate Professor, Department of Business Administration



Dr. Maheswari, Associate Professor and Head, Department of Physics honoring the guests with a memento



The team along with the chief guests



A section of the audience



Dr Neela addressing the audience during the programme

SWACHHATA RALLY

17.9.2022

Tiruchirappalli Corporation organized Swachhata Rally with an aim for 'Clean and Garbage-Free India'. The NSS Programme officer Dr. M. Neela and 50 NSS Volunteers of Cauvery College for Women participated in the Swachhata Rally from Town Hall to Teppakulam Ward office on 17.09.2022. Also, the NSS Volunteers from various colleges participated in the Rally



**Dr Neela seen with the NSS volunteers of
Cauvery College for Women**





Dr Neela seen posing with the rally's photo corner

NSS Programme Officers who participated in the rally



NATIONAL SERVICE SCHEME



MONTHLY REPORT

OCTOBER -2022

CAUVERY COLLEGE FOR WOMEN, TRICHY-18

Nationally Accredited (3rd Cycle) with “A” by NAAC

ISO 9001:2015 Certified

NATIONAL SERVICE SCHEME

YOUTH AWAKENING DAY

15.10.2022

National Service Scheme of **Cauvery College for Women (Autonomous)** and Jenner's Club jointly organized **Youth awakening Day** on the eve of **Bharat Ratna Dr.A.P.J.Abdulkalam's** Birthday celebration on **15.10.2022**. In this regard we conducted Inter Departmental Essay writing Competition on the topic of **Dream of Kalam**. Totally 21 participants were actively participated. The essays are evaluated by Dr.N.Sathammai Priya, NSS Programme officer and Dr.M.Shanthi, Assistant Professor, Department of English . The winners of the essay writing competition will be followed.

English Essay Writing

I Prize- G.Anandha Vardhini-I B.Sc CS (Cognitive)II

Prize- B.L.Jeevitha- II BA English

III Prize- S.Reshma- II B.Sc CS (Cognitive)

Tamil Essay Writing

I Prize- K.Linga Sri-I B.Sc Chemistry II

Prize- C.Pavithra Priya - III B.Sc., ITIII

Prize- P.Yogeshwari- II B.Sc., CS



CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS)
Nationally Accredited (III cycle) with 'A' Grade by NAAC
ISO 9001: 2015 Certified
Annamalai Nagar, Tiruchirappalli-620018



NATIONAL SERVICE SCHEME and JENNER'S CLUB

CELEBRATES

YOUTH AWAKENING DAY

Don't believe in luck,
Believe in **Hardwork**

EVENT : ESSAY WRITING IN TAMIL AND ENGLISH
DATE : 17.10.2022
TOPIC : DREAM OF KALAM



[illegible]

Name: C. Parthasarathy
Class: III BIC IT
Reg. No: 2012204

⑤

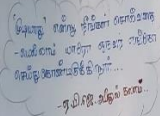
Q. HEMALATHA
M B. Com. CA

Submitted By:
S. Reshma
B.Sc C.Sc With
Cognitive Systems
Reg No: 2125029

NAME: Wendell
CLASS: 854-1
SECTION: 10002

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Topic:

SIGN IF CALM

NATIONAL SERVICE SCHEME

YOUTH AWAKENING DAY

15.10.2022

The 87th birthday anniversary of our former president, **Bharat Ratna late Dr.APJ Abdul Kalam's** was celebrated as **"Youth Awakening Day"** by **CauveryCollege** NSS Cell which was held on 15th October 2022 at O.P.RamasamyReddiyar Auditorium. Our Principal **Dr.Mrs.V.Sujatha** gave the welcomeaddress. **Thiru.M.Jeyaraman**, Secretary, Reddy Educational Trust presided overthe function and shared the view and ideologies of People's President Dr.APJAbdul Kalam. **Dr.M. Sathya Kumar**, Advocate, Supreme Court/ High Court,Chennai are the chief guests of this occasion. They delivered a Special Lectureon "Youth Awakening Day" and explained the importance of role of youth in ourNation. The Programme ended with Vote of thanks delivered by Dr.N.SathammaiPriya , NSS Programme Officer. More than 3000 students were benefitted fromthis lecture.



Principal Dr.Mrs.V.Sujatha Welcoming the gathering on the celebrationof "Youth Awakening Day"



Student gathered in O.P.RamasamyReddiyar auditorium on the Observance of “Youth Awakening Day”



The Chief Dr.M.Sathya Kumar Addressing the gathering on “Youth AwakeningDay”



NSS Programme Officer Dr.N.Sathammai Priya rendering the Vote of thanks.

DIWALI SAFETY AWARENESS

20.10.2022

Rotary Club of Jambukeswaram and Rotary Club of Tiruchirapalli Butterflies in collaboration with Joseph Eye Hospital (JEH) and Bharathidasan University organized a Diwali Safety Awareness programme with an objective to insist on the safety measures to be followed by children and youth during Diwali celebration. About 500 students of Bishop Heuman High School, NSS Volunteers of Cauvery College for Women (Autonomous) and Jamal Mohammed College (Autonomous) participated. Dr Pradeepa of JEH welcomed the gathering and Dr Lakshmi Prabha, NSS Coordinator, Bharathidasan University felicitated the gathering.

Rotarians – Ms Subathra, Ms Kanchana, Mr Mohan, Mr Balakrishnan participated in the session.

Ms Ambika, District Fire Officer held an interactive session and elaborated the need to have a safe Diwali and how to carefully dispose the burst crackers so that animals aren't hurt and also to reduce the burning of crackers

thus conserving the environment. Fire personnel of Tiruchirapalli demonstrated how to handle crackers carefully and the do's and dnt's in bursting crackers.

Dr Sathammai Priya and Dr T Amirtha Mary, Programme Officers accompanied the NSS Volunteers for the programme.

Ms Ambika, District Fire Officer interacting the school students



NSS
Student

with



A section of the audience during the



Demonstration of how to handle crackers by Fire personnel to a college student.

NATIONAL SERVICE SCHEME



MONTHLY REPORT

NOVEMBER -2022

CAUVERY COLLEGE FOR WOMEN, TRICHY-18

Nationally Accredited (3rd Cycle) with “A” by NAAC



ISO 9001:2015 Certified

ADVENTURE CAMP 2022

6.11.2022-15.11.2022

Regional Directorate of NSS has organized an Adventure Camp for NSS Volunteers from 6th November 2022 to 15th November 2022 at Manali, Himachal Pradesh.

Ms C Vishalini, II B.Com (Computer Applications), NSS Volunteer represented Cauvery College for Women and actively participated in the Adventure Camp by involving in trekking and other adventure related activities.

	BHARATHIDASAN UNIVERSITY (Accredited with "A+" Grade by NAAC in Third Cycle) TIRUCHIRAPPALLI - 620024 NATIONAL SERVICE SCHEME CELL (National Awardee - 2017-18)	
Dr. A. Lakshmi Prabha NSS Coordinator i/c.	Phone : 0431-2407015 Fax : 0431-2407045 Mobile : 88708 88903 E-mail : nssbdu@gmail.com, nss@bdu.ac.in Website : www.bdu.ac.in/nss	

Ref. No : 081 / S2 / @DU / NSS / 2022-23 Dt: 21.09.2022

To
The Principal
Cauvery College for Women
Trichy

Dear Sir/Madam


Sub: NSS - Adventure Camp at Manali, H.P. from 06th to 15th November 2022 - Deputing NSS Volunteer-Reg.

Ref: NSS Regional Director's Letter No: 2-32/2022/NSS-RD/ Adventure Programme/2011-2014 Dt: 05.09.2022

As per the NSS Regional Director's Letter in the above reference cited, an Adventure Camp has been organised for the NSS Volunteers at Manali, Himachal Pradesh from 06th to 15th November 2022. The Volunteers will undergo adventure activities and 18 KMs Trekking. Dr. K. Sangeetha, NSS Programme Officer, Arasu College of Arts & Science, Karur will be the Contingent Leader (Mobile: 9025840841).

In consultation with your NSS Programme Officer, C. Vishalini, (II B.Com. CA) NSS Volunteer of your college has been selected to participate in the camp. The to & fro travel expenses will be reimbursed by the NSS Regional Directorate, Chennai on submission of TA Bills after the completion of the camp. Therefore, I request you to kindly depute the NSS Volunteer for the camp. Her/his absence during these days may be treated as 'On Duty'.

Thanking you

Yours Sincerely

NSS Coordinator i/c.

Encl: Necessary Forms

Official Communication from Bharathidasan University regarding the Adventure Camp

SNAPSHOTS OF THE ADVENTURE CAMP





SOUTH ZONE PRE-REPUBLIC DAY PARADE CAMP 2022

9.11.2022 – 18.11.2022

Government of India, Ministry of Youth Affairs and Sports, Regional Directorate of NSS, Thiruvananthapuram, Kerala and Mahatma Gandhi University, Kottayam, Kerala organized the **South Zone Pre Republic Day Selection Camp 2022** at **Swamy Saswathikananda College, Poothotta, Ernakulam** from 9th November 2022 to 18th November 2022 for a period of 10 days.

Ms J Yugapriya, II BCom (Computer Applications), NSS Volunteer represented Cauvery College for Women and actively participated in the Pre-Republic Day Selection Camp.

	BHARATHIDASAN UNIVERSITY (Recredited with "A+" Grade by NAAC in Third Cycle) TRUCHIRAPPALLI - 620024 NATIONAL SERVICE SCHEME CELL (National Awardee - 2017-18)	
Dr. A. Lakshmi Prabha NSS Coordinator i/c.	Phone : 0431-2407015 Fax : 0431-2407045 Mobile : 88708 88903 E-mail : nssbdu@gmail.com nss@bdu.ac.in Website : www.bdu.ac.in/nss	

Ref. No.: 098 / S2 / BDU / NSS / 2022-23 Dt: 20.10.2022

To
The Principal
Cauvery College for Women
Trichy

Dear Sir/Madam

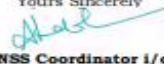
Sub : NSS - South Zone Pre-Republic Day Parade Selection Camp at Ernakulam, Kerala -Deputing NSS Volunteer - Reg.

Ref : NSS Regional Director's Letter No: 2-69/2022-23/RD Camp Kerala/2779- 2798 Dt: 18.10.2022

As you aware, the University level Pre-Republic Day (RD) Selection camp was held on 30.09.2022 in the University campus. The selection committee consisting of the NSS Regional Director, State NSS Officer, NSS Coordinator and the two NCC Officers had selected the suitable volunteers for the South Zone Pre-RD selection camp to be held at Kerala.

Mr./Ms. J. Yugapriya, NSS Volunteer of your college has been selected to attend the South Zone Pre-RD selection camp at Swamy Saswathikananda College, Poothotta, Ernakulam, Kerala from 09th to 18th November 2022. Therefore, I request you to depute the NSS Volunteer for the South Zone Pre-RD Camp and his/her absence may be treated as 'On Duty'. The NSS Volunteer needs to submit the Volunteer's Bio data, Medical Certificate, Form of Indemnity, Volunteership Certificate, 3 Passport size colour photographs and Bank Mandate form to this Office on or before 21.10.2022.

Thanking you

Yours Sincerely

NSS Coordinator i/c.

Official Communication of Pre-Republic Day Parade Selection Camp



Certificate of Participation of Ms J Yugapriya



*Ms J Yuga
Priya seen
posing in NSS
Pre Republic Day
Parade Camp 2022*

NATIONAL YOUTH PARLIAMENT SESSION

25.11.2022

National Youth Parliament Scheme was introduced by the Ministry of Parliamentary Affairs, Government of India for the youth to strengthen the roots of democracy, inculcate healthy habits of discipline, tolerance of the view of others and to enable the student community to know about practices and procedures of the Parliament.

The NSS Units of Cauvery College for Women (Autonomous) organized Youth Parliament session on 25.11.2022 at 10.30 am at Cauvery Hall. About 51 Under graduate students belonging to various disciplines enacted in the parliamentary session as ministers holding various portfolios representing the ruling and opposition party. The Speaker of the Parliament facilitated the session and the Chief Secretary and General Secretaries observed the proceedings of the Parliament.

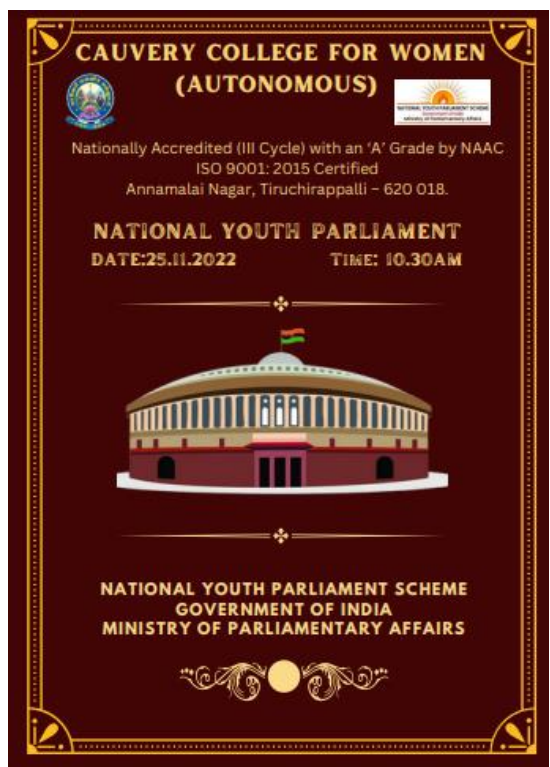


The Speaker of the House addressing the Ministers & audience

Thiru N Nallusamy, Former Minister, Housing and Urban Development, Government of Tamil Nadu, President Patron International Movement of Tamil Culture, Canada Quarters; NSS Coordinator of Bharathidasan University Dr. A. Lakshmi Prabha, Professor, Department of Botany, Bharathidasan

University; Captain Dr P Kavitha, Associate NCC officer; Dr V.L. Jayapaul, Assistant Professor & Head, PG & Research Department of English, St. Joseph's College, Trichy acted as Judges and evaluated the performance of Youth Parliament. The Student Ministers discussed Education, Economic Development, Health and Communal Harmony. Also, students enacted as press people and foreign delegates. Teachers and students from various departments acted as the audience during the session. The session ended with the judges sharing their observations and wished the Youth Parliament all great success in their endeavours.

INVITE OF THE PROGRAMME



GLIMPSES OF THE YOUTH PARLIAMENT SESSION



The set-up of the Parliament at Cauvery Hall



*Thiruneelakandan, Secretary,
Governing Council addressing the
panel of ministers*



*One of the student ministers highlighting
her views*

Mr

College



The Speaker of the House, Secretaries and Ministers seen along with the chief guests at Cauvery Hall




Dr M Neela, Associate Professor of Business Administration honoring Dr V L Jayapal with a memento.

COMMEMORATION OF CONSTITUTION DAY

PROGRAMME- 1

25.11.2022

Dr M Neela, Associate Professor of Business Administration administered the reading of the PREAMBLE along with Thiru N Nallusamy, Former Minister, Housing and Urban Development, Government of Tamil Nadu, President Patron International Movement of Tamil Culture, Canada Quarters; NSS Coordinator of Bharathidasan University Dr. A. Lakshmi Prabha, Professor, Department of Botany, Bharathidasan University; Captain Dr P Kavitha, Associate NCC officer; Dr V.L. Jayapaul, Assistant Professor & Head, PG & Research Department of English, St. Joseph's College, Trichy along with teachers and students.



THE CONSTITUTION OF INDIA

PREAMBLE

WE, THE PEOPLE OF INDIA, having solemnly resolved to constitute India into a **SOVEREIGN SOCIALIST SECULAR DEMOCRATIC REPUBLIC** and to secure to all its citizens:

JUSTICE, social, economic and political;


LIBERTY of thought, expression, belief, faith and worship;

EQUALITY of status and of opportunity;

and to promote among them all

FRATERNITY assuring the dignity of the individual and the unity and integrity of the Nation;

IN OUR CONSTITUENT ASSEMBLY this twenty-sixth day of November, 1949, do HEREBY ADOPT, ENACT AND GIVE TO OURSELVES THIS CONSTITUTION.



THE CONSTITUTION OF INDIA

Article 51A
Fundamental Duties

51A. Fundamental duties It shall be the duty of every citizen of India (a) to abide by the Constitution and respect its ideals and institutions, the national Flag and the National Anthem;

(b) to cherish and follow the noble ideals which inspired our national struggle for freedom;

(c) to uphold and protect the sovereignty, unity and integrity of India;

(d) to defend the country and render national service when called upon to do so;

(e) to promote harmony and the spirit of common brotherhood amongst all the people of India transcending religious, linguistic and regional or sectional diversities; to renounce practices derogatory to the dignity of women;

(f) to value and preserve the rich heritage of our composite culture;

(g) to protect and improve the natural environment including forests, lakes, rivers and wild life, and to have compassion for living creatures;

(h) to develop the scientific temper, humanism and the spirit of inquiry and reform;

(i) to safeguard public property and to abjure violence;

(j) to strive towards excellence in all spheres of individual and collective activity so that the nation constantly rises to higher levels of endeavour and achievement.

(k) to provide opportunities for education by the parent the guardian, to his child, or a ward between the age of 6-14 years as the case may be.

Preamble of Indian Constitution



Dr M Neela, Associate Professor of Business Administration reading the PREAMBLE amidst the dignitaries



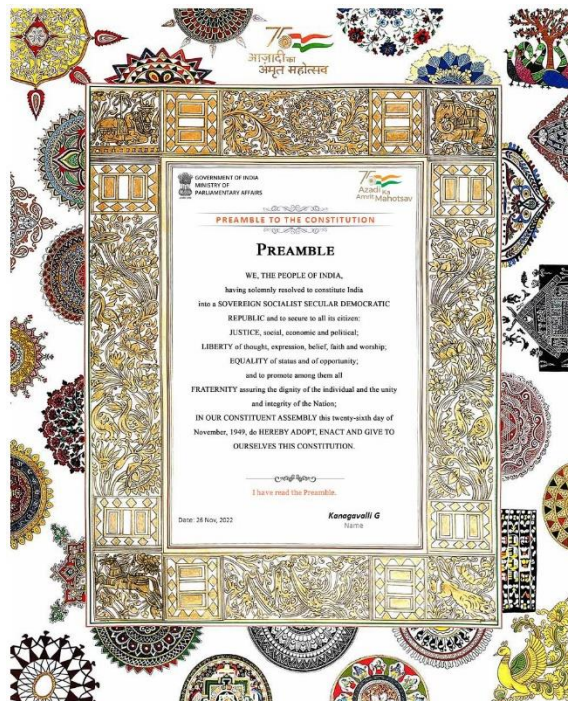
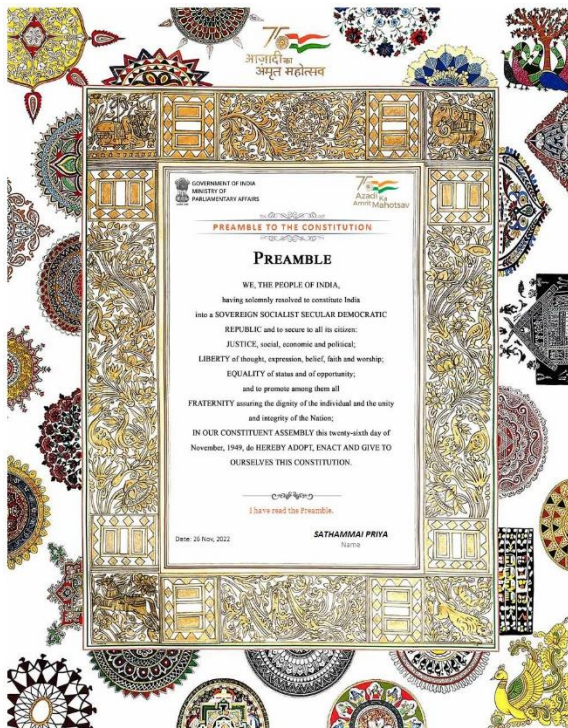
Students taking part in the PREAMBLE reading session

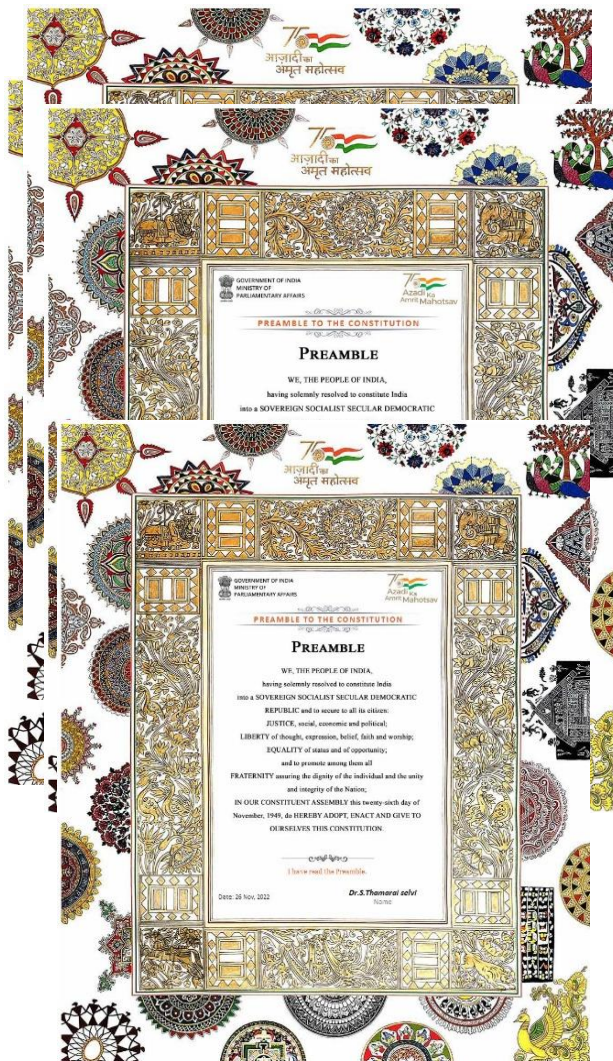
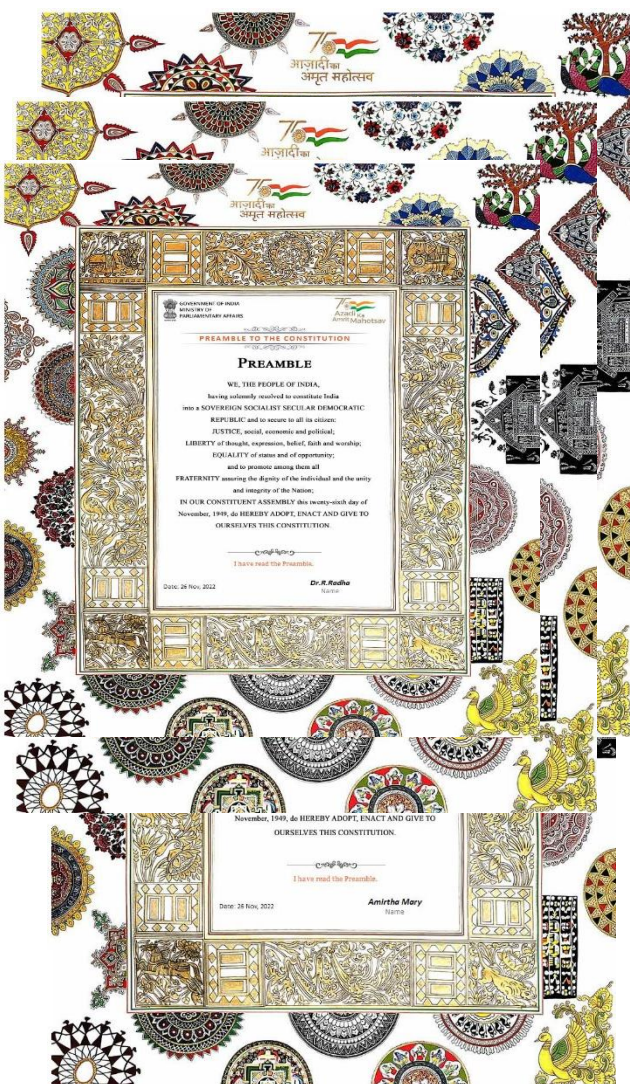
PROGRAMME- 3

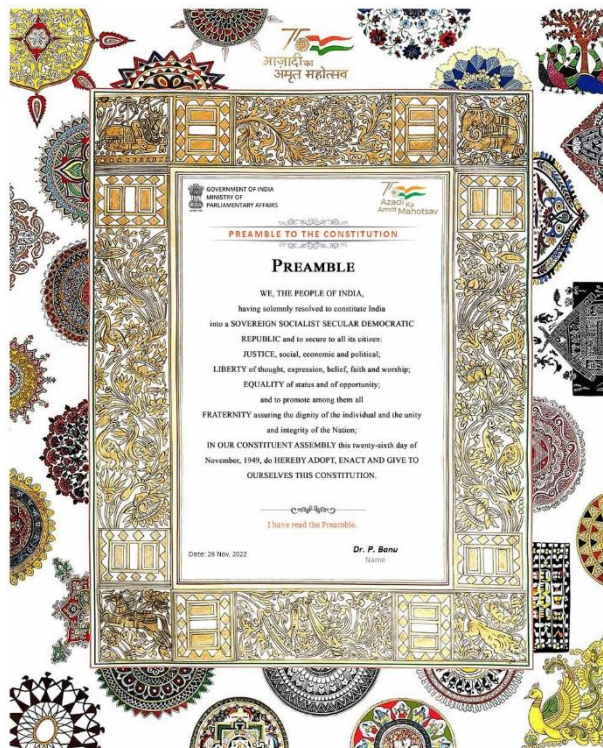
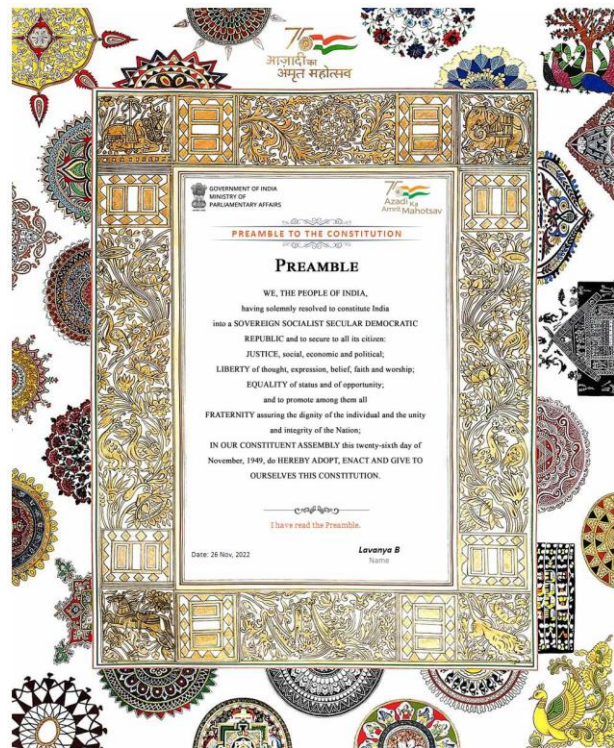
26.11.2022

To commemorate **Indian Constitution Day on 26th November 2022**, the Staff members of Cauvery College for Women (Autonomous) participated in the online **Preamble reading session** and also attended the **Online Quiz** and received E-certificates from the Ministry of Parliamentary Affairs.

Some of the certificates of the staff are listed below:







NATIONAL SERVICE SCHEME



MONTHLY

REPORT

DECEMBER-

2022

CAUVERY COLLEGE FOR WOMEN, TRICHY-18

Nationally Accredited (3rd Cycle) with “A”

by NAAC ISO 9001:2015 Certified

INTERACTION WITH MADAM MEETA RAJIVLOCHAN IAS, SECRETARY, DEPARTMENT OF YOUTH AFFAIRS, GOVERNMENT OF INDIA.

02.12.2022

The NSS Cell of Bharathidasan University and Nehru Yuva Kendra jointly organized the interaction with Madam Meeta Rajivlochan, Secretary to Government of India, Department of Youth Affairs, Government of India on 02.12.2022 at 5.30 pm. Madam Meeta Rajivlochan addressed the volunteers about the skill development, Digital India , G -20 countries and the role of youth in the era of digitalization. The NSS Programme Officer Dr.M.Neela and 25 NSS Volunteers from Cauvery College for Women(Autonomous) interacted with Most Respected Madam Meeta Rajivlochan, Secretary to Government of India, Department of Youth Affairs, Government of India. The NSS Programme Officer Dr.M.Neela acted as the translator for Madam Meeta Rajivlochan IAS.





COMMEMORATION OF WORLD AIDS DAY

2.12.2022

NSS Units of Cauvery College and Amity Club, PG & Research Department of Social Work of Cauvery College for Women commemorated World AIDS Day by organizing a discussion on Transnational Human Trafficking and HIV/AIDS on 02.12.2022 from 11.00 p.m-12.30 p.m at Room no C40. The resource person for the programme Mr Muthukumar, Project Manager

People's Development Initiatives, Trichy briefed on various modes of spread of HIV/AIDS and how Human trafficking is contributing for the spread. About 50 students from four departments benefited out of the programme. NSS programme Officer Dr T Amirtha Mary coordinated the programme.



NSS programme Officer Dr T Amirtha Mary
the audience



Mr Muthukumar sharing his
knowledge to addressing the audience

KEEP THE MIND HEALTHY

3.12.2022

NSS Units of Cauvery College and Amity Club, PG & Research Department of Social Work of Cauvery College for Women jointly organized a Mental Health programme for first year under graduate hostel students on 03.12.2022 from 3.00 p.m-4.30 p.m at Dr Rameswary Nallusamy Hall. The resource person for the programme Mr.R.Pragatheeswaran, Psychiatric Social Worker, ATHMA Hospitals ,Trichy briefed on various mental health issues facing by student community. He talked about the importance of minimal usage of electronic gadgets to avoid sleep disturbances and in turn to reduce mental health issues. About 210 students benefited out of the programme. NSS programme Officer Dr T Amirtha Mary coordinated the programme.



NSS programme Officer Dr T Amirtha Mary seen along with the dignitaries in the programme.



Mr Pragatheeswaran addressing the audience



A section of the audience

SENSITIZATION WORKSHOP ON POSH ACT

3.12.2022

The NSS Units of Cauvery College for Women (Autonomous) organized a sensitization workshop on POSH Act in collaboration with Anti-Sexual Harassment Committee/Internal Complaints Committee on 03.12.2022 from 10.00am to 12.00 pm at Dr.Rameswary Nallusamy Hall ,Cauvery College for Women (Autonomous).The resource person, Ms.Vijila Jasmin, Cluster Head, HR,TVS Industries Pvt Ltd. sensitized the faculty members of Cauvery college about the various protective measures under the Sexual Harassment of Women at Workplace (Prevention, Prohibition And Redressal) act, 2013- (POSH Act).She cited many case studies from real life experience and also talked about the measures to address the Sexual Harassment issues faced by women at the workplace. Dr.S.Shameem , Vice Principal, Dr. G. Mettilda Buvaneswari ,Head of the Department of Social Work and 25 faculty members were present during the session.



Ms Vijila addressing the faculty members



CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS)
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ANTI SEXUAL HARASSMENT COMMITTEE

Organizes a Sensitization Workshop

on

Sexual Harrassment of Women at Workplace
Prevention, Prohibition and Redressal Act 2013(POSH ACT)

RESOURCE PERSON



Mrs.G.VIJILA JASMINE,
(Alumna BSW ,1999-2002 Batch)
Cluster Head-HR
TVS Mobility Pvt Ltd
Trichy



Date: 03.12.2022



Time: 10:00am-12:00pm



Venue: Dr.Rameswari Nallusamy Hall



Invite of the programme



Ms Vijila seen along with other dignitaries

INTERDEPARTMENTAL COMPETITIONS TO OBSERVE DISCRIMINATION AGAINST WOMEN PAKHWADA

5.12.2022-6.12.2022

NSS along with Anti-sexual Harassment Committee/ICC and PG & Research Department of Social Work organized Inter Departmental competitions at Cauvery College for Women (Autonomous), Trichy to observe **Discrimination against Women Pakhwada** on 5th and 6th December 2022. Students from 14 departments participated in the competitions. NSS Programme Officer Dr T Amirtha Mary, Assistant Professor, Department of Social Work organized the programme along with the programme committee.

Competitions such as Debate, Elocution (Tamil & English), Drawing, Essay and Slogan Writing were conducted.

DEBATE On “Women facing Discrimination Today or in Bygone Days?”

Venue: Room No C40 Date:06.12.2022

14 students from various departments participated in the debate competition.



NSS Programme Officer Dr T Amirtha Mary, Assistant Professor, Department of Social Work seen along with the other faculty members

English elocution competition on “Discrimination Against Women”

Venue: Room No C35

Date: 06.12.2022.

17 students from various departments participated in the English Elocution competition.

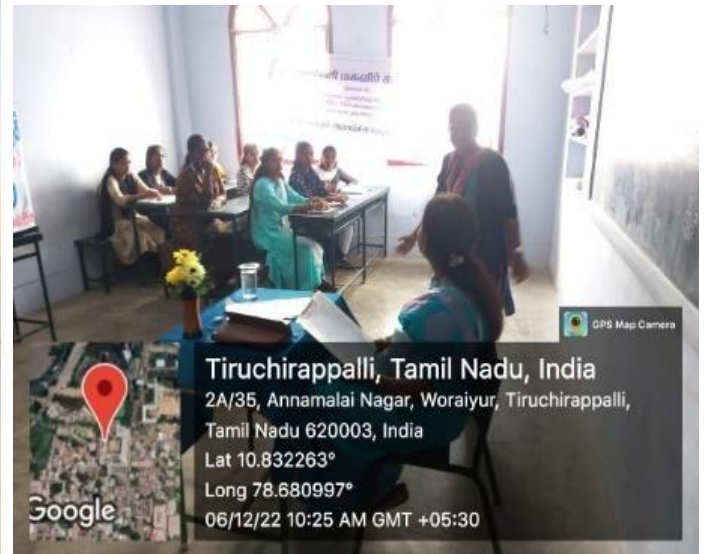


Tamil Elocution competition on “Discrimination Against Women”

Venue: Room No C30

Date: 06.12.2022.

13 students participated in the Tamil Elocution competition.



Drawing Competition on Forms of Discrimination against Women

Venue: C29

Date: 5.12.2022

17 students participated in the drawing competition.



Essay Writing Competition on Discrimination against Women

Venue: C29

Date: 5.12.2022

17 students participated in the essay writing competition.



Slogan Writing Competition on Ways to prevent Discrimination against Women

Venue: C36

Date: 5.12.2022

13 students participated in the Slogan competition.

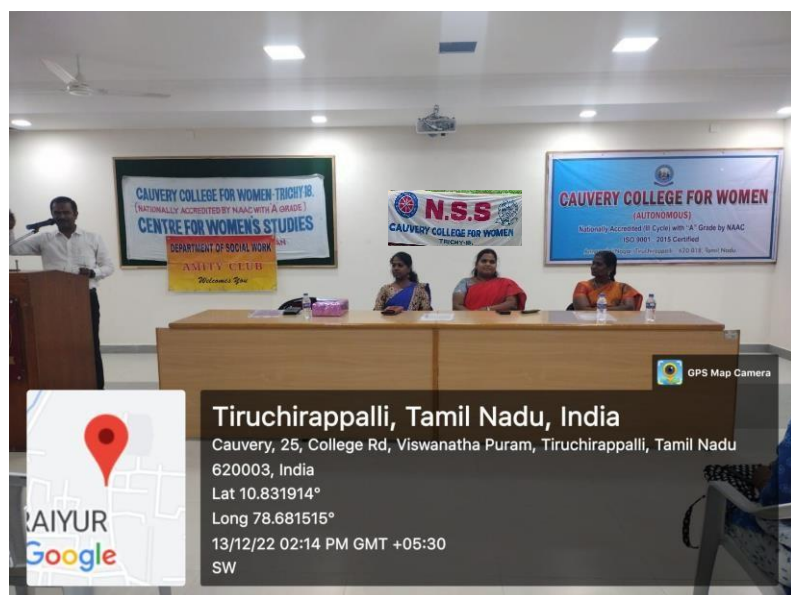


LEGISLATIONS FOR WOMEN

13.12.2022

NSS along with PG & Research Department of Social Work organized a discussion on Legislations for Women on 13th December 2022 at Dr Rameswari Nallusamy Hall. The Resource person of the day was Mr Sedhurajan, Advocate, District Court addressed the audience. Students from Commerce, Social Work and English participated in the discussion.

NSS Programme Officer Dr T Amirtha Mary, Assistant Professor, Department of Social Work organized the programme along with the programme committee.



NSS Programme Officer Dr T Amirtha Mary, Assistant Professor, Department of Social Work seen along with the other faculty members



Mr Sedhurajan, Advocate, District Court addressing the audience.

TRAINING PROGRAMME ON INSTILLING AND SAFETY AND SECURITY

17.12.2022

NSS along with PG & Research Department of Social Work organized a Training programme on Instilling and Safety and Security for Sanitary Workers of Cauvery College for Women on 17th December 2022 at C40. The Resource persons were Mr Senthilkumar, Director (South India Chapter), World Toilet College and Mr Palanivel, State Coordinator, (South India Chapter), World Toilet College. About 35 sanitary workers of Cauvery College for Women took part in the training session. The Sanitary Workers were provided with certificates and T-shirts by World Toilet College.

NSS Programme Officer Dr T Amirtha Mary, Assistant Professor, Department of Social Work organized the programme along with World Toilet College(South India Chapter).



NSS Programme Officer Dr T Amirtha Mary giving their certificates to Sanitary Workers.



The Sanitary Workers seen with certificates

ASSESSMENT OF ANTHROPOMETRIC INDICES OF ANGANWADI CHILDREN

22.12.2022

NSS volunteers visited Malliampathu Village to assess the Anthropometric Indices of Anganwadi Children on 22.12.2022. Department of FSM & D and Diet Counselling Cell participated in the assessment. 18 Children of Anganwadi centre were assessed of their anthropometric indices. A discussion with Village Health Nurse(VHN) was also initiated by NSS Programme Officer Dr T Amirtha Mary, Assistant Professor, Department of Social Work.

NSS
Programme
Officer Dr T
Amirtha
Mary
administeri
ng the
height of a
child





**NSS volunteer engaging a child with drawing
VHN**



Discussion with

SMOKEFREE BHOGI AWARENESS RALLY

12.1.2023

30 NSS Volunteers of Cauvery College for Women (Autonomous) along with NSS Programme Officer Ms G Kanagavalli participated in the rally on 12.1.2023 from 8.30 a.m. which started from K. Abishekapuram Municipal Office to Makkal mantram, Thillainagar 5 th cross, Trichy.



Ms G Kanagavalli seen during the rally

*NSS Volunteers seen at the Makkal students
Mandram along with the NSS officers*



26TH NATIONAL YOUTH FESTIVAL

12.01.2023 – 16.01.2023

Ms.R.Thrishadevi of II BBA, NSS Volunteer of Cauvery College for Women(Autonomous) participated in the National Youth Festival held at Hubli-Dharwad, Karnataka from 12th January 2023 to 16th January 2023.





BHARATHIDASAN UNIVERSITY

(Accredited with "B+" Grade by NMAC in Third Cycle)

TRUCHERAPPALLI - 620024

NATIONAL SERVICE SCHEME CELL

(National Awardee - 2017-18)



Dr. A. Lakshmi Prabha
NSS Coordinator i/c.

Phone : 0431-2407015 Fax : 0431-2407045 Mobile : 88708 88903
E-mail : nssbdu@gmail.com, nss@bdu.ac.in Website : www.bdu.ac.in/nss

Ref. No : 150 / S2 / BDU / NSS / 2022-23 Dt: 05.01.2023

To

The Principal
Cauvery College for Women
Trichy Dt

Dear Sir/Madam

Sub: NSS - National Youth Festival at Karnataka from 12.01.2023 to 16.01.2023 - Deputing NSS Volunteer - Reg.

Ref: Regional Director's Letter No: 2-16/NSS/2022-23/NYF/3549-3568
Dt: 03.01.2023

As per the NSS Regional Director's Letter in the above reference cited, the Ministry of Youth Affairs & Sports, Govt. of India has organised the National Youth Festival at Hubli Dharwad, Karnataka from 12th to 16th January 2023.

In consultation with the Programme Officer, **R. Thrishadevi, II BBA**, NSS Volunteer of your college has been selected to attend the camp. Dr. S. Singaravadivel, NSS Programme Officer of Swami Dayananda College of Arts & Science, Thiruvavur (Mobile: 8148937400) is the contingent leader for the camp. Boarding & Lodging will be borne by the organisers. Hence, I request you to kindly depute the Volunteer for the camp. His/her absence during these days may be treated as 'On Duty'. He/she needs to submit the attached forms to this office duly filled-in on or before 09.01.2023.

Thanking you

Yours Sincerely




NSS Coordinator i/c.

Encl: Necessary Forms

STATE REPUBLIC DAY PARADE CAMP

17.01.2023 – 26.01.2023

Ms. J. Yugapriya of II BCom, NSS Volunteer of Cauvery College for Women(Autonomous) participated in the Tamil Nadu State Republic Day Parade Camp held at Chennai from 17th January 2023 to 26th January 2023.

	BHARATHIDASAN UNIVERSITY (Accredited with 'A+' Grade by NMAC in Third Cycle) TIRUCHIRAPPALLI - 620024 NATIONAL SERVICE SCHEME CELL (National Awardee - 2017-18)	
Dr. A. Lakshmi Prabha NSS Coordinator i/c.	Phone : 0431-2407015 Fax : 0431-2407045 Mobile : 88708 88903 E-mail : nssbdu@gmail.com, nss@bdu.ac.in Website : www.bdu.ac.in/nss	

Ref. No: 147/S2/BDDU/NSS/2022-23 Dt: 22.12.2022

To
The Principal
Cauvery College for Women
Tiruchirappalli

Dear Sir/Madam


Sub: NSS - State RD Camp at Chennai from 17.01.2023 to 26.01.2023 -
Deputing NSS Volunteer - Reg.

Ref: State NSS Officer's Letter No: 47388/P2/2022 Dt: 14.12.2022

As per the Tamil Nadu State NSS Officer's Letter in the above reference cited, the Tamil Nadu State Republic Day (RD) Parade will be held on 26.01.2023 at Marina, Chennai. NSS Volunteers (5 male & 4 female) who have attended the South Zone Pre-RD Selection Camp have been selected attend the TN State RD. The training will start on 17.01.2023 at Chennai.

In this regard, **J. Yugapriya II B.Com.**, NSS Volunteer of your college has been selected to attend the camp. Dr. M. Sughasini, NSS Programme Officer of Srimad Andavan Arts & Science College (Mobile: 9944547931) is the contingent leader for the camp. Boarding & Lodging will be borne by the organisers. The Contingent Leader and the selected Volunteers have to attend the camp from 17.01.2023 to 26.01.2023 at Chennai. Hence, I request you to kindly depute the Volunteer for the camp. Her absence during these days may be treated as 'On Duty'. The Volunteer needs to submit the attached forms to this office duly filled-in on or before 28.12.2022.

Thanking you

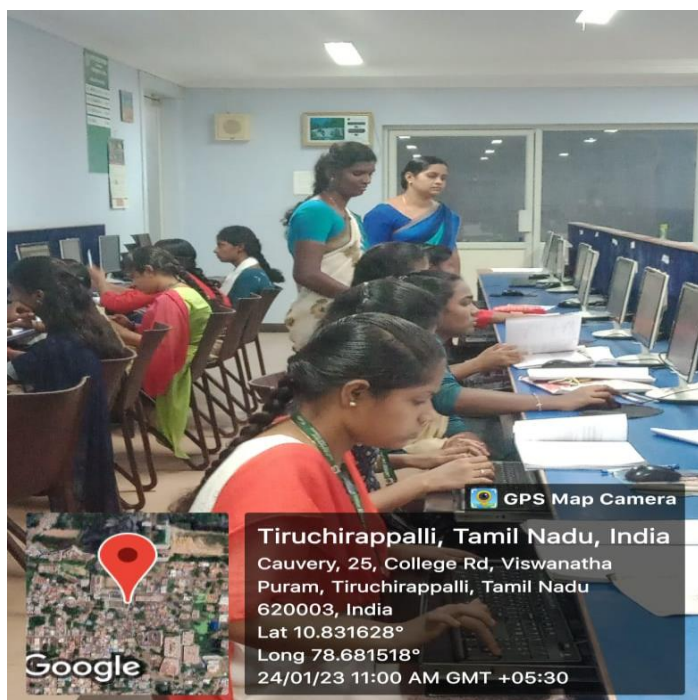
Yours Sincerely

NSS Coordinator i/c.

Encl: Necessary Forms

My Thoughts – Our Toilets Online Survey

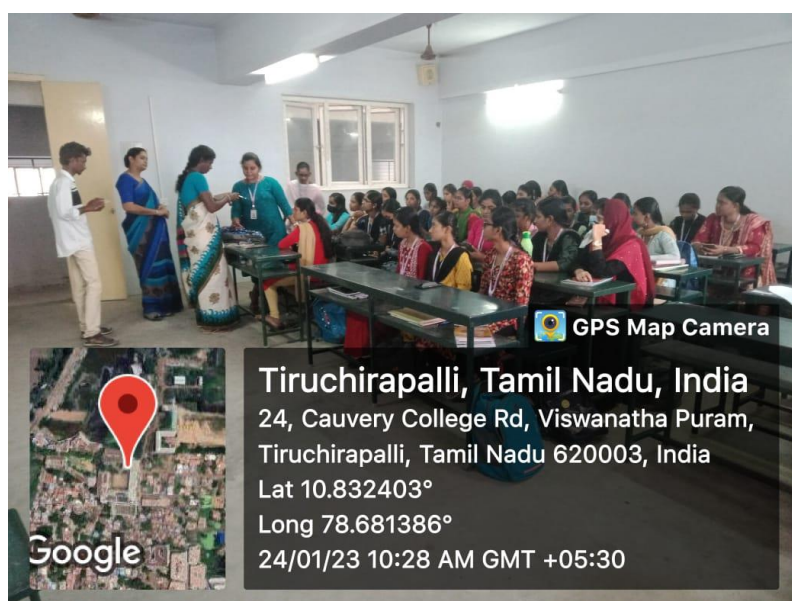
24.1.2023

NSS Volunteers of Cauvery College for Women (Autonomous) participated in a survey under My Thoughts - Our Toilets scheme and expressed their views on public toilets in our City. About 30 students participated in the event. Ms M Ellakkiya, NSS Programme Officer seen during the event.



Ms M Ellakkiya, NSS Programme Officer seen in the Netlab

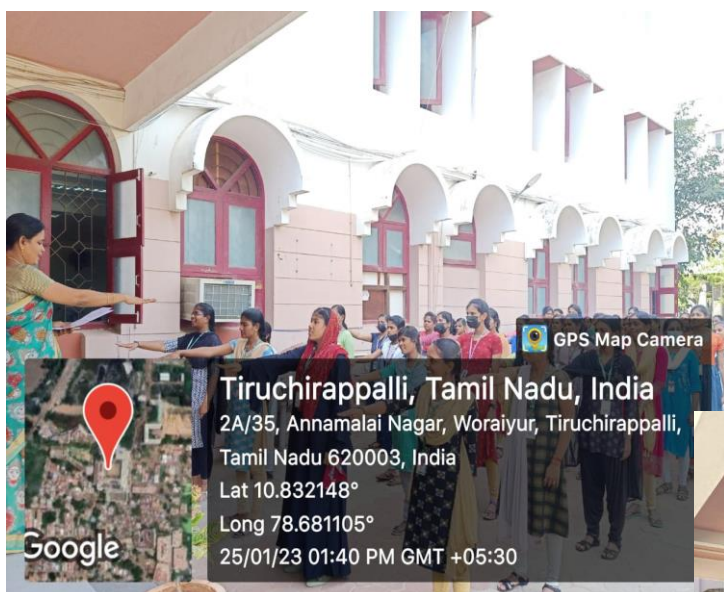
NSS Volunteers seen clarifying their doubts



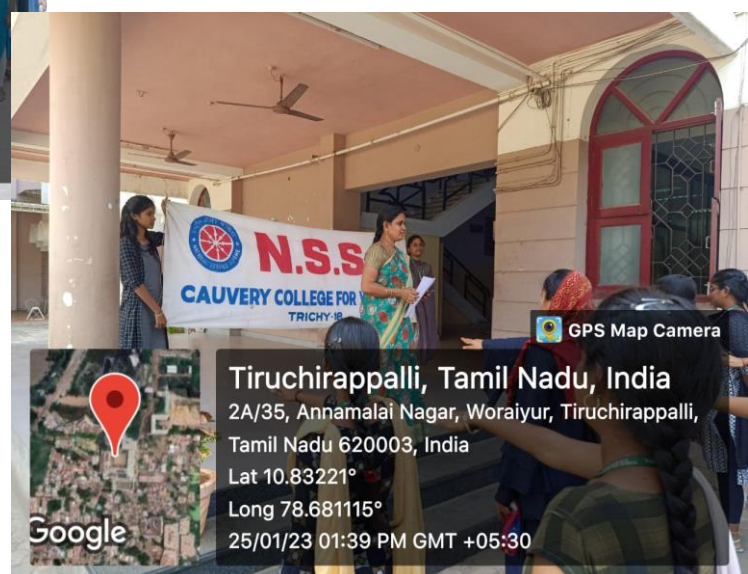
OATH TAKING

25.1.2023

The NSS volunteers administered Oath to commemorate National Voter's Day at Cauvery College premises with Dr M Neela, NSS Programme Officer administering the Oath. About 50 volunteers took part in the event.



NSS Students seen during the oath taking session



Dr M Neela seen during the oath taking event

COMMEMORATION OF REPUBLIC DAY

26.1.2023

NSS – Bharathidasan University commemorated Republic Day in their main campus and NSS volunteers of Cauvery College for Women (Autonomous) participated in the celebration. Ms G Kanagavalli, NSS Programme Officer accompanied the students to the campus. About 50 students participated in the programme. Dr M Selvam, Vice Chancellor of Bharathidasan University hoisted the National Flag and delivered the special address.





NSS Volunteers seen during the ceremony



NATIONAL INTEGRATION CAMP

03.02.2023 -09.02.2023

Ms. G. Harini of II BBA, NSS Volunteer of Cauvery College for Women(Autonomous) participated in the National Integration Camp from 3rd February 2023 to 9th February 2023 at Mysore, Karnataka.

	BHARATHIDASAN UNIVERSITY (Accredited with "A+" Grade by NAAC in Third Cycle) TIRUCHIRAPPALLI - 620024 NATIONAL SERVICE SCHEME CELL (National Awardee - 2017-18)	
Dr. A. Lakshmi Prabha NSS Coordinator i/c.	Phone : 0431-2407015 Fax : 0431-2407045 Mobile : 88708 88903 E-mail : nssbdu@gmail.com, nss@bdu.ac.in Website : www.bdu.ac.in/nss	

Ref. No : 159 / S2 / BDU / NSS / 2022-23 Dt: 24.01.2023

To
The Principal
Cauvery College for Women
Trichy

Dear Sir/Madam

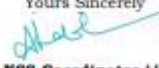
Sub: NSS - National Integration Camp at Mysore, Karnataka from 03.02.2023 to 09.02.2023 - Deputing NSS Volunteer - Reg.

Ref : Regional Director's Letter No: 2-49/2022-23/NIC-Bangalore/3833-3838 Dt: 11.01.2023

As per the NSS Regional Director's Letter in the above reference cited, the Ministry of Youth Empowerment & Sports, Govt. of Karnataka has organised a National Integration Camp at Mysore, Karnataka from 03rd to 09th February 2023.

In consultation with your Programme Officer, **G. Harini, II BBA**, NSS Volunteer of your college has been selected to attend the camp. Ms. G. Geetha, NSS Programme Officer of Sengamala Thayar Educational Trust Women's College, Mannargudi, Thiruvavur Dt (Mobile: 9688245112) is the contingent leader for the camp. Boarding & Lodging will be borne by the organisers. Hence, I request you to kindly depute the Volunteer for the camp. His/her absence during these days may be treated as 'On Duty'. He/she needs to submit the copy of the attached forms to this office duly filled-in.

Thanking you



Yours Sincerely

NSS Coordinator i/c.

Encl: Necessary Forms

PFMS TRAINING PROGRAMME

16.02.2023

The NSS of Cauvery College for Women organized PFMS Training Programme to the NSS Programme Officers of Bharathidasan University on 16th February 2023. The NSS Regional Director Dr.C.Samuel Chellai gave training to the NSS Programme Officers. About 20 NSS Programme Officers from different colleges took part in the program.



**CAUVERY COLLEGE FOR WOMEN
(AUTONOMOUS)**

Nationally Accredited (III Cycle) with an 'A' Grade by NAAC
ISO 9001: 2015 Certified
Annamalai Nagar, Tiruchirappalli – 620 018.

NATIONAL SERVICE SCHEME
in Collaboration with
NSS cell of Bharathidasan University

Organizes

**PMFS Training Programme to the
NSS Programme Officers of
Bharathidasan University**


CHIEF GUEST

Dr. C.Samuel Chellaiah
NSS Regional Director,
Regional Directorate of
TamilNadu,
Chennai

Dr. A. Lakshmi Prabha
NSS Coordinator,
Professor,
Department of Botany,
Bharathidasan University,
Tiruchirappalli – 620024

**VENUE:NET LAB
DATE:16.02.2023
TIME: 10.30AM**

**All are
Cordially Invited**





The Programme officers of Bharathidasan University attending PFMS Training Programme.

TREE PLANTATION

16.2.2023

Dr.C.Samuel Chellaiah, NSS Regional Director, Tamil Nadu and Dr. A. Lakshmi Prabha, NSS Coordinator, Professor, Department of Botany, Bharathidasan University, Tiruchirappalli participated in the Tree Plantation Programme held at Cauvery College for Women(Autonomous).



*Dr V Sujatha, Principal of Cauvery College seen with planting the
Dr C Samuel Chellaiah, Dr. A. Lakshmi Prabha and
Prabha
with Dr M Neela.*



*Dr.C.Samuel Chellaiah seen
sapling along with Dr. A. Lakshmi*

AWARENESS RALLY

21.2.2023

NSS volunteers along with Programme Officers Dr M Neela and Dr N Sathammai Priya participated in the International Mother Language Day rally held on 21.02.2023 from Gandhi Market to Bishop school. About 50 NSS Volunteers of Cauvery College for Women(Autonomous) participated in the rally.



Dr M Neela and Dr N Sathammai Priya during the rally

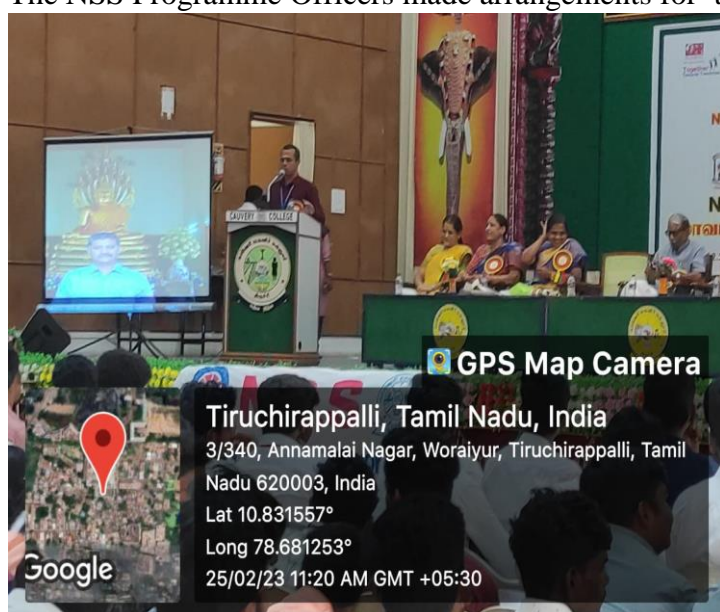


NSS volunteers seen during the procession

DISTRICT LEVEL NEIGHBORHOOD PARLIAMENT & SPORTS MATERIALS DISTRIBUTION

25.2.2023

NSS Units of Cauvery College for Women (Autonomous) along with NSS-Bharathidasan University & Nehru Yuva Kendra- Tiruchirapalli organized a Programme to promote District Level Neighborhood Parliament and distributed Sports Materials to the beneficiaries. Dr.A.Lakshmi Prabha, NSS Coordinator, Bharathidasan University welcomed the gathering. Mr K Thiruneelakandan, Secretary, College Governing Council rendered the presidential address. Dr V Sujatha, Principal, Cauvery College for Women(Autonomous) rendered special address . Ms M Nithya, District Social Welfare Officer, Tiruchirapalli, Dr R Arul, Assistant Professor, Department of Commerce, St Joseph's College(Autonomous) & Dr.S.Fathima, Assistant Professor, Department of FSM & D, were the key note speakers of the programme. Ms S Shruthi, District Youth Officer, Nehru Yuva Kendra, Tiruchirapalli rendered the vote of thanks. The NSS volunteers from different colleges are the beneficiaries of the Programme. The NSS Programme Officers made arrangements for the programme.



Dr R Arul addressing the audience seen with the dignitaries programme



Audience of the



Government of India
Ministry of Youth Affairs and Sports

NEHRU YUVA KENDRA - TIRUCHIRAPPALLI (TN)
N S S – BHARATHIDASAN UNIVERSITY, TIRUCHIRAPPALLI
Jointly organise

DISTRICT LEVEL
NEIGHBOURHOOD YOUTH PARLIAMENT
&
SPORTS MATERIALS DISTRIBUTION FUNCTION

.....
Date: 25.02.2023 Time: 10.00 a.m.,
Venue: Cauvery College for Women, Tiruchirappalli
.....

Prayer

Welcome address	: Dr.A. LAKSHMI PRABA Coordinator, N S S – Bharathidasan University, Tiruchirappalli
Presidential address	: Shri.K. THIRUNEELAKANDAN Secretary, Cauvery College for Women, Tiruchirappalli
Chief Guest address & Sports Materials distribution	: Shri.M. PRADEEP KUMAR, I.A.S., District Collector Tiruchirappalli District
Special address	: Dr.V. SUJATHA M.Com., M.Phil., Ph.D., Principal, Cauvery College for Women, Tiruchirappalli
Key Note address	: Smt.M. NITHYA District Social Welfare Officer, Tiruchirappalli : Dr.R. ARUL Asst. Professor, St. Joseph College, Trichy : Dr.S. FATHIMA Asst. Professor, Cauvery College for Women, Trichy
Vote of thanks	: Selvi. SRUTHI .S District Youth Officer, Nehru Yuva Kendra, Tiruchirappalli
Cultural performance	: Students of Cauvery College for Women, Trichy

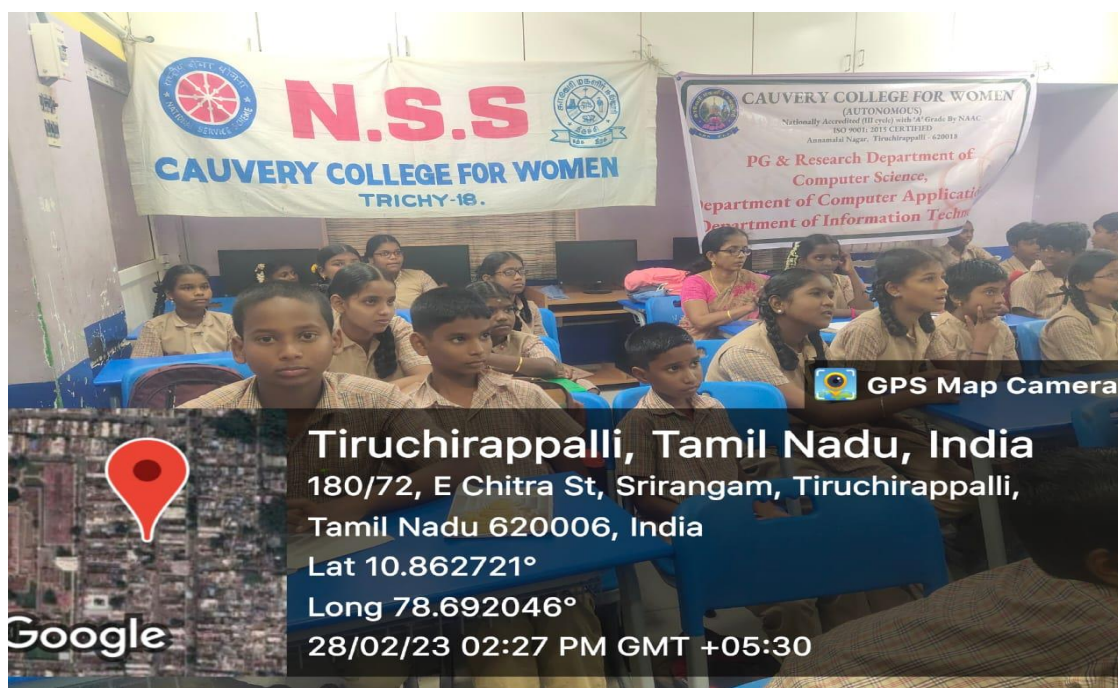
National Anthem

Invite of the programme

TECHNO CAMP – A CAPACITY ENRICHMENT PROGRAMME FOR SCHOOL CHILDREN

27.02.2023

The NSS of Cauvery College for Women in association with PG & Research Department of Computer Science, Computer Applications and Information Technology organized Techno Camp – A Capacity Enrichment Programme for School Children at Dr.Rajan Municipal Middle School, Srirangam, Tiruchirappalli on 27.02.2023 . 50 NSS volunteers trained the school students with the basic computer skills .



INTERNATIONAL CONFERENCE ON THE DELIBERATIONS ON THE LEGISLATIONS TOWARDS WOMEN & CHILDREN

6.3.2023 to 7.3.2023

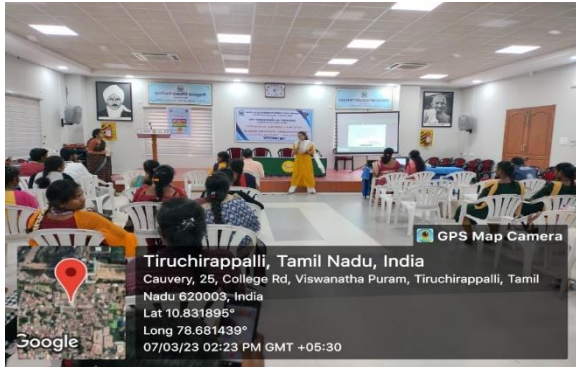
NSS of Cauvery College for Women along with Department of Social Work organized an International Conference on 6th & 7th March 2023 and following are the resource persons - Mr Victor Lazarus, Vice Chairman, National Institute of Personnel Management and Principal of Bishop Thorp College, Dharapuram, Thiruppur, Mr Alex Joy, Human Capitalist, Intelligence Community Wing, Department of Defense, USA, Mr T Murali, Head HR & legal, Group Antolin India Pvt Ltd, Chennai, Ms J Christy Subathra, Social Activist & Trustee, CREA academy, Trichy, Mr Saravana Kumar, Regional Probation Officer, Department of Social Defense, Government of Tamil Nadu, Mr R Gandhi, Former District Judge, President, Tamil Nadu State Disputes Redressal Commission (TNSDRC), Mr Senthilkumaran & Ms R Sayeeswari, Members of (TNSDRC) participated in the Conference. About 200 participants took part in the session.



***Mr Saravana Kumar addressing the session
Programme Officer
participants
session***



***Dr T Amirtha Mary, NSS
reading the recap of the***



A presenter presenting her research paper in the conference

PARK CLEANING WORK

07.03.2023

About 20 NSS Volunteers were involved in Park Cleaning on 07.03.2023 at Woraiyur. The volunteers actively participated in the cleaning work setting an example.



NSS Students involving in the cleaning work

NSS Students posing after the cleaning work involved in cleaning work



COMMEMORATION OF INTERNATIONAL WOMEN'S DAY 2023

10.03.2023

The NSS Cell of Bharathidasan University organized a programme to commemorate International Women's Day on 10th March 2023 with Dr Tamilisai Soundarajan, Governor of Telengana was the chief guest. About 500 NSS volunteers from affiliated colleges participated in the session. About 50 NSS Student volunteers of Cauvery College participated in the session.



NSS Volunteers posing in front of the programme hall



Honourbale Governor of Telangana, Tamlisai Soundarajan addressing the audience

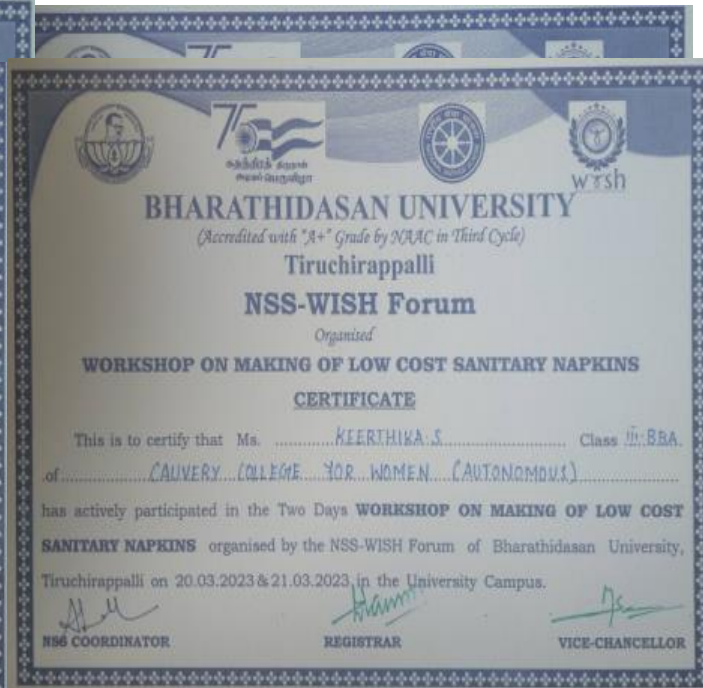
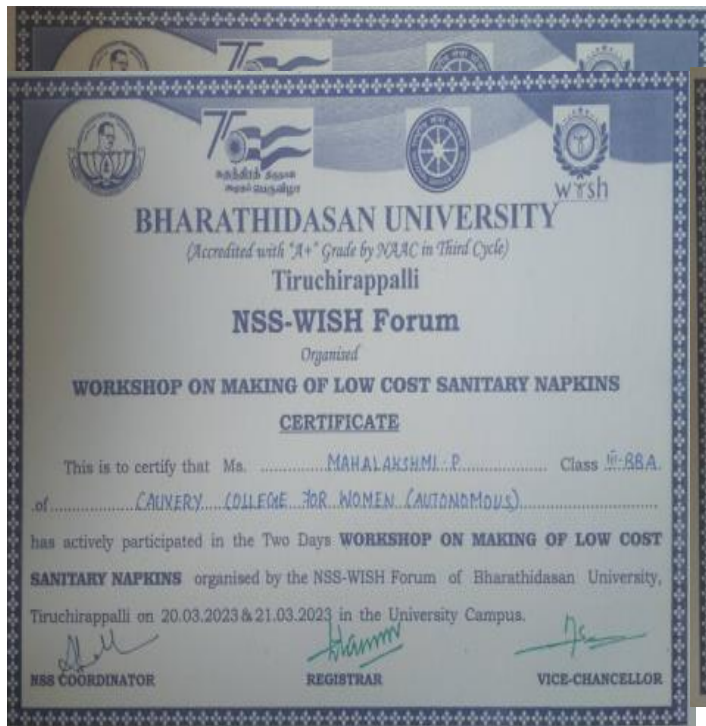
WORKSHOP ON MAKING OF LOW COST SANITARY NAPKINS

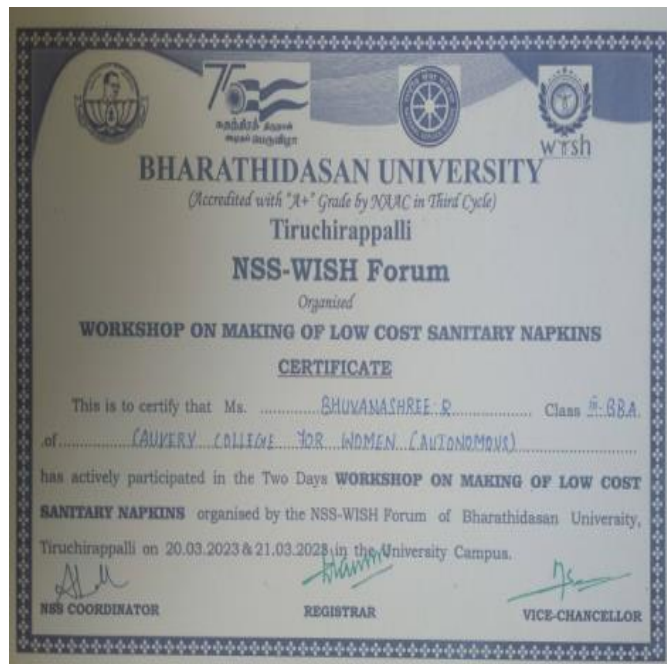
20.03.2023 to 21.03.2023

NSS Volunteers participated in the Two day workshop on Making of Low Cost Sanitary Napkins at Bharathidasan University Campus organized by NSS-WISH Forum of Bharathidasan University.

Certificates of Students who participated in the workshop







NSS SPECIAL CAMP 2023

20.03.2023 – 26.03.2023

NSS Special Camp was conducted from 20th March upto 26th March 2023 in Malliampathu, Mekkudi, Nachikurichi, Kullumani and Seerathoppu under the direction of NSS Programme Coordinator- Dr A Lakshmi Prabha. NSS Programme Officers – Dr M Neela, Dr Sathammai Priya, Dr T Amirtha Mary, Ms Kanagavalli and Ms Elakkiya organized camp and 250 NSS Volunteers participated in the camp.

Day 1:

The Inaugural Session of the Special Camp happened in Cauvery College for Women premises with Dr V Sujatha presiding over the session. She wished all the NSS Volunteers to have a great experience in the camp and asked them to maintain discipline and to adhere to the instructions of the NSS Programme Officers. Then Dr M Neela spoke on the Importance of NSS and its origin among the students at Seerathoppu Community Hall wherein the students gained knowledge the need and significance of NSS in a student life. After the session, the students were allowed for rapport building at Seerathoppu village.

Day 2:

Mr Robin, Founder of Iragugal Trust was the resource person of the day who spoke on the Contribution of Youth in Nation Development. He shared his experiences in serving the society through his organization and invited the students to play an active part in the society. Dr G Mettilda Buvaneswari, Head & Associate Professor, PG & Research Department of Social Work, Cauvery College for Women spoke on the Qualities of Youth that is required for Nation Development. She highlighted on the differences of Sympathy, Empathy & Apathy. Later the students involved in the Survey studying the various resources available in the village and the problems that are posing as an obstacle for development.

Day 3:

The NSS Volunteers visited Mekkudi village on the third day and Dr Tamil Selvi, Head & Professor, Department of Business Administration addressed the students on Leadership and the qualities in being a good leader. She insisted the importance of being an efficient leader. Then Dr. M. Gayathri, Associate Professor, Department of Business Administration spoke on the process of Soap making and how it can be developed into a business thus becoming an entrepreneur and self-sufficient. Later, Ms Violet Pankajabai, Assistant Professor, Department of English spoke on the process of Paper Bag making and how it is the need of the hour to act environmental friendly. After lunch, the students visited Mekkudi village and understood the resources and problems of the village.

Day 4:

The NSS Volunteers actively participated in Day 4 session wherein Dr T Amirtha Mary, Assistant Professor, Department of Social Work & NSS Programme officer spoke on the Importance of Self Esteem and how it can be developed. Ms Ellakkiya, Assistant Professor, Department of CA, Cauvery College for Women spoke on Digital Safety and shared tips of how to safeguard oneself from online stalking and bullying. A group of students also took part in the Intercollegiate Meet at Srimad Andavan College and participated in the Speech competition.

Day 5:

On the fifth day, the students visited Nachikurichy village wherein Dr Vincent De' Paul, Founder of TEACHER Trust spoke on the importance of Education and his experiences in serving the tribal people. The students actively took part in the session. Mr Devi Padmanaban spoke on the various schemes of government and how it is important to help the beneficiaries access it. Later the students, involved in understanding the village by knowing its resources and problems.

Day 6:

Mr Paulraj, Project Coordinator of Hope of the Hopeless visited the camp spot at Nachikurichi and spoke on the importance of disciplined life. He narrated various incidents from his life and interacted with the students too. Later Dr G Kanaga, Dean & Professor, PG & Research Department of Social Work spoke on Menstrual Hygeine Management and the need to take care of oneself.

Day 7:

Mr Santhakumar of Spastics Society of Tiruchirapalli spoke on the need for identifying spastics condition in children and how the NSS volunteers could network them. He invited students to spend their leisure time in helping the children in their home. Later, the Valedictory programme had Dr A Lakshmi Prabha as the chief guest. She appreciated the NSS Units of Cauvery College for their involvement in the Camp and wished them all success in their life.

Glimpses of the NSS Special Camp



*Dr V Sujatha, Prinicipal, Cauvery College for Women
session
addressing the audience during the inaugural*



Mr Robin seen during the



*Dr Mettilda addressing the audience
importance of NSS*



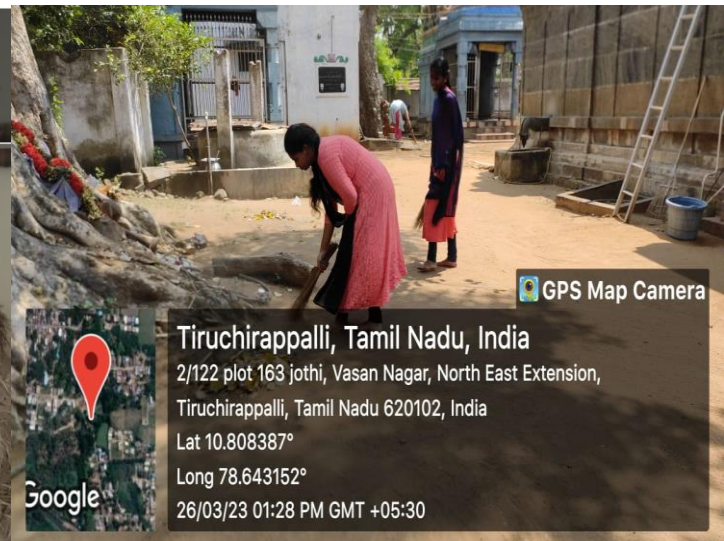
Dr Neela sharing the



Dr J Tamilselvi addressing about leadership process of



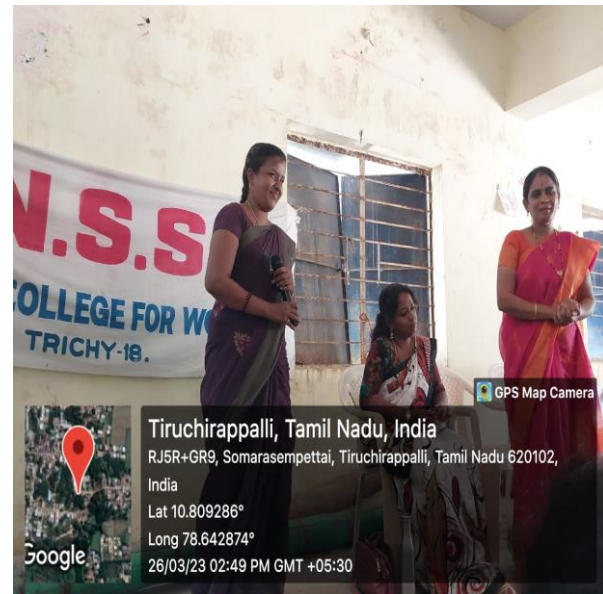
Dr Gayatri explaining the Soap making



Students involved in the cleaning process in a temple and community hall



Mr Devipadmadapan offering the pamphlet of government Schemes *Dr Neela introducing Ms Kanagavalli during her session*



A NSS Volunteer during Quality of Life survey audience



Dr Vincent Paul seen addressing the audience



Ms.Elakkiya addressing the audience

Mr.Paulraj addressing the NSS Volunteers





***Dr.A.Laskhmi prabha NSS
Coordinator rendered
valedictory address.***

AWARD CEREMONY AT BHARATHIDASAN UNIVERSITY

27.03.2023

NSS Units of Cauvery College for Women has bagged various awards for the academic years 2019-2020, 2021-2021 & 2021-2022. The award ceremony held on 27th March 2023 and bagged the following awards:

Best NSS Unit : Cauvery College for Women for the academic year 2019-2020

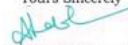
Best NSS Volunteer award::

Academic year 2019-2020 (R Priyanga, A Sivagami Sundari)

2020-2021 (A Steffigraph)

2021-2022(T Arthi & S Nivetha)

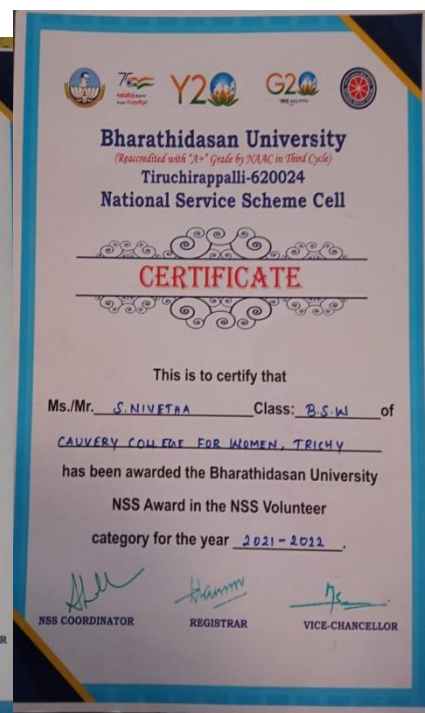
BHARATHIDASAN UNIVERSITY (Accredited with "A+" Grade by NAAC in Third Cycle) TIRUCHIRAPPALLI - 620024 NATIONAL SERVICE SCHEME CELL (National Awardee - 2017-18)				
Dr. A. Lakshmi Prabha NSS Coordinator i/c.		Phone : 0431-2407015 E-mail : nssbdu@gmail.com	Fax : 0431-2407045 nss@bdu.ac.in	Mobile : 88708 88903 Website : www.bdu.ac.in/nss
Ref. No : 194 / S2 / BDU / NSS / 2022-23 Dt: 20.03.2023				
To The Principal Cauvery College for Women Trichy				
Dear Sir/Madam				
Sub : NSS - University Awards for the years 2019-20, 2020-21 & 2021-22 - Intimation of Selection - Reg.				
Ref : Vice-Chancellor's Orders Dt: 17.03.2023				

I am happy to inform you that the following candidates from your college were selected to receive the University NSS Awards in the category mentioned against their name in the following table.				
S. No.	Name of the Candidate	Category		
		2019-20	2020-21	2021-22
1.	R. Priyanga	Volunteer		
2.	A. Sivagami Sundari	Volunteer		
3.	Cauvery College for Women	NSS Unit		
4.	A. Steffigraph	Volunteer		
5.	T. Arthi			Volunteer
6.	S. Nivetha			Volunteer
The University Awards Presentation Ceremony will be held on 27.03.2023 in the University's Convocation Hall. I request you to kindly depute the NSS Volunteers and the Principal (or a representative) to receive the awards on 27.03.2023 at 10.00 am.				
Thanking you				
Yours Sincerely  NSS Coordinator i/c.				

Award letter from the University



Awards received during the ceremony



Award Certificates of NSS Volunteers



Dr Selvam and other dignitaries presenting the certificates to the awardees

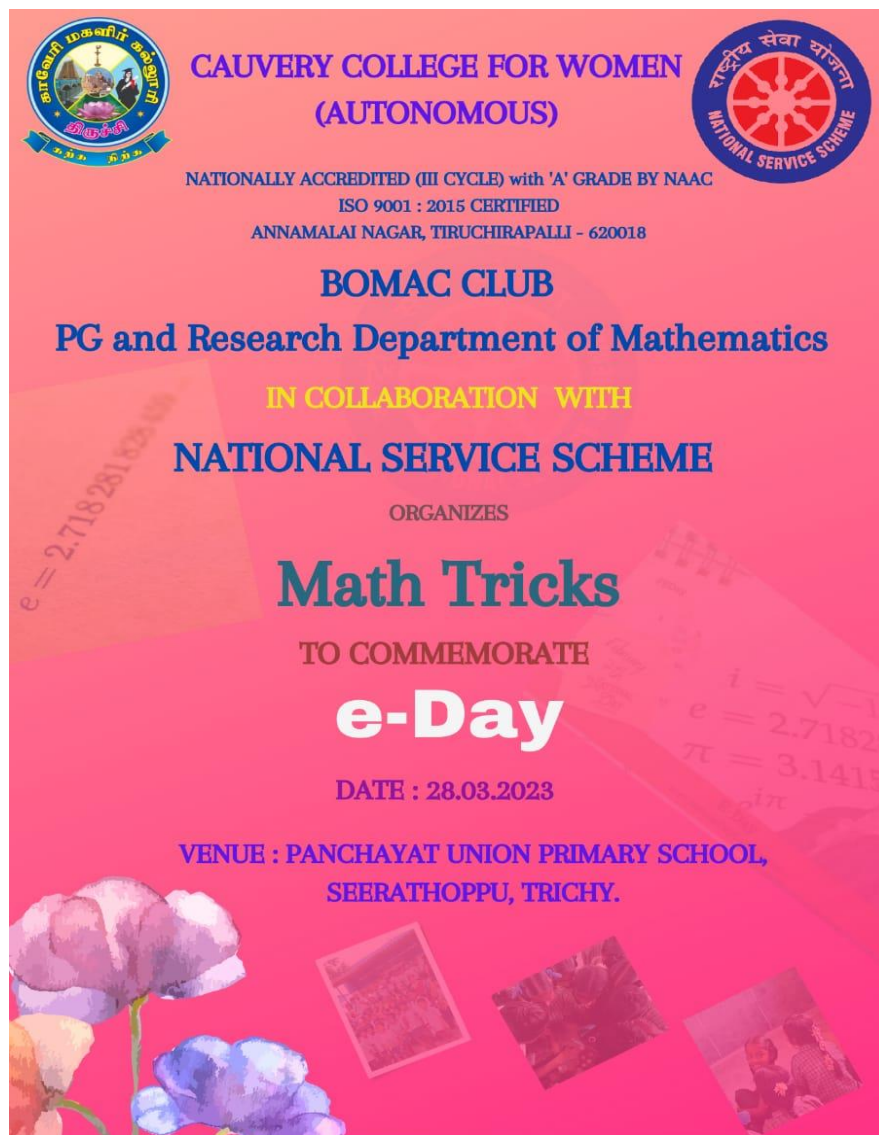


Dr M Selvam Vice Chancellor of Bharathidasan University presenting the Best NSS Unit award to the Principal of Cauvery College and to the NSS Programme Officers


TRAINING ON MATH TRICKS TO PRIMARY SCHOOL STUDENTS AT SEERATHOPPU


28.03.2023

The NSS of Cauvery College for Women organized training programme to the primary school students about the math tricks on 28.03.2023 at 11 am. The 20 NSS Volunteers of Cauvery College for Women along with the NSS Programme Officer Dr.M.Neela taken part in the programme. The NSS Volunteers taught the math tricks to the school students with the help of charts.



The poster is for a training program on math tricks. It features a pink background with mathematical formulas like $e = 2.718281828$, $i = \sqrt{-1}$, $e = 2.71828$, and $\pi = 3.1415$ scattered across it. At the bottom, there are illustrations of purple and blue flowers and three small photographs showing students and staff.

 **CAUVERY COLLEGE FOR WOMEN**
(AUTONOMOUS)



NATIONALLY ACCREDITED (III CYCLE) with 'A' GRADE BY NAAC
ISO 9001 : 2015 CERTIFIED
ANNAMALAI NAGAR, TIRUCHIRAPALLI - 620018

BOMAC CLUB
PG and Research Department of Mathematics
IN COLLABORATION WITH
NATIONAL SERVICE SCHEME
ORGANIZES

Math Tricks
TO COMMEMORATE
e-Day
DATE : 28.03.2023

VENUE : PANCHAYAT UNION PRIMARY SCHOOL,
SEERATHOPPU, TRICHY.



The NSS Volunteers teaching basic math tricks to school students.