

Department of Food Service Management and Dietetics

Diet Counselling Cell Activity 2020-2021

| S.NO | DATE | ACTIVITY | RESOURCE PERSON |
|-------------|-----------------------|----------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1. | 03.08.2020 (4-5pm) | Webinar on “Breast Feeding Foundation Of Life” | Ms.Ramya Ramachandran, Registered Dietitian & Certified Lactation Counsellor, Nectar Integrated Health Services Pvt.Ltd. Founder & Director, Chennai. |
| 2. | 07.09.2020 (4-5pm) | Webinar on “ Dietary Approach for Health and Fitness Busting Myths on Fad Diets” | Ms. Meenakshi Bajaj, Dietitian, Tamil Nadu Govt. Multi Super Speciality Hospital, Chennai. |