

CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS), TRICHY -18
DEPARTMENT OF FOOD SERVICE MANAGEMENT AND DIETETICS
DIET COUNSELLING CELL - 2019-2020

S.NO	DATE	Topic	RESOURCE PERSON	NO.OF BENEFICIARIES
1.	19.06.2019	Awareness on Importance of Nutrition during Pregnancy and Lactation	Ms.M.Vinothini, Assistant Professor, Department of Food Service Management and Dietetics, Cauvery College for Women (Autonomous), Trichy-18.	Anganwadi Workers-40 (Pullampadi, Trichy)
2.	07.08.2019	World Breastfeeding Week- Nutritional foundation for Future Health	Ms.M.Vinothini & Ms.E.Agalya, Assistant Professors, Department of Food Service Management and Dietetics, Cauvery College for Women (Autonomous), Trichy-18.	Pregnant and Lactating Mothers - 50 (Krishnarayapuram, Karur)
3.	07.08.2019	Awareness on Health and Hygiene	Ms.M.Vinothini & Ms.E.Agalya, Assistant Professors, Department of Food Service Management and Dietetics, Cauvery College for Women (Autonomous), Trichy-18.	Anganwadi Workers-30 (Krishnarayapuram, Karur)
4.	06.09.2019	Nutrition Education for Pregnant and Lactating Women	Ms.E.Agalya & Ms.T.R.Revathi, Assistant Professors, Department of Food Service Management and Dietetics, Cauvery College for Women (Autonomous), Trichy-18.	Pregnant and Lactating Mothers - 10 (Teaching and Non-Teaching Staff - Cauvery College for women (Autonomous))
5.	16.09.2019	Prevention of Malnutrition	Ms.S.Agalya, Assistant Professor, Department of Food Service Management and Dietetics, Cauvery College for Women (Autonomous), Trichy-18.	School going children and Parents-40 (All Saints Elementary School, Woraiyur, Trichy)
6.	29.01.2020	Dietary changes for healthy life	Ms.M.Vinothini & E.Agalya, Assistant Professors, Department of Food Service Management and Dietetics, Cauvery College For Women (Autonomous), Trichy-18.	School going children and Adolescent Girls - 80 (Government High School , Kulumani)