

FITNESS CLUB

2020 – 2021

ACTIVITY	DATE	RESOURCE PERSON	BENEFICIARIES
Webinar on Physical Fitness for II & III Year Students	22.05.2020 – 26.05.2020	Dr.B.Baby Shakila Director of Physical Education	2000 Students
Interdepartmental Competition “Yoga for Home for Fitness and Wellness”	21.06.2020 – 25.06.2020	Dr.B.Baby Shakila Director of Physical Education	101 Participants Gold, Silver, Bronze Certificates were distributed to the Prize Winners.