

**CAUVERY COLLEGE FOR WOMEN**  
**(AUTONOMOUS)**  
**STAFF PROFILE**

**PERSONAL INFORMATION**

- 1. Name** : E.AGALYA  
**2. Date of Birth** : 29.04.1984  
**3. Address** :

<b>Residential</b>	<b>Office</b>
No.60 Premier Plaza, Karur Bypass Road, Chathram, Trichy-2	Department of Food Service Management and Dietetics, Cauvery College for Women(Autonomous), Annamalai Nagar, Tiruchirappalli, 620018

**ACADEMIC INFORMATION**

- 4. Designation & Department:** Assistant Professor,

Department of Food Service Management & Dietetics

- 5. Educational Qualification :**

<b>Degree</b>	<b>Year</b>	<b>College/University</b>
M.Phil., Food Service Management and Dietetics	2016	Bharath College of Science and Management, Thanjavur.
M.Sc., Dietetics and Food Service Management	2011	Indra Gandhi National Open University, New Delhi.
P.G. Diploma in Hospital Management	Sep 2006	Madurai Kamaraj University, Madurai.
Diploma in Food and Nutrition	May-2006	Annamalai University, Chidambaram.
B.Sc., Nutrition and Dietetics	2004	Seethalakshmi Ramaswami College, Tiruchirappalli.

- 6. Experience** :

<b>Date of Joining</b>	<b>Institution</b>	<b>Year of Experience</b>
12.06.2017	Cauvery College for Women, Tiruchirappalli.	6 years

**7. Areas of Specialization** : Food Service Management and Dietetics

**8. Languages known** : Tamil and English

**9. Subjects Taught** :

<b>UG</b>	Food Science, Social Problems in India, Value Education, Environmental Studies, Food Standards and Quality Control.
<b>PG</b>	Dietetics, Quantity Food Production and Service, Counselling Skills, Principle of Home Science.

**10. Research Supervision: NIL**

	University from where guideship obtained	Thesis		
		Completed (in numbers)	Year of Completion	Pursuing (in numbers)
<b>M.Phil</b>				
<b>P.hD</b>				

**11. Details of Publications:**

Journal Name & Volume	Year of Publication	ISBN Number	Name of the Paper	Impact Factor
IJCRT - International Journal of Creative Research Thoughts; vol: 6(1)	2018	ISSN. NO: 2320-2882	Effect of Caricaceae Carica papaya Leaves in elevation of platelet count In dengue	5.97
Journal - Journal of Vytapeni (Vytapeni Vitrani Instalace ) Scopus, UGC Group 2 Volume 11 Issue 11 PAPER ID VVIJ003263 PAGE NO-114-128 11.11.2023	2023	ISSN 1210-1389	Study On Impact of Covid 19 Pandemic on Household Food Security and Nutrition in Tiruchirappalli District	0.131

**12. Details of Papers Presented:**

<b>Date</b>	<b>Organizer</b>	<b>Name of the Seminar</b>	<b>Paper Name</b>
14.12.2023	Indian Dairy Association-Tamil Nadu Chapter and Department of Nutrition and Dietetics, Periyar University, Salem, Tamil nadu.	International Conference on “ Dairy Products in Human Health and Nutrition : Innovations and Opportunities”	Role of Dairy products in Complementary Feeding practices of infants
30.01.2024 & 31.01.2024	Department of Nutrition and Dietetics & B.Voc.Food Processing, Seethalakshmi Ramaswamy College, Trichy.	International Conference on “Emerging Strategies in Nutrition, Food & Lifestyle for Health Management “(ICESN’24)	Importance of Breastfeeding And Management of Breast Conditions In Postnatal Mother

**13. Details of Seminars / Conferences / Workshops Attended:**

<b>Year &amp; Date</b>	<b>Organizer</b>	<b>Title</b>	<b>National / International</b>	<b>Topic</b>
13.03.2019	National Research Centre for Banana (NRCB), Thogaimalai Trichy – 620 102	Workshop	National	Arabi to Banana: Potential and Fruitful Research Projects
09.08.2019	PSG Hospitals, Coimbatore	Workshop	International	“Multidisciplinary Management of Irritable Bowel Syndrome”
26.09.2019 & 27.09.2019	Cauvery College For Women, (Autonomous), Trichy & Tamil Nadu State Council for Science & Technology	Workshop	State	State Level Technical Workshop on “Intellectual Property Rights”
14.12.2023	Indian Dairy Association-Tamil Nadu Chapter and Department of Nutrition and Dietetics, Periyar University, Salem, Tamil nadu.	Conference	International	International Conference on “ Dairy Products in Human Health and Nutrition : Innovations and Opportunities”
30.01.2024 & 31.01.2024	Department of Nutrition and Dietetics & B.Voc.Food Processing, Seethalakshmi Ramaswamy College, Trichy.	Conference	International	International Conference on “Emerging Strategies in Nutrition, Food & Lifestyle for Health Management “(ICESN’24)

**Details of Seminars / Conferences / Workshops Attended: (Through online mode)**

Nature of Activity	Title of Activity	Date & Time	Resource Person	Organiser
Webinar	Webinar on Health And Well-Being During Covid-19 Pandemic	01.06.2020 03.00 to 04.00 pm	Prof. Rahul Rao, Registered Healthcare and Hospital Consultant, NBQP, QCI (Govt. of India).. Corporate Trainer – Healthcare Quality, Dr Reddy Laboratories	PG And Research Department Of Microbiology, Biochemistry And Nutrition & Dietetics, Sengamala Thayaar Educational Trust Women’s College, Mannargudi with Chennai Softech.
International Webinar	International Webinar on “Critical Care & Renal Nutrition	01.06.2020 To 03.06.2020 (4 -5pm)	1.Dr.Krishnan Sriram, Tele-Intensivist, US Dept.Veterans Affairs, USA.  2.Mrs.Meenakshi Bajaj, RD Tamil Nadu Govt. Multi Superspeciality Hospital.  3.Dr.P.Nazni, Professor & Head, Dept of N&D, Periyar University, Salem.  4.Mrs.Ipsita Chakravarthy, HOD, Dept.of Dietetics, Culcutta Medical Research Institute.	*Chennai Urology and Robotics Institute(CURI) Hospital & *IDA Chennai Chapter
Webinar	“Healthy foods for Healthy Life – Eat Right to Nourish You”	04.06.2020 *Session I Super Foods (10.30-11.30 am)  *Session –II Healthy Recipes (2.40-3.30 pm)	1.Mrs.Shiny Surendran, Sports and Preventive health Nutritionist, Tamira Aesthetic Clinic, Chennai.  2.Mrs.Mallika Badrinath, Culinary Expert	Dept. of Home Science, Shrimathi Devkunvar Nanalal Bhatt Vaishnav College for Women, Autonomous, Chennai.

International Webinar	International webinar on How to get Research Grants from UGC	09.06.2020 & 03.30 pm to 05.00 pm Kerala	Dr.N.V. Ramana Rao, Director, NIT Warangal & Dr.V.Barla, RG Kedia College, Hyderabad, Alumnus of NIT Warangal & IIMA	MAR Baseliios Institute of Technology and Science (MBITS) Kothamangalam,
International Webinar	International Webinar on “Nutritional Genomics”	13.06.2020 (2.30-4.30pm)	1.Dr.Vimal Karani, Ass.Prof.Nutrigenitics & Nutrigenomics, University of Reading, UK. 2.Dr.S.Kowsalya, Registrar & Prof.Dept.of Food Science & Nutrition, Avinasilingam Inst. For Home Science and Higher Education for Women, Coimbatore.	Dept.of Nutrition & Dietetics & B.Voc.Food Processing, Seethalakshmi Ramaswami College, Autonomous, Trichy.
Online FDP	National Level Online Faculty Development Programme on “Outcome Based Education and Essential AI Tools for Teachers”	2 To 9, Nov. 2023 (7 - 9 pm)		IQAC & Dept of Computer Science, St. Albert’s College, Ernakulam. & The Kerala State Higher Education Council.
Online FDP	Five -Day National Level Online Faculty Development Program on “Emerging Trends in Therapeutic Nutrition”	24-29. Feb,2024 (10,30 -11.30 am )		PG Department of Food and Nutrition, Bishop Heber College, Autonomous, Trichy.

**14. Details of Seminars / Conferences / Workshops Organized:**

Date	Role	Organizer	National / International	Topic	Resource Person
26.09.2019 & 27.09.2019	Organizing Committee Member	Cauvery College For Women, (Autonomous), Trichy  & Patent Information Center, Tamil Nadu State Council for Science & Technology	State	A Two – day State Level Technical Workshop on “Intellectual Property Rights”	1.Shri.D.Thiyagaraja Guptha, Asst.Controller, Patent Office, Chennai. 2.Mrs.B.Lakshmi, Senior Examiner of Trade Marks &Geographical Indications Trademark Registry, Chennai. 3.Ms.Gomati Padma Thilaga Regd. Patent Agent, KIRAN-IPR (Women Scientist-C) 4.Mr.T.Srinivasan Joint Partner Lakshmikumaran and Sridharan, Chennai

**15. Details of Orientation / Refresher Course Attended:**

Date	Title of the Course	Organizer
05.01.2021 – 11.01.2021	Short Term Course in E Learning & E Content Development	University Grant Commission, Human Resource Development Centre, Bharatidasan University, Trichy.

**16. Details of Study Materials / Books written and published:**

Name of the Book & Publisher	Book/ Book Chapter	Year of Publication	ISBN /EISBN	Name of the Chapter	Page.No.
Emerging Trends in Food, Nutrition and Health Publisher- Department of Nutrition and Dietetics & B.Voc.Food Processing, Seethalakshmi Ramaswamy	Book Chapter	April 2021	978-81-945796	Development of Avaram Senna Green Tea Dust for Non Insulin Dependent Diabetes Mellitus	268-273

College, Trichy.					
Emerging Trends in Food, Nutrition and Health Publisher- Department of Nutrition and Dietetics & B.Voc.Food Processing, Seethalakshmi Ramaswamy College, Trichy.	Book Chapter	April 2021	978-81-945796	Development and Acceptance of Nigella Sativa Soup Mix for Atherosclerosis	141-147
Choice Questions In Home Science For Competitive Examinations Ryan Publishers	Book Chapter	Nov-23	978-81-19587-05-6	Resource Management and Consumer Issues, Housing and Interior Design	
Recent Trends In Multidisciplinary Research - Volume 2 Ryan Publishers	Book Chapter	Nov-23	978-81-19587-63-6	Unveiling Collagen: The Vital Tissue Protein	1-5

**17. Details of Chairing as Resource Person: NIL**

Date	Title of the Seminar/Conference	Session Chaired

**18. Administrative Positions held in the College: NIL**

Nature of Position	Year

**19. Details of Incharge / Participation in Extracurricular Activities:**

**(NSS, NCC, Sports, Games, Voluntary Association and Cultural Activities):**

Nature of Activity	Period of Incharge
Sports Incharge	2017-2018
Cultural Co-ordinator	2019-2020

**20. Details of Participation in Consultancy, Training, Development etc.:** NIL

**21. Details of Membership in Academic Bodies/ Board of Studies:** NIL

**22. Details of Membership of Professional Bodies:**

Life Membership - Indian Dietetic Association (Coimbatore Chapter)

Membership No – L/2011/338

**23. Countries visited academically:** NIL

**24. Any other information if any:**

**Details of Chairing as Resource Person: (Extension Activities)**

<b>Date</b>	<b>Title</b>	<b>Venue</b>	<b>Beneficiaries</b>
01.08.2017	Importance of Nutrition during pregnancy and lactation	Cauvery College for Women, Trichy-18	Teaching and Non-teaching pregnant and lactating women - 20
18.04.2018	Nutritional Management of Adult Health Issues	Cauvery College for Women, Trichy-18	Non Teaching Staff - 75
27.06.2018	Nutrition Education for Adolescent Girls	Adidravidar Nala Higher Secondary School, Periyamilaguparai, Trichy	Adolescent Girls - 50
04.09.2018	Nutritional counselling for adolescent Health issues	Cauvery matriculation Higher Sec.School, Trichy & Cauvery Global Sr.Sec.School	Adolescent Girls - 100
07.08.2019	World Breastfeeding Week- Nutritional foundation for Future Health	ICDS, Krishnarayapuram, Karur	Pregnant and Lactating Mothers -50 (Krishnarayapuram, Karur)
07.08.2019	Awareness on Health and Hygiene	ICDS, Krishnarayapuram, Karur	Anganwadi Workers-30 (Krishnarayapuram, Karur)



06.09.2019	Nutrition Education for Pregnant and Lactating Women	Room No. B9 Cauvery College for Women,(Autonomous), Trichy-18	Pregnant and Lactating Mothers -10  (Teaching and Non-Teaching Staff -Cauvery College for women (Autonomous)
29.01.2020	Dietary changes for healthy life	Government High School ,Kulumani.	School going children and Adolescent Girls -80
06.10.2021	Training for Teaching and Non teaching faculty on “Dietary guidelines and menu planning for Pregnant and Lactating Women”	Food Science and Dietetics Laboratory, Dep of Food Service Management and Dietetics Cauvery College for Women, (Autonomous),Trichy-18	11 – Pregnant & Lactating Teaching and Non Teaching Faculty Members
12.08.2022	Dep of Food Service Management and Dietetics association with NSS Cauvery College for Women, (Autonomous),Trichy-18  Nutrition Awareness Programme on Health and Hygiene	Government School, Seerathoppu.	35 School Going Children
05.01.2023	Eat Right Millets Mela (Display of millets Recipes)  Nodal Officer  Organized by FSSI & Tamil Nadu Food Safety Department, Trichy.	Kalaiyarangam Mahal, Central Bus Stand, Trichy	General Public
17.02.2023	Faculty Development programme for Non-Teaching Faculty. - Millets for Healthy Life	KRT, Hall, Cauvery College for Women, (Autonomous), Trichy-18	32 Non-Teaching Faculty of College for women (Autonomous)
07.03.2023	Awareness Programme on “Diabetes and Diet”  Organizer Dept. of Social Work, Bharathidasan University Trichy & Trichy Diabetes Speciality	Collectorate, Tiruchirappalli.	50 Office Staffs of Collectorate, Trichy.

	Centre (P) Ltd. Trichy.		
17.12.2023	Rights to Breast Feeding Conference organized by Breast Feeding Promoters and Pediatrics Association of India	St.JosephCollege, (Autonomous), Trichy.	300 - General Public
09.02.2024	Millet Food Festival organized by Civil Supplies and Consumer Protection Department, Trichy District	Kalaiyarangam Mahal, Central Bus Stand, Trichy	General Public-200

**Details of Chairing as Resource Person Through Online: (Extension Activities)**

<b>Date &amp; Time</b>	<b>Title</b>	<b>Mode</b>	<b>Beneficiaries</b>
06.08.2021 12pm -1pm	Nutritional Awareness Programme – Nutritional Care during Pregnancy	Online – Google Meet	Pregnant and Lactating Mothers -60 ICDS, Krishnarayapuram, Karur.

**SWAYAM - NPTEL Courses Completed**

<b>Course</b>	<b>Organizer</b>	<b>Duration</b>	<b>Exam date</b>	<b>Credit</b>	<b>Marks</b>
Maternal Infant Young Child Nutrition (FDP)	IIT, Bombay	Jan -Apr, 2023 (12 Weeks)	30.04.2023	4	87% Elite Silver
Health Research Fundamentals	ICMR National Institute of Epidemiology	Jan to March 2024 (8 Weeks)	23.03.2024	2	53%

**E-Module developed:**

<b>S.No.</b>	<b>Title</b>	<b>YouTube link</b>	<b>Hosted date</b>
1.	Gastritis	<a href="https://youtu.be/IO7Fa73JTJE">https://youtu.be/IO7Fa73JTJE</a>	14.05.2020
2.	Hepatitis and Dietary Management	<a href="https://youtu.be/9cWXV1Brp5A">https://youtu.be/9cWXV1Brp5A</a>	01.07.2020
3.	Liver Cirrhosis	<a href="https://youtu.be/VIyvTuioVtM">https://youtu.be/VIyvTuioVtM</a>	03.07.2020
4.	Jaundice	<a href="https://youtu.be/rioK2mUJ-ww">https://youtu.be/rioK2mUJ-ww</a>	24.07.2020
5.	Hepatic Coma	<a href="https://youtu.be/XSs-QU1IVbQ">https://youtu.be/XSs-QU1IVbQ</a>	27.07.2020
6.	Introduction to Food Science	<a href="https://youtu.be/7Gf3C8K8Zvo">https://youtu.be/7Gf3C8K8Zvo</a>	27.08.2020
7.	Nutritional Classification of Foods	<a href="https://youtu.be/cgOPDINbUkQ">https://youtu.be/cgOPDINbUkQ</a>	27.08.2020
8.	Nutritional Management of Nephritis	<a href="https://youtu.be/7PZYRju3TcM">https://youtu.be/7PZYRju3TcM</a>	24.01.2022
9.	Routine Hospital Diet	<a href="https://www.youtube.com/watch?v=BxVvQQ56Uek">https://www.youtube.com/watch?v=BxVvQQ56Uek</a>	06.07.2022