# PG & RESEARCH DEPARTMENT OF SOCIAL WORK <u>HEALTH CLUB</u>

S.No	Title of the Programme	Date	Resource Person/Collaboration Agency
1	Detection of BMI	10.08.2022	PHC, Viralimalai ,Trichy
2	"Shape your mind to Shape your future"	16.09.2022	Dr.A.R.Syeeda Sheerin Psychiatrist SANA Hospital,Trichy
3	Eye Screening Camp	2.03.2023- 04.03.2023	The Eye Foundation -Eye Hospital,Trichy

# **Detection of BMI**

Date: 10.08.2022

Place: Government Middle school, Kunnathur Village

**Total Participants: 120** 

Cauvery college for Women (Autonomous)-Health Club, in association with National Service Scheme to commemorate the 75 years of independence (Azadi ka Amrit Mahotsav) organised health camp on Detecting Body Mass Index for school students at Kunnathur village. Dr.Prabakaran and team -PHC, Viralimalai checked the BMI of schools students and identified 50 Malnutritious students .Multivitamin, Iron and Folic acid tablets were distributed for school students and also the team identified various Malnutrition issues like Anaemia, Vitamin A deficiency and Iodine disorders among the school children through the basic screening on health.

## **PHOTOS**





## **Invitation**



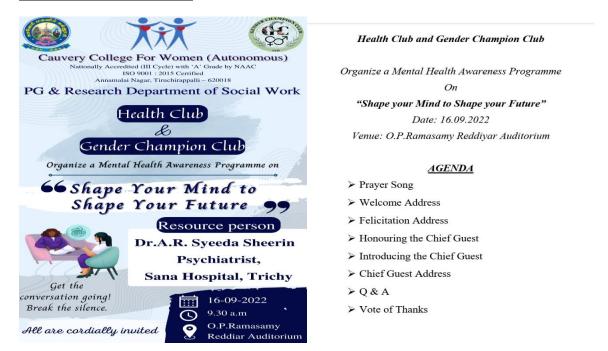
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"Shape your Mind to Shape your Future"

PG and Research Department of Social Work -Health Club and Gender Champion Club organized a menatal Health Awareness Programme on "Shape your Mind to Shape your Future" on 16.09.2022 at O.P.Ramasamy Reddiar Auditiorium .Resource Person -**Dr.A.R.Syeeda Sheerin ,Psychiatrist ,SANA Hospital,Trichy** given insights on Mental Health and also she shared various problems involved in the stage of Adolescence .She guided the students to stay healthy by maintaining physical and mental hygeine and gave some tips to overcome social media and mobile Addiction.Finally she interacted with students and given solutions for various psychological issues of Students

## **INVITATION & AGENDA**



# **PHOTOS**



## PRESS REPORT



### **EYE SCREENING CAMP**

PG & Research Department of Social Work & Health Club-Know your health step In associated with The Eye Foundation -Eye Hospital, Trichy organised Eye camp for all 2<sup>nd</sup> UG Students on 2<sup>nd</sup>, 3<sup>rd</sup> and 4<sup>th</sup> March 2023 in O.P.Ramasamy Reddiyar Auditorium. Dr. Archana - OPthamalogist gave awareness about Eye and the problem faced by youth after Pandemic and screened the students and suggested to come for consultation. Totally 400 students benefited out of this Programme.

### **Invitation**



#### **Photos**

