



**CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS)**  
**Nationally Accredited (III cycle) With A Grade by NAAC**  
**ISO 9001 : 2015 Certified**  
**Tiruchirapalli-620018**

**DEPARTMENT OF FOOD SERVICE MANAGEMENT AND  
DIETETICS  
&  
HOSPITALITY CLUB**  
**Organizes**

## **Skill Enhancement Activity**

### **Fireless Cookery Competition**

**To Celebrate National Nutrition Week (Sep 1st – 7th 2023)**

**" Promoting Healthy Eating "**

**DATE : 01.09.2023**  
**TIMING : 10.00AM - 11.00AM**  
**VENUE : Auditorium Backside**



**CAUVERY COLLEGE FOR WOMEN (AUTONOMOUS), TRICHY**  
**DEPARTMENT OF FOOD SERVICE MANAGEMENT AND DIETETICS**

**&**  
**HOSPITALITY CLUB**  
**ORGANIZES**

**FIRELESS COOKERY COMPETITION ON 01.09.2023**  
**TO CELEBRATE NATIONAL NUTRITION WEEK (SEPTEMBER 1<sup>st</sup> – 7<sup>th</sup> 2023)**

The Hospitality Club of the Department of Food Service Management and Dietetics has planned to conduct Fireless Cookery Competition on 01.09.2023. In this regard we kindly request to inform your Department students to participate in the event. Two individual entries from each Department will be allowed. Registration should be done on or before 28.08.2023.

**Event** : Fireless Cookery Competition

**Date** : 01.09.2023

**Venue** : Auditorium Backside

**Time** : 10.00 am – 11.00 am

**Rules for participants:**

- Participants should bring their own ingredients, utensils, display vessels and other necessary items.
- Junk food items as ingredients are strictly prohibited.
- Participants will be given 30 minutes for preparation.
- Only one item should be prepared.
- Menu card with sufficient information on ingredients and method of preparation should be displayed.
- Marks shall be awarded on the basis of ingredients used, nutritive value of the prepared contents and innovative method of display.

